

T2-C6 - 5-2 Middle Drive - RG - 5-2 – Pro

Key Points:

Attack with a single or double middle lane drive and D jump up as the trailer. On regroup the D should think quick up and look middle, then wide then go D to D if the puck can't be passed up ice.

Description:

1. Start at one end 5-2.
2. Attack 5-2.
3. Regroup with a new puck.
4. Attack 5-2 a second time.

** Quick ups within 3" attack a disorganized D, slow up attack vs. an organized defense.*

** Attack with the first 4 players up the ice, #4 is the trailer.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=2017021811192111>

<https://youtu.be/n6nDy9BxYKw>

