E1 - D202 - Neutral Zone Game 2-2, 3-3

Key Points:

Be ready for a new puck after a goal, frozen puck or wide shot. Be ready for a new puck after a goal, frozen puck or wide shot.

Description:

- 1. Start with a 2-2 or 3-3.
- 2. Extra players are on the bench.
- 3. Coach pass new puck to his defending team when the puck is out of play.
- 4. 20-30 second shifts.
- 5. Keep score and the losing team skate or some other punishment.
- * Important to face the play with and without the puck in the 'Triple Threat' position.
- * Create space by making fakes and escape moves.
- * Play situations from 1-1, 1-2, 2-2, 2-3, 3-3 and add passing to the Jokers.

http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20170108112645205 https://youtu.be/yRfv5kNr0IE

