B5-6 Pass x 3 Shoot-Rebound U17-U20

Key Points:

Make hard passes, face the puck, sell the dekes at the tires, shoot and follow the shot.

Description:

- 1. Players start at the blue line, pass to the far corner and to the player in the middle.
- 2. Player one pass to player two in the corner.
- 3. Player two skate between the dots and pass back to player one.
- 4. Player one exchange passes with player two always facing the puck.
- 5. Player one deke around the tires.
- 6. Player one shoot and follow the shot and player two skate in looking for a rebound.
- 7. Rotate one to the corner, two to the middle circle and three to the blue line and repeat.

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