



# Fire Black

# Practice Plan

Date: 03-12-26

Time: 16'15-17:39

Venue: Crowchild

Lines:

Notes: Specialty team colours

Small horseshoe

Full ice two second game

**2-1-2 Pinch on Wide Rim review**

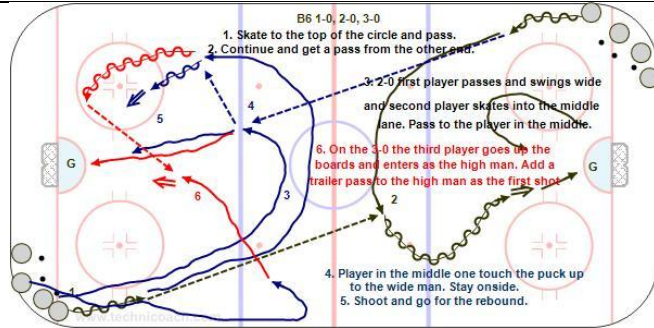
1-3-1 aggressive review

Specialty team sequence

Speed scoring

Full ice 3-3

Cheer in middle

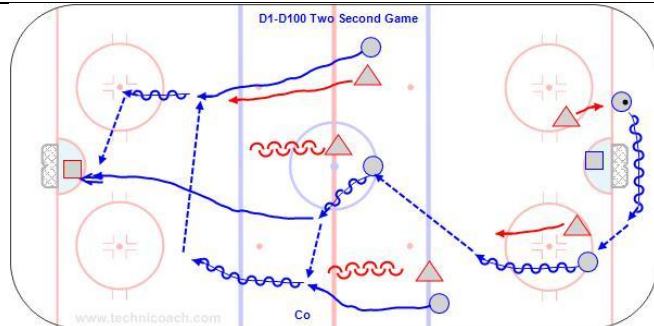


10'

B6 Small horseshoe

B6 - Small Horseshoe - U15 G

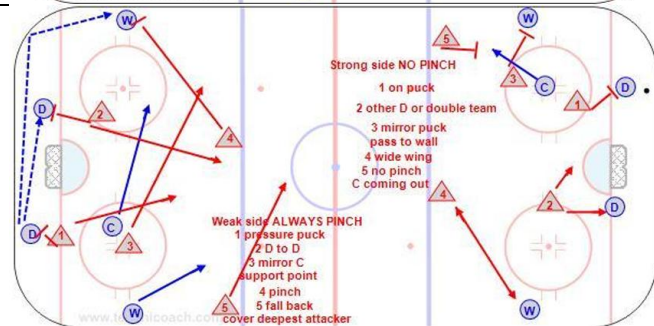
<https://youtu.be/3rvPI0BXEY4>



10'

D100 – 5-5 Two Second Game

<https://youtu.be/5ShfK6lhSIU>



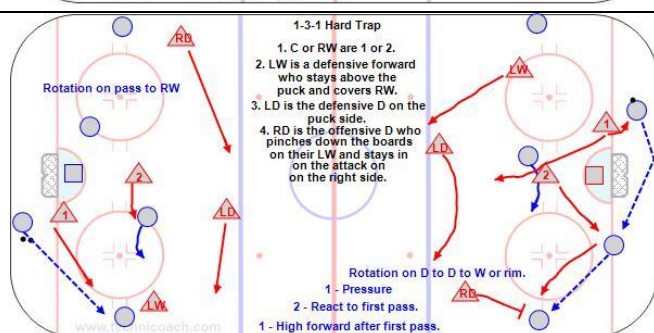
10'

T4 – 2-1-2 Pinch on Wide Rim

2-3 Forecheck Forecheck with F1-F2 in hard, F3 mirror from high slot. No pinch on the strong side but pinch when the puck moves to the weak side.

<https://youtu.be/otXSKglLbfE>

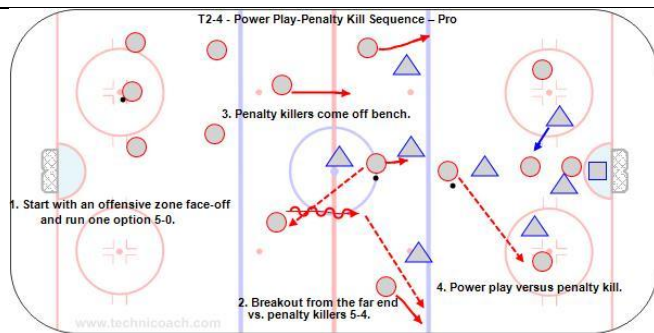
<https://youtu.be/LzD9THRBIqA>



10'

1-3-1 Aggressive

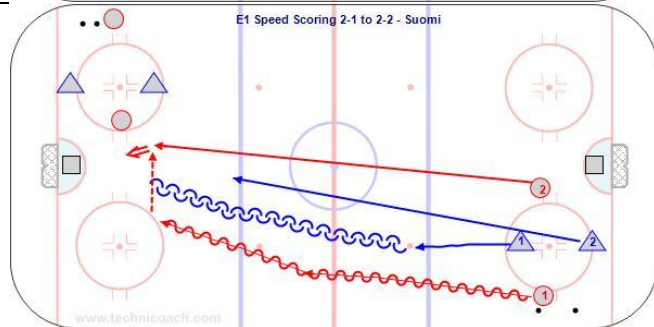
<https://youtu.be/QGq1IUiOdqU>



10'

**T2-4 – Team Play Sequence**

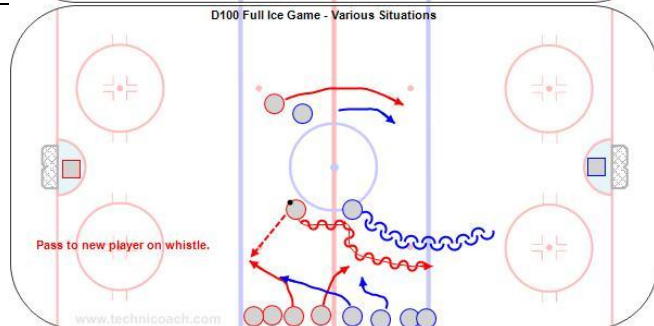
<https://youtu.be/VadXPVkB4I>



10'

**E1 – Speed Scoring**

<https://youtu.be/qfdf9CFx0Ng>



13'

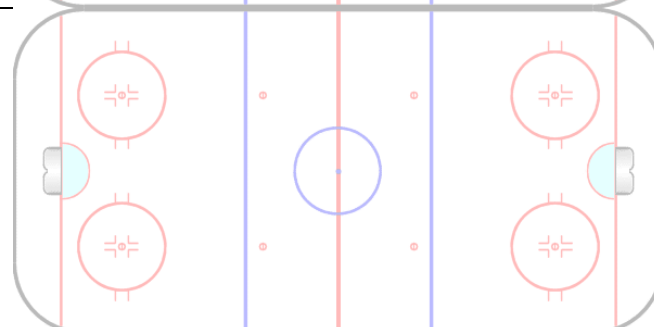
**D100 – 3-3 – No Dump Ins**

**D100 - 3-3 - U15 G**

<https://youtu.be/j-5Znt-vO4>



**Cheer in middle**



**Explanation/Notes:**

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