

## DT200 - Backchecking Game - College W

### Key Points:

Play form 1-1 to 3-3. This is a good quick transition game to work on speed attacking and back tracking and communicating to cover the right man.

### Description:

1. B1-2 attack vs. R1-2.
2. R3-4 support from just over the mid-line.
3. On transition, goal or frozen puck R1-2 pass to R3-4.
4. B1-2 backcheck to defend their net.
5. B3-4 support from just over the mid-line.
6. Continue this flow and play both even and odd situations 1-1 to 3-3.

*\*Keep Score.*

<https://youtu.be/UfZxUQxlXhk>

<https://www.facebook.com/518555930/videos/pcb.701708260738974/10159383373095931/>

