

Fire Black Practice 02-24-26

A300 - Pass and Keepaway - U18 G

<https://youtu.be/HYccFzSPs2>

B6 - Pass-Agility-Zig-Shoot x 2 - U15 G

<https://youtu.be/04Rz3o5fYfY>

15' Goalies with Kaylin

- 3 zones 3-3 keepaway with various rules.

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10'

- C6 Regroup x 2 1-1 and 2-1 – Pro

<https://youtu.be/IBeStMukGQA>

10'

C3 - 3-0 - 3-1 - 3-2 Contest - U18 F

<https://youtu.be/OBtYaeTCSDA>

10'

T2 - B6 - High Cycle Options – Pro

<https://youtu.be/5EYm3S1o1rl>

13'

D100 – Power Play Game – All Situation – College Men

<https://youtu.be/7qLLlc30nbE>