



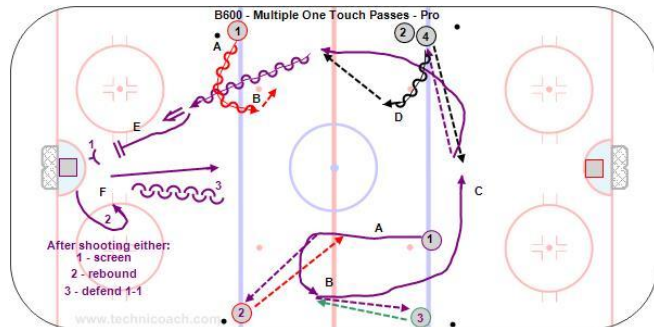
Date:09-30-25

Time: 17:30-18:30

Venue: ECTAS

Lines:	Notes:
Multiple Pass	Kaylin with goalies – 20'
Tomas Regroup	Three games of keep away
Rexi 1-1 D no stick	Russian Scrimmage
10 puck shootout	

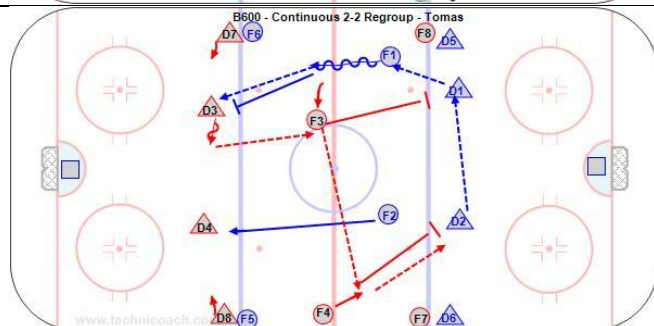
10'



**B600-C5 - Multiple One Touch Passes 1-1 x 2 – U18 F**

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7846#7846>

<https://youtu.be/7sdcZtyS6VY>



**20' Kaylin with goalies**

10'

**B600 - Tomas 3-2 NZ RG-Forecheck - U18 M**

<https://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=8430&topic=8890#8890>

<https://youtu.be/CxFA8EQIYeQ>



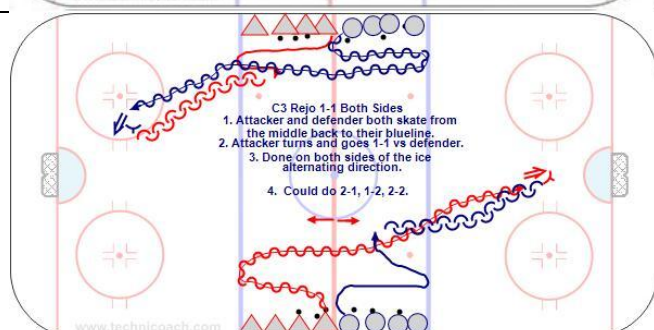
10'

**D2 - Four Station Skills and Games**

Station One – Goalie Training

Stations 2 to 4

– 3-3 Keepaway - 5 passes 1 point - Rotate - rule only forehand passes. One coach at each station enforcing rule

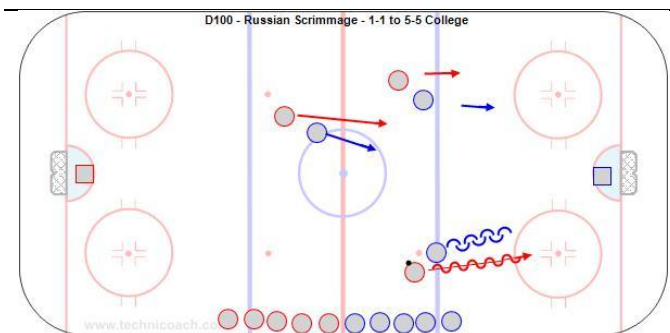


10'

**C3 Reijo 1-1 Both Sides - Gap Control - RB Pro Defenseman no Sticks**

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=263&topic=901#901>

<https://youtu.be/8nzjC2xxlso>

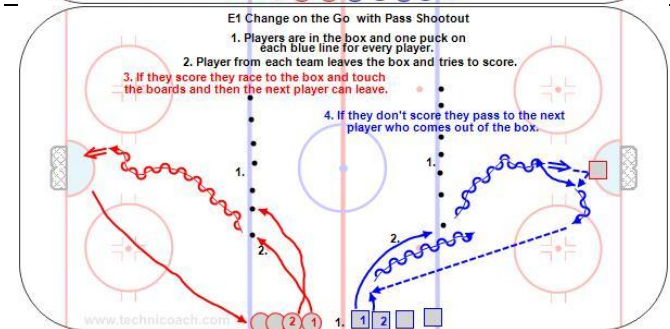


10'

**D100 - Russian Scrimmage - 1-1 to 5-5 College M**

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8207#8207>

<https://youtu.be/z5vxH8Z-iV8>

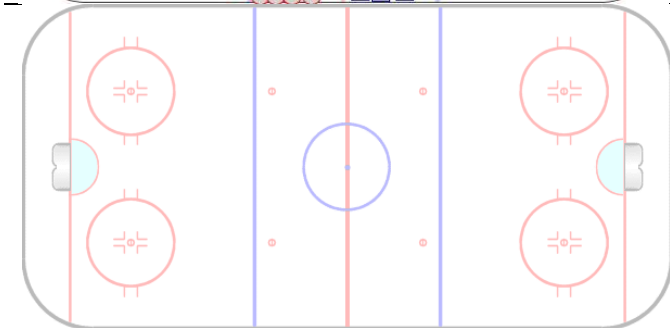


9'

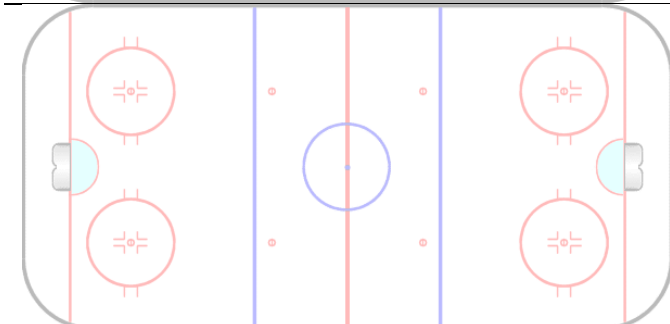
**E1 Ten Puck Shootout**

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=4071&topic=5170#5170>

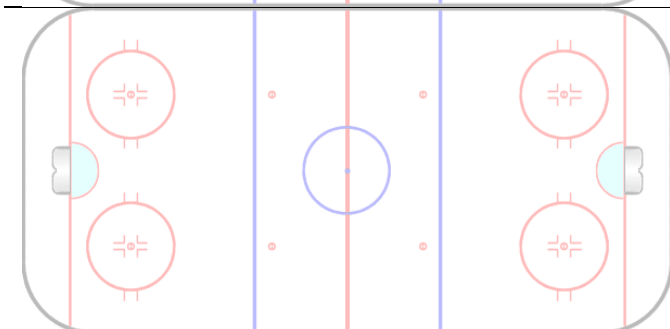
<https://youtu.be/VRtwyRqRv2I>



**Team cheer in middle**



**Explanation/Notes:**



**Explanation/Notes:**

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