

B600 - Double RG - 1-0 x 2 - Czech U20

Key Points:

Pass and receive while skating, give a target, fake before shooting, follow the shot for a rebound.

Description:

1. Shooters line up at diagonal blue lines.
2. A from each line leave and pass to D1 and mirror the D's passes.
3. D1 hinge and pass to D2.
4. D2 pass to A.
5. A skate in and shoot.
6. A circle back and rebound for B the next shooter.
7. B leave from the other diagonal blue lines and pass to D2 to D1 to B's who shoot.

*Options: A could give and go with B. A could defend a 1-1 vs. B. A can screen and tip for B.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150816222649647>

<https://youtu.be/HiVKeSeNr4c>

