## DT Half ice 1-2 Game With Two Goals to Teach Transition from Defense to Offense in DZ

## **Key Points:**

- O1 to dump the puck or to control the puck
- D1 and D2 to hold the blue line, to win the puck quickly and to breakout between the face-off dots

## Description:

- 1. D1 starts the drill by shooting the net or dumping puck behind net
- 2. D2 start at the same time when D1, goalie passes to D1 or D2 or stops the puck
- 3. O1 read the breakout and times himself for a breakout pass
- 4. D1 or D2 makes a breakout pass to O1, and then both pivot at blue line to play 1-2 with O1
- 5. D1 and D2 try to win the puck and skate or pass with the puck through the NZ face-off dots (a goal)
- after save goalie passes to D1 Or D2, after goal D3 and D4 start a new drill
- O1 can be given the option to dump the puck or not, if dumping then O1 should start forechecking and protect the middle of the ice
- coach can put two cones to NZ face-off dots as a goal for D1 and D2



