

## **Fire Black Practice 12-02-25**

*My AC's planned the practice and are running it. Our executive is meeting with the parents to create a 'Mission Statement' that I am mandated to attend. Plan looks good. My three female AC's on ice. Jim is at a seminar in Edmonton for Crown Procecutors, a position he took on during the summer.*

*I attached video clips of the drills with our team doing the them earlier in the season in comments.*

December 2 Practice Outline

Zig Zag

Machine Gun

Jursi Gap Control from Corner 1-1

1-1-1

2/3 Ice Game 5-5 - Jokers behind each net and at red line.

10 Puck Shootout