



# Fire Black

# Practice Plan

Date: 10-30-25

Time: 16:00-17:30

Venue: Max Bell

### Lines:

B6 - Shot x 3 Passes x 3 Shots x 3 – Pro

C3 Reijo 1-1 Both Sides - Gap Control - RB Pro

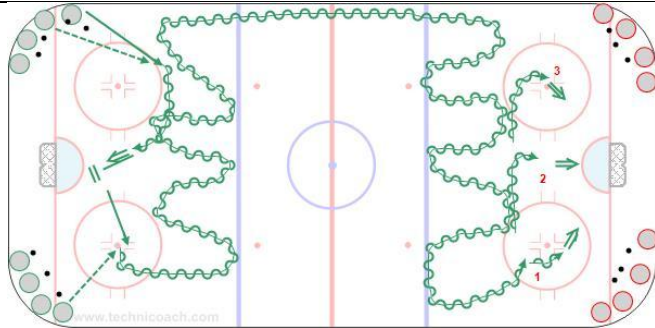
E1 – 2-0 x 2 Game

### Notes:

B6 - Machine Gun - 2 Pass x 2-Shot - U15 G

Full ice 5-5 Halloween Game

Cheer in middle

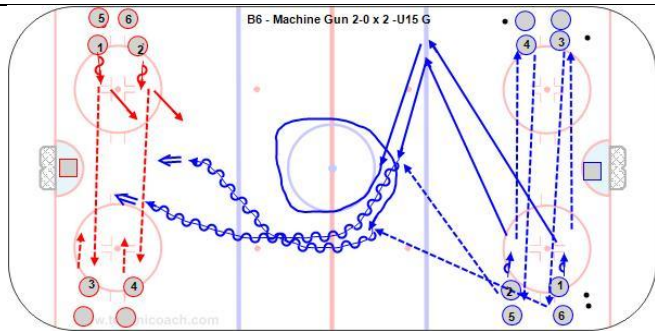


10'

B6 - Shot x 3 Passes x 3 Shots x 3 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7065#7065>

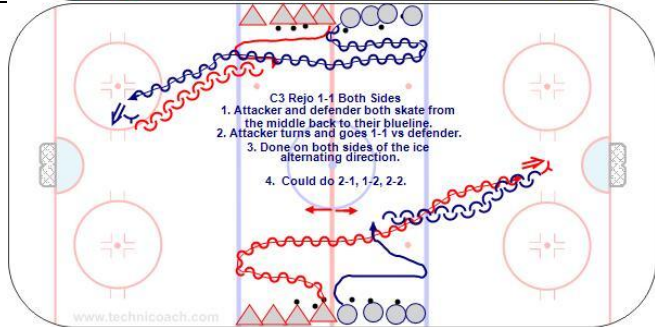
<https://youtu.be/iqwhPz1nzAE>



10'

B6 - Machine Gun - 2 Pass x 2-Shot - U15 G

[https://youtu.be/kjvc\\_kuhYsY](https://youtu.be/kjvc_kuhYsY)

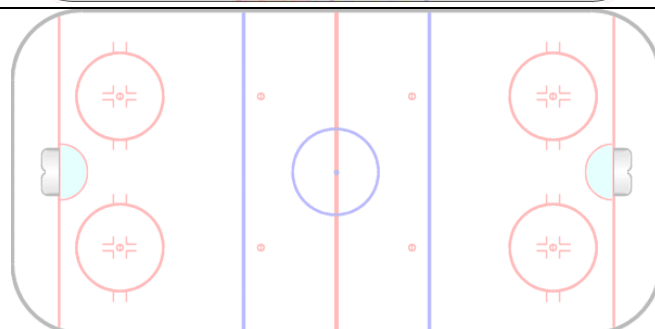


10'

C3 Reijo 1-1 Both Sides - Gap Control - RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=263&topic=901#901>

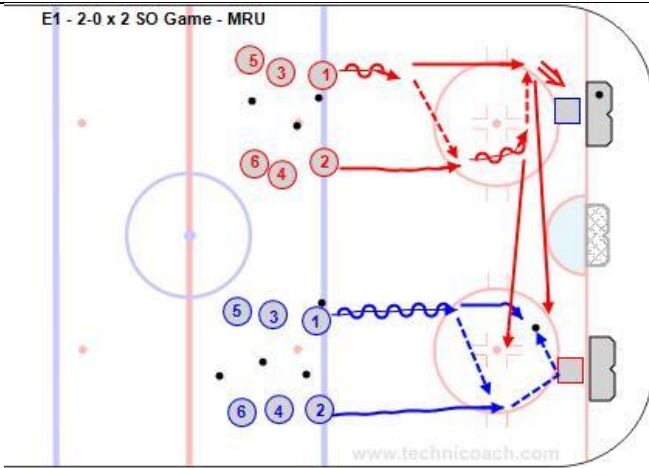
<https://youtu.be/8nzjC2xxlso>



45'

Full ice 5-5 Halloween Game

E1 - 2-0 x 2 SO Game - MRU



13'

### E1 – 2-0 x 2 Game – MRU

#### Key Points:

Use many variations on the 2-0. One timers, cross and drop, drop and screen, fake pass and shoot, etc..

#### Description:

There is one point for every goal and each contest gets 15".

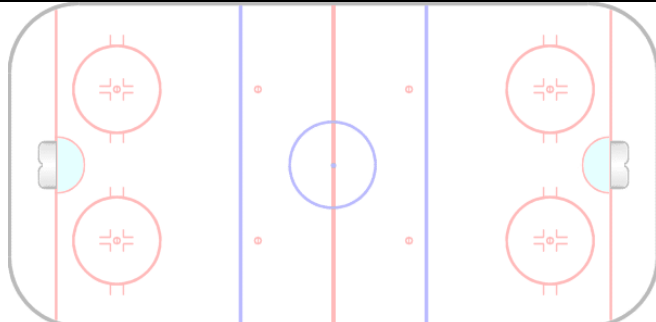
A - 1 and 2 attack 2-0 from each line-up.

B - If both teams score each team gets a point and 3-4 go on the next whistle.

C - If only one team scores then they race across to defend and steal the puck from the other team and try to score.

D - Scoring team gets a point.

<https://youtu.be/ss-rEHpfr5w>



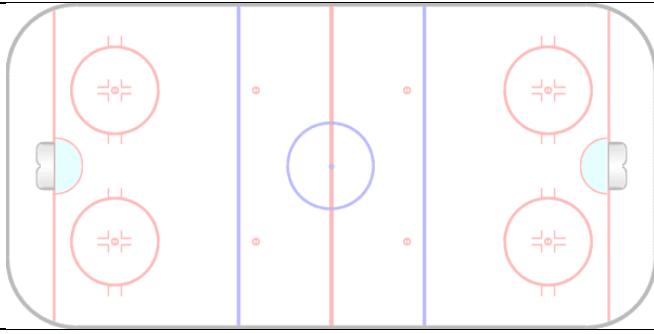
#### Team scary cheer



#### Explanation/Notes:



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**Explanation/Notes:**

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