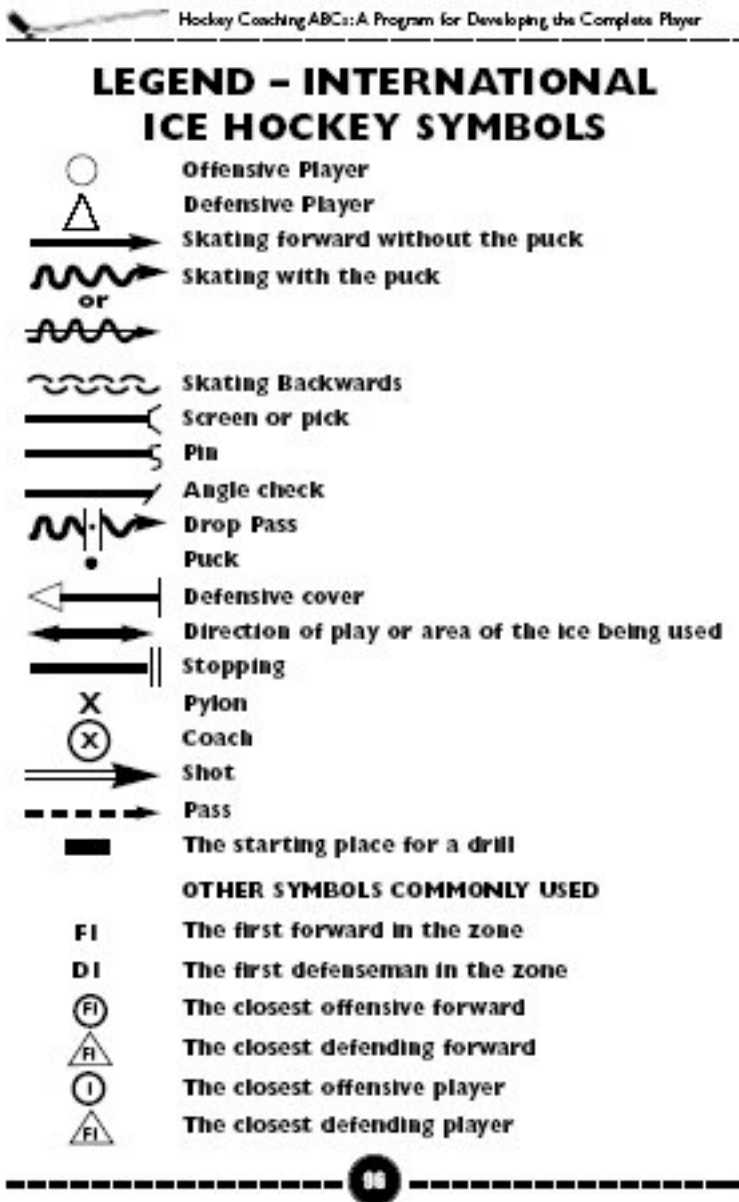


## Half Ice Practice:

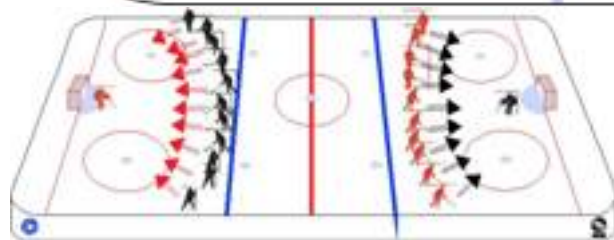
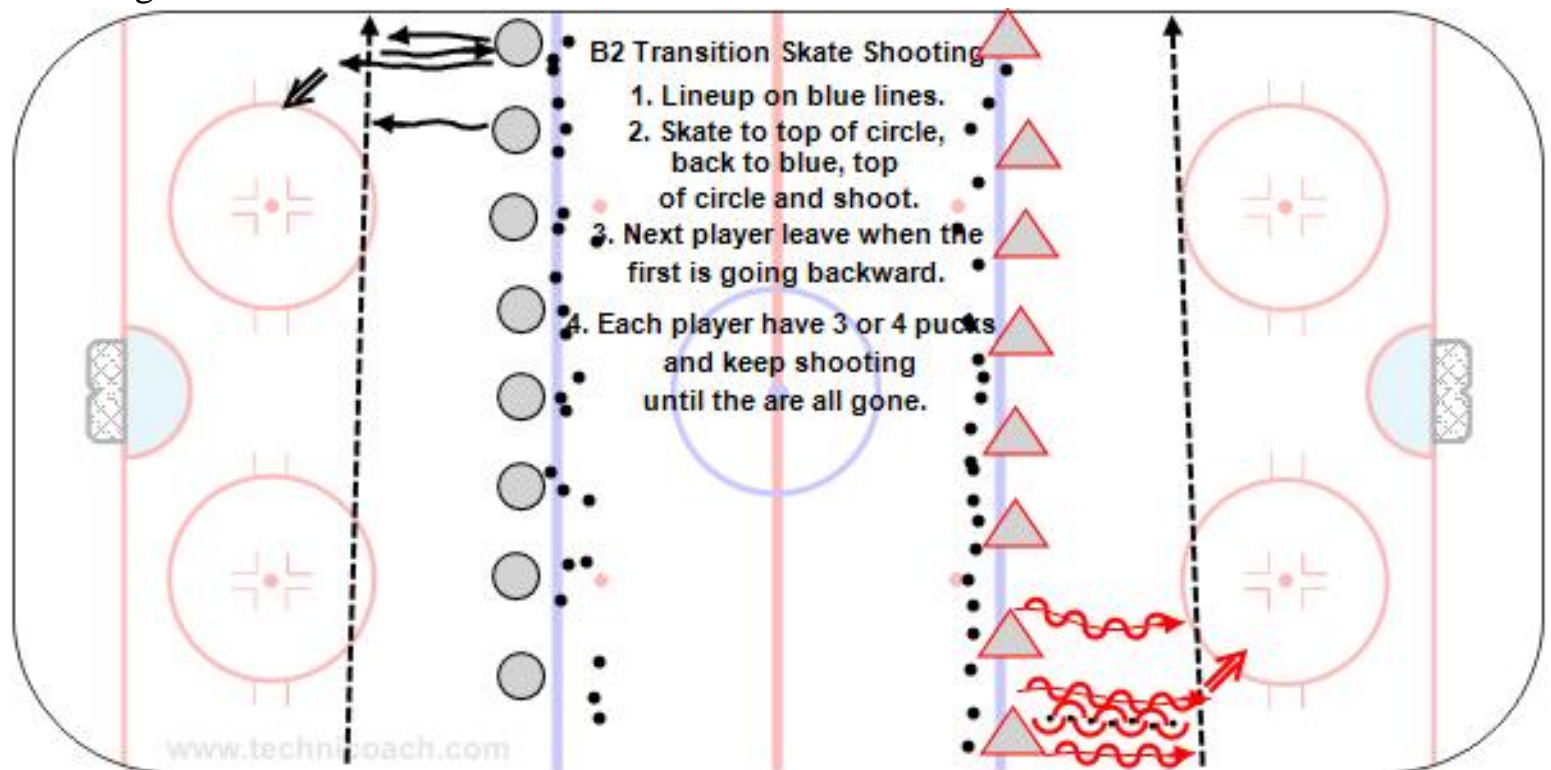
Some half ice ideas to teach hockey skills, team play and games for skill and transition games to teach the game.

## International Coaching Symbols:



## Individual Offensive Skills

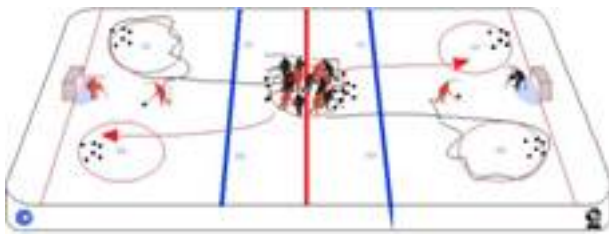
### Shooting



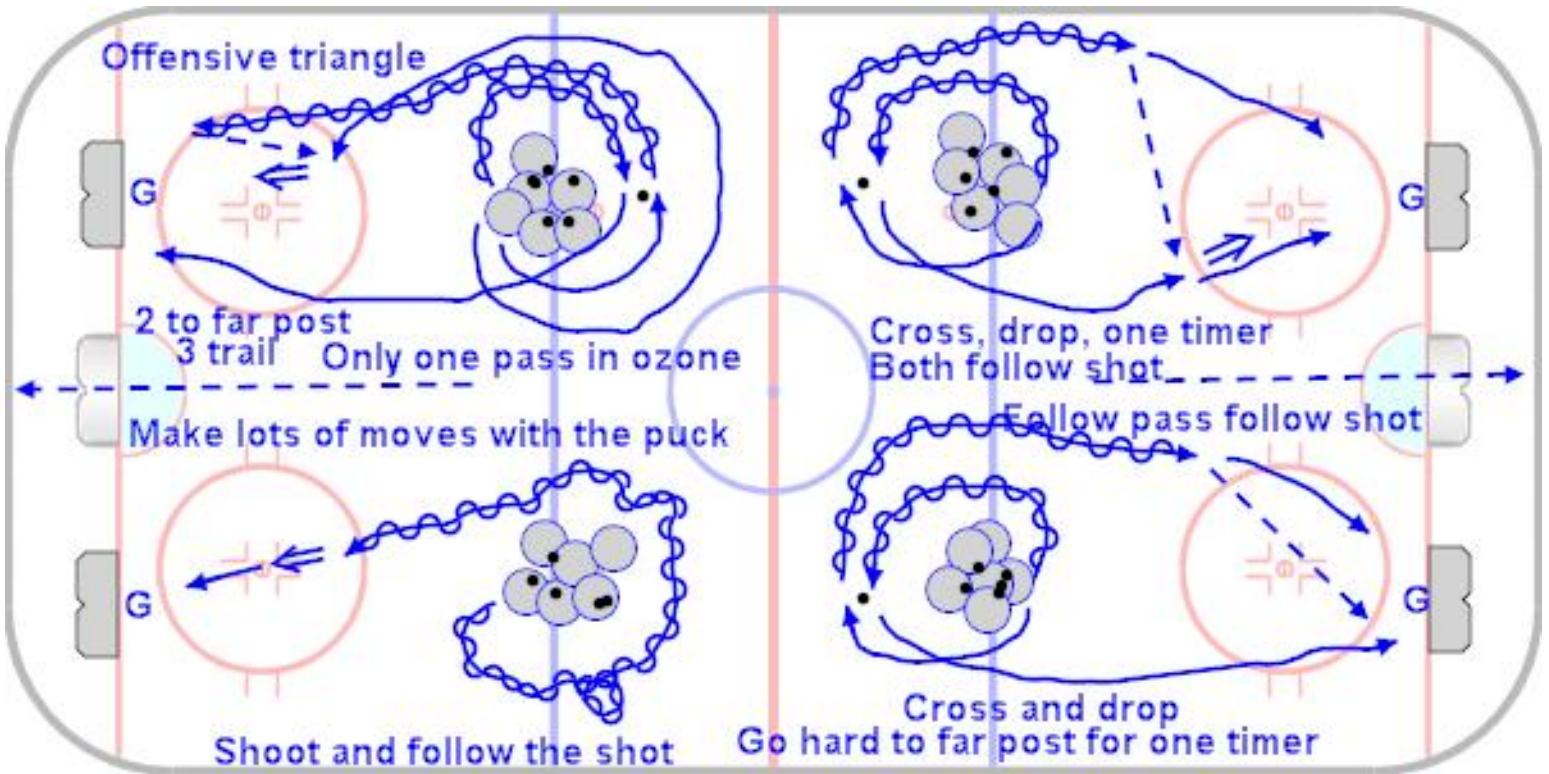
### Passing



### Passing and shooting



## Variations on one net

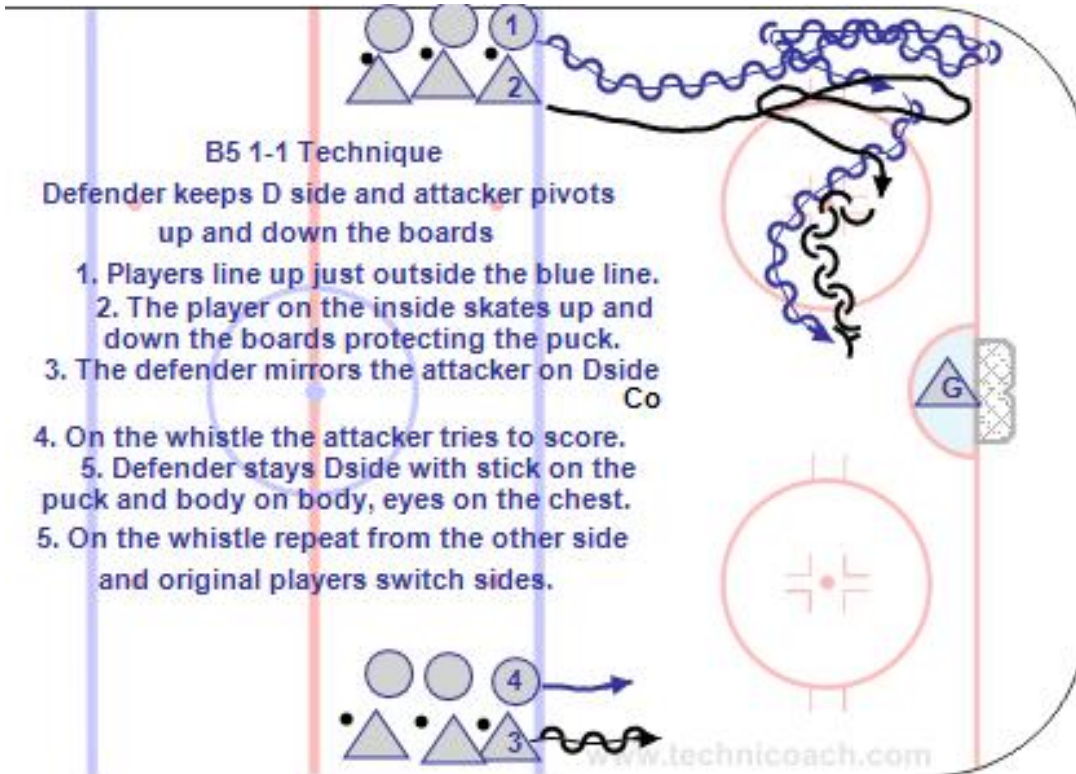


## Out of the corner



## Individual Defensive Skills:

### Mirroring and stick on the puck

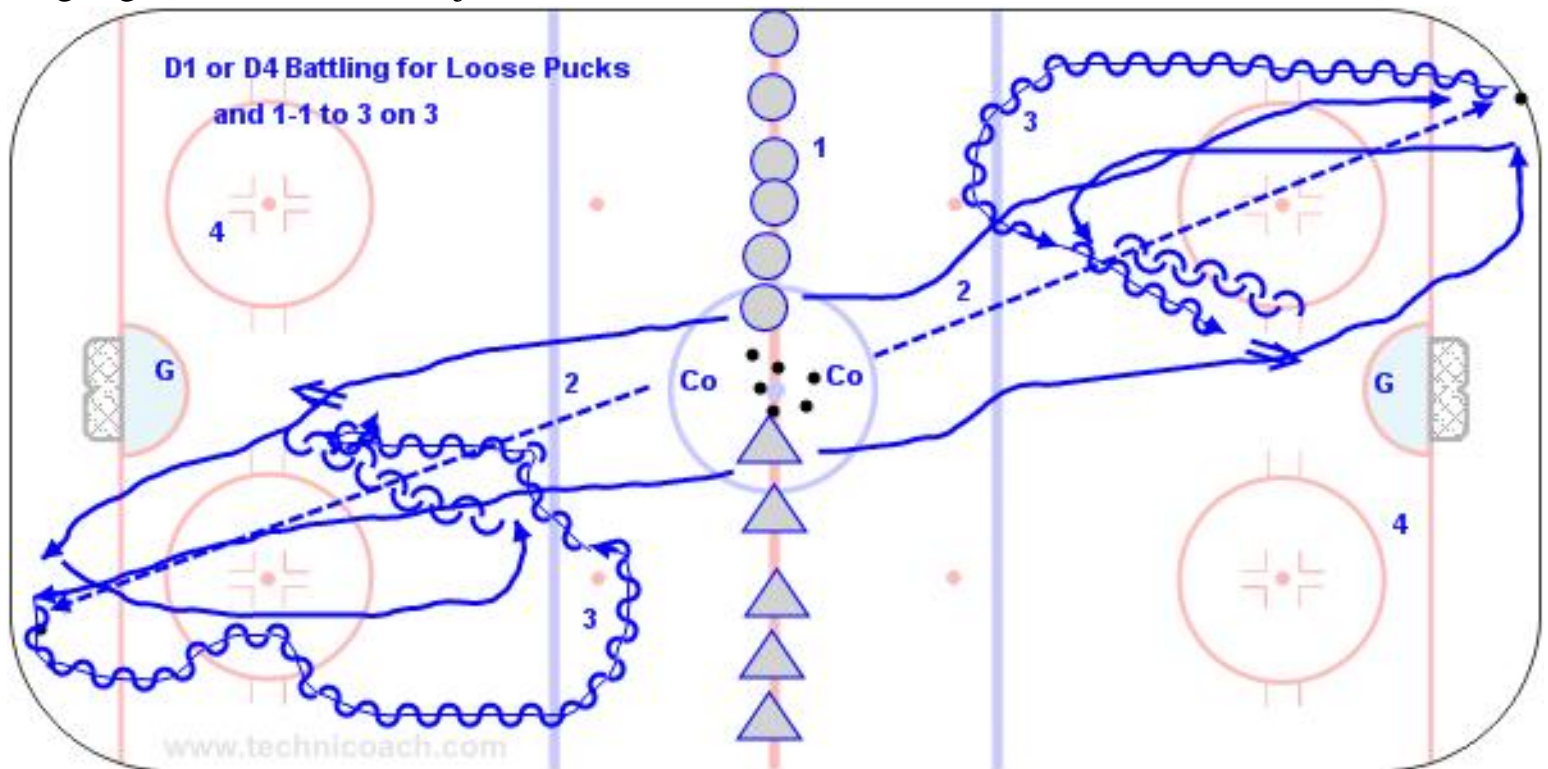


## Angling Practice





Angling drill – can be done just at one end

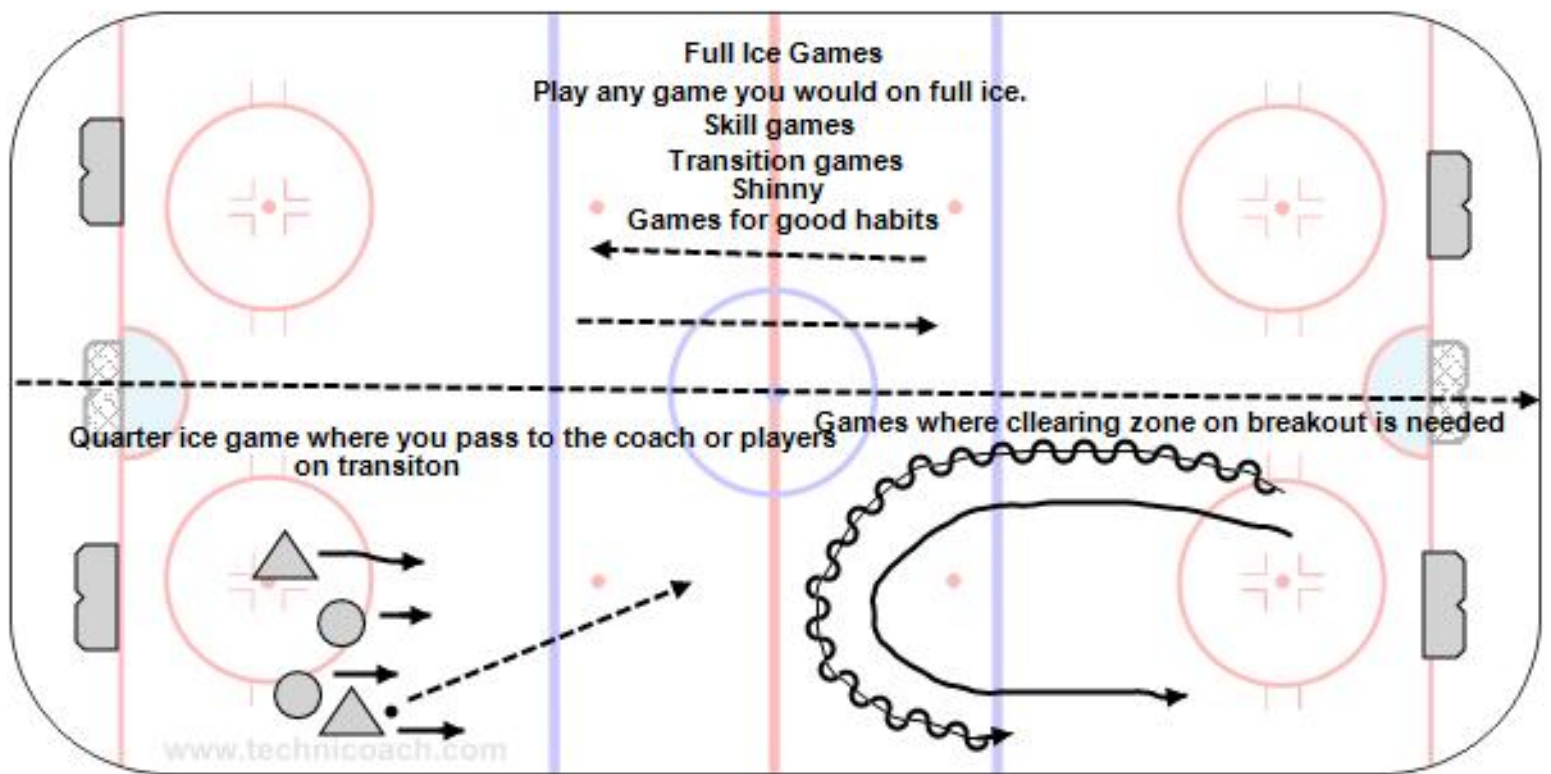


## 1 on 1 out of the corner

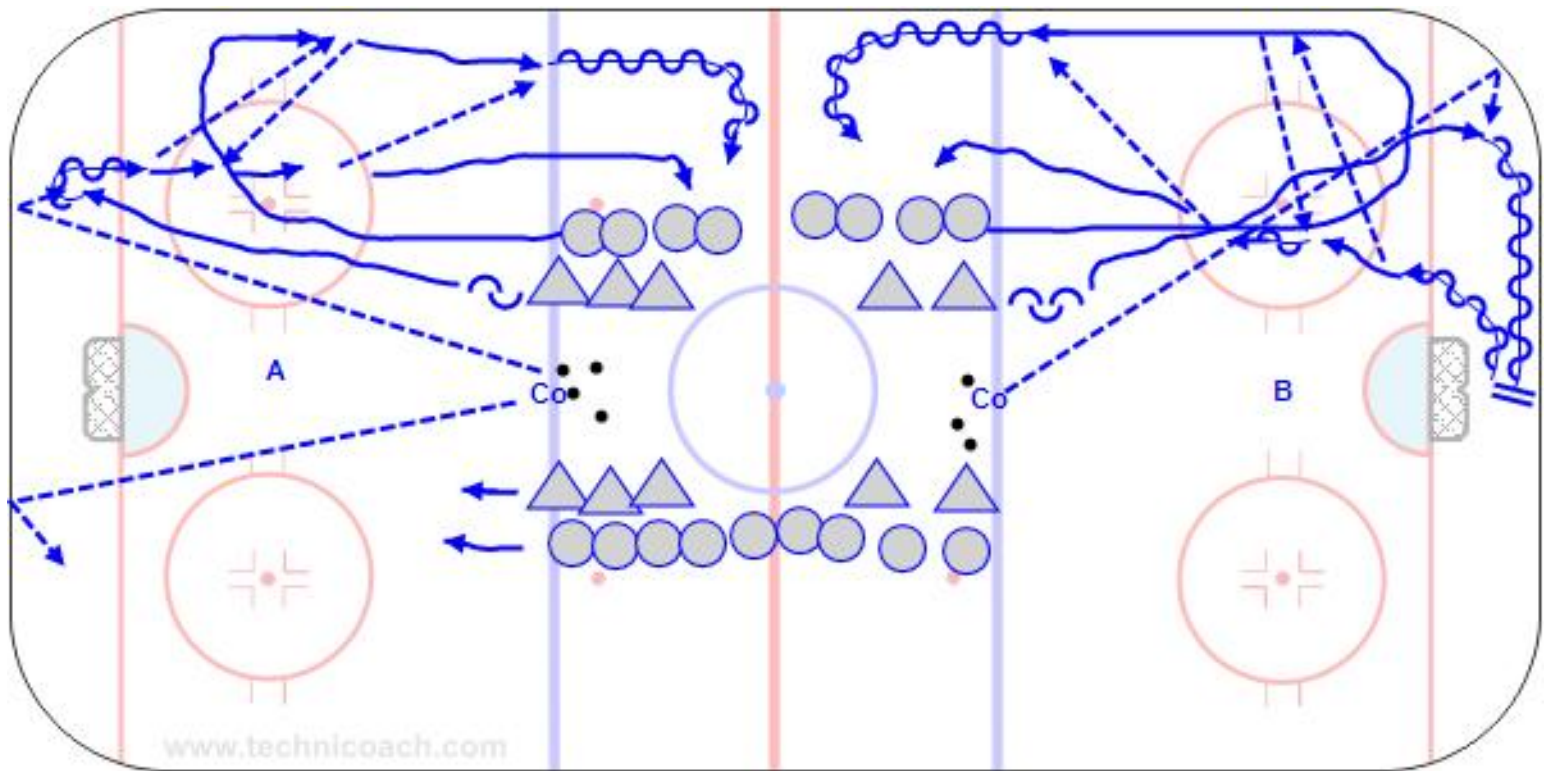


## Team Offense:

Divide the ice down the centre instead of across. Allows for faster skating and 3 zones.



## Murdoch breakout routine



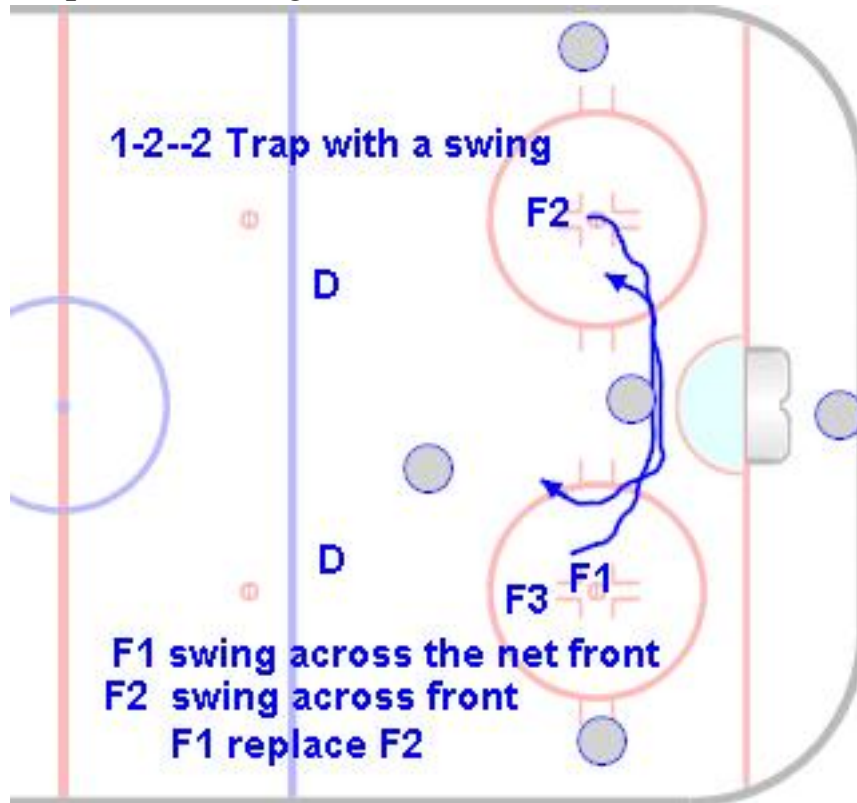
## Cycling Practice



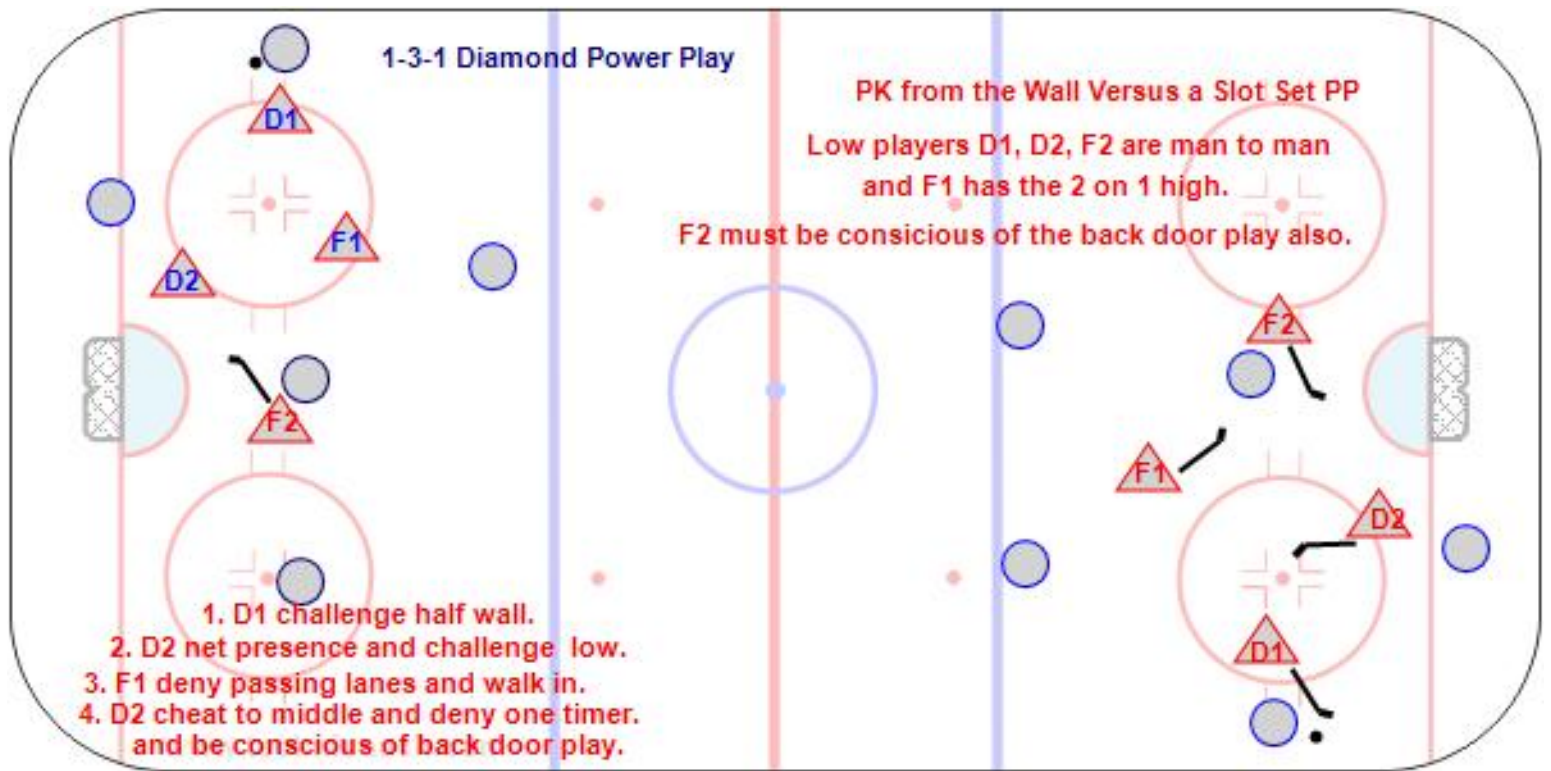


## Team Defense:

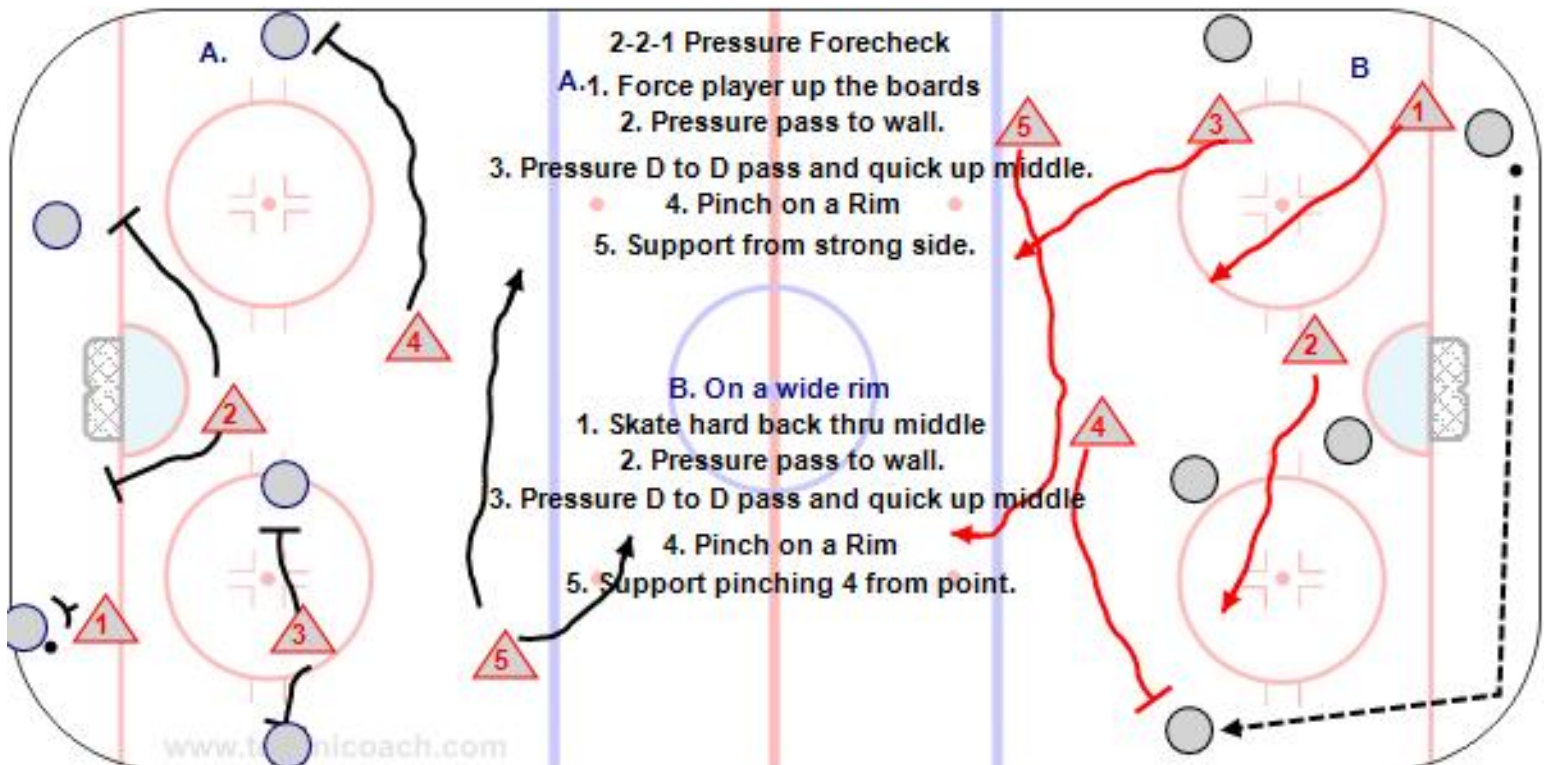
### Trap with a Swing



### Penalty Killing Practice

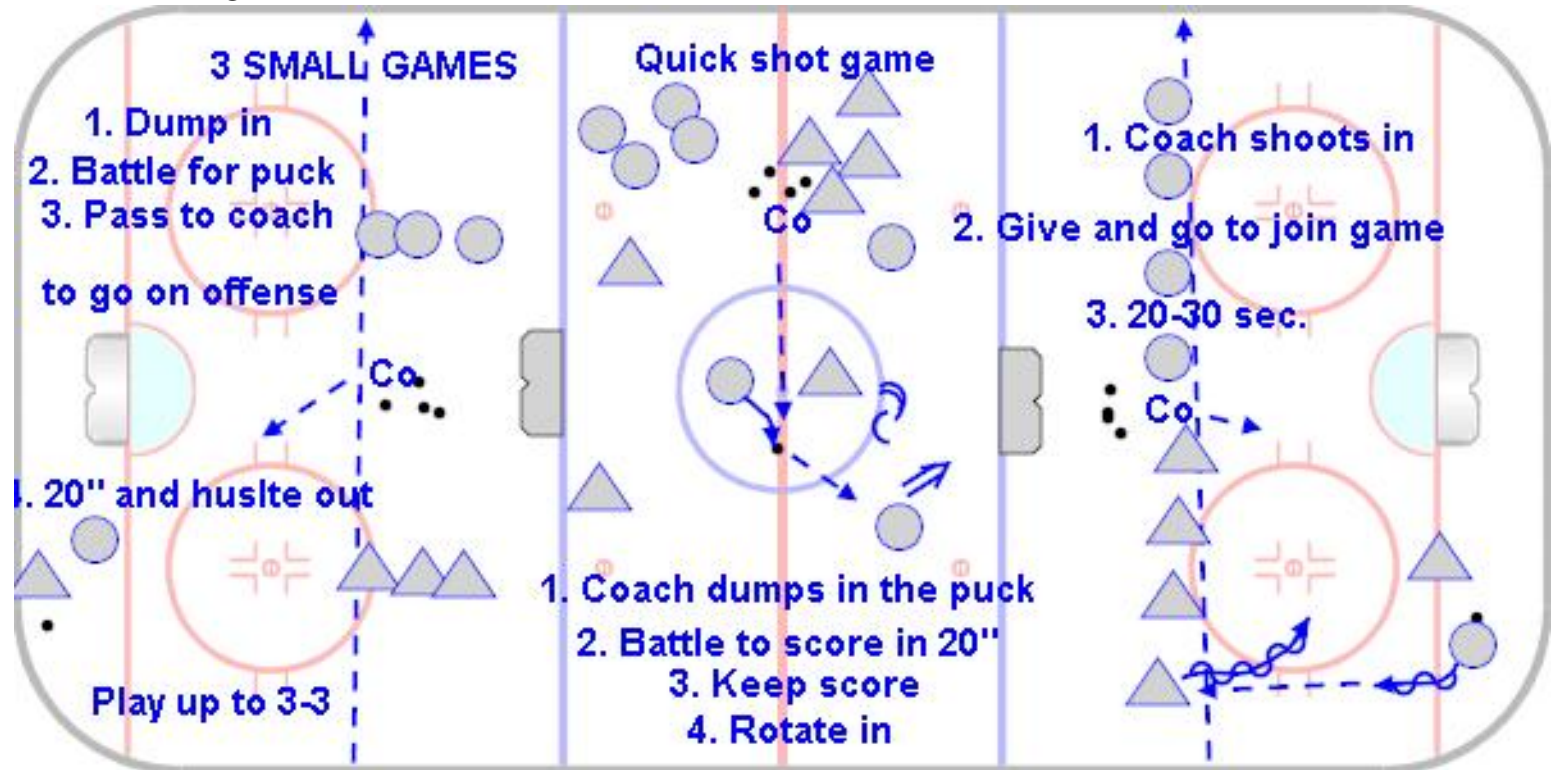


Pressure Forecheck practice.

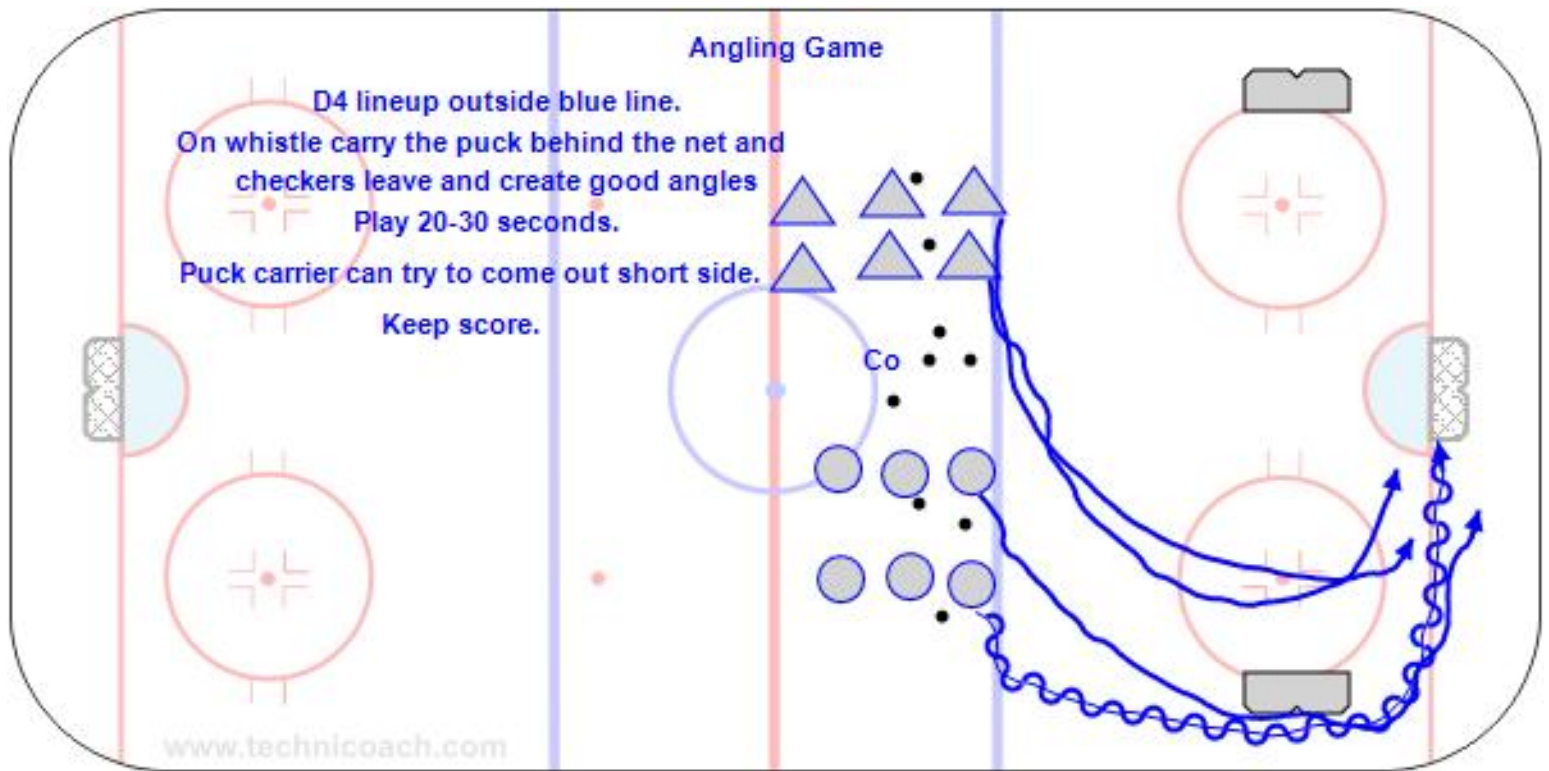


## Games to Practice Skills

### 3 Small area games

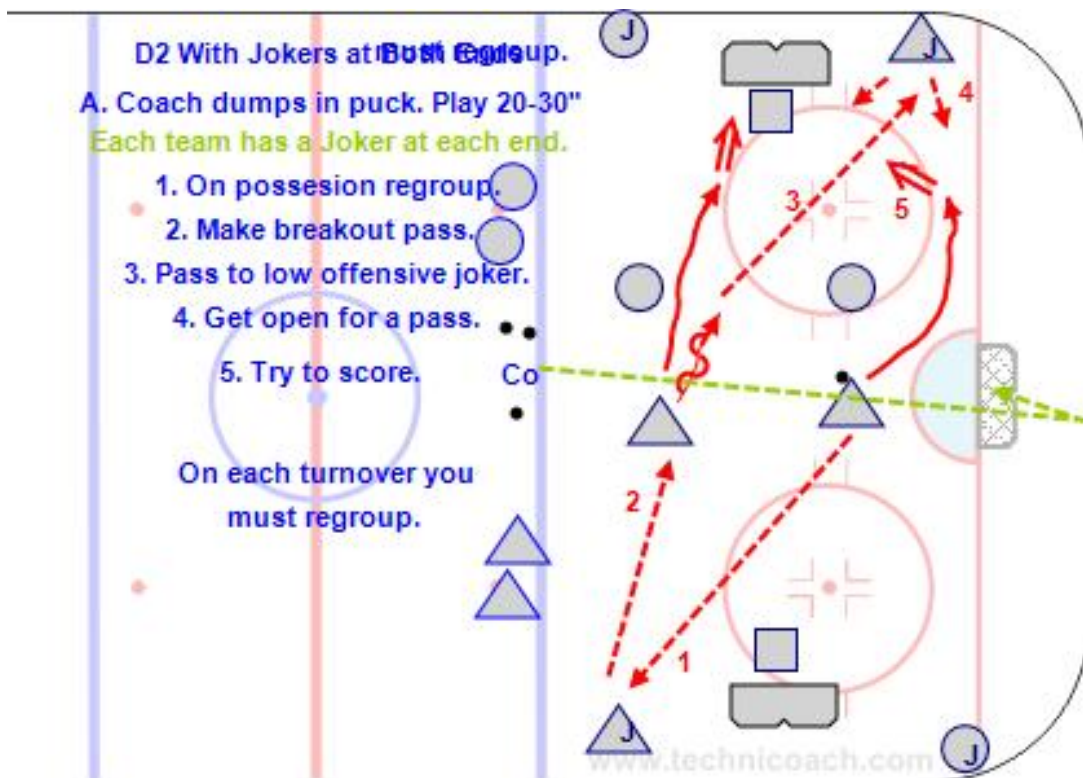


### Angling Game



## Passing and Puck Support Game





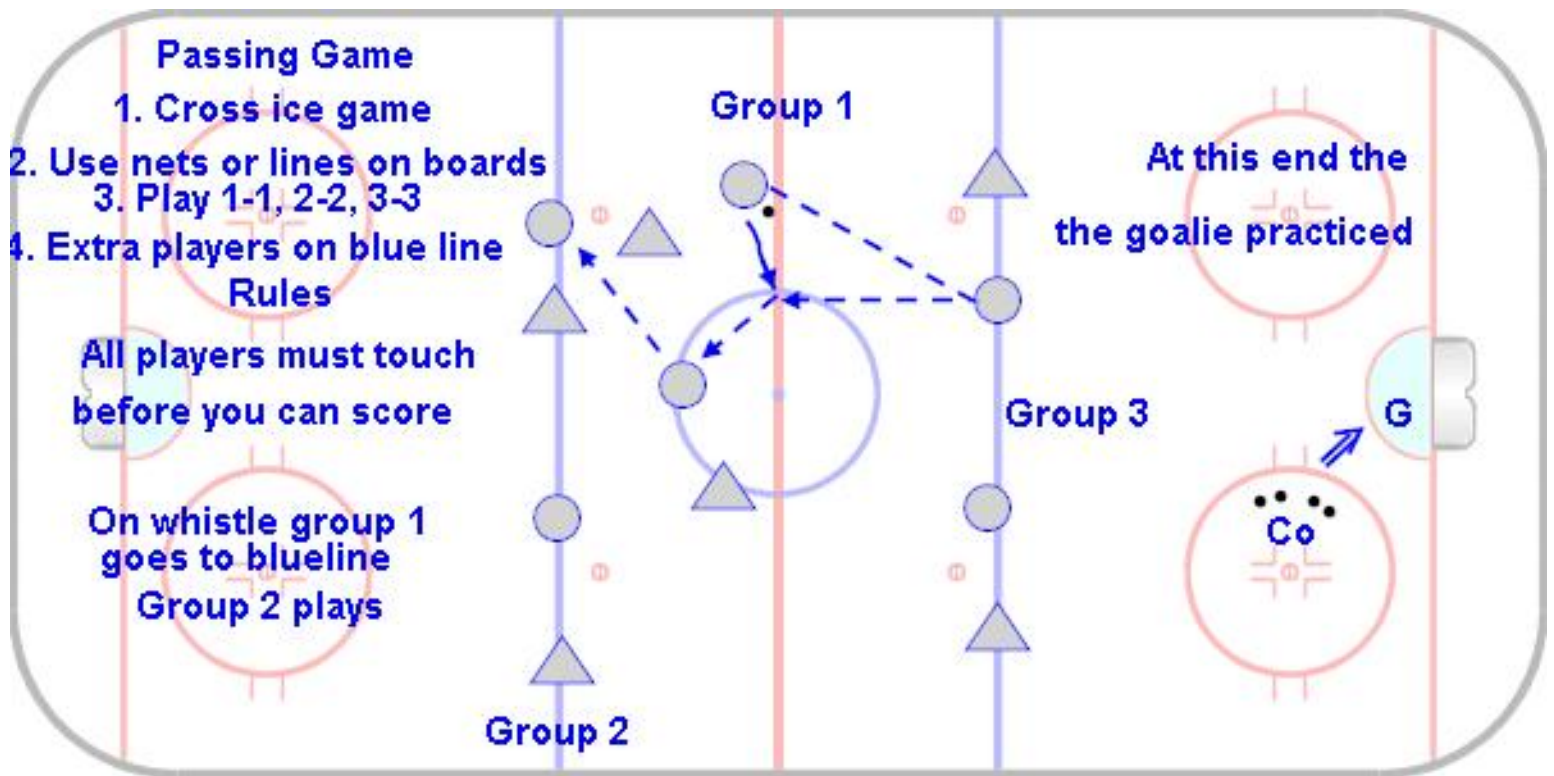
## Keepaway



## combative drills for checking

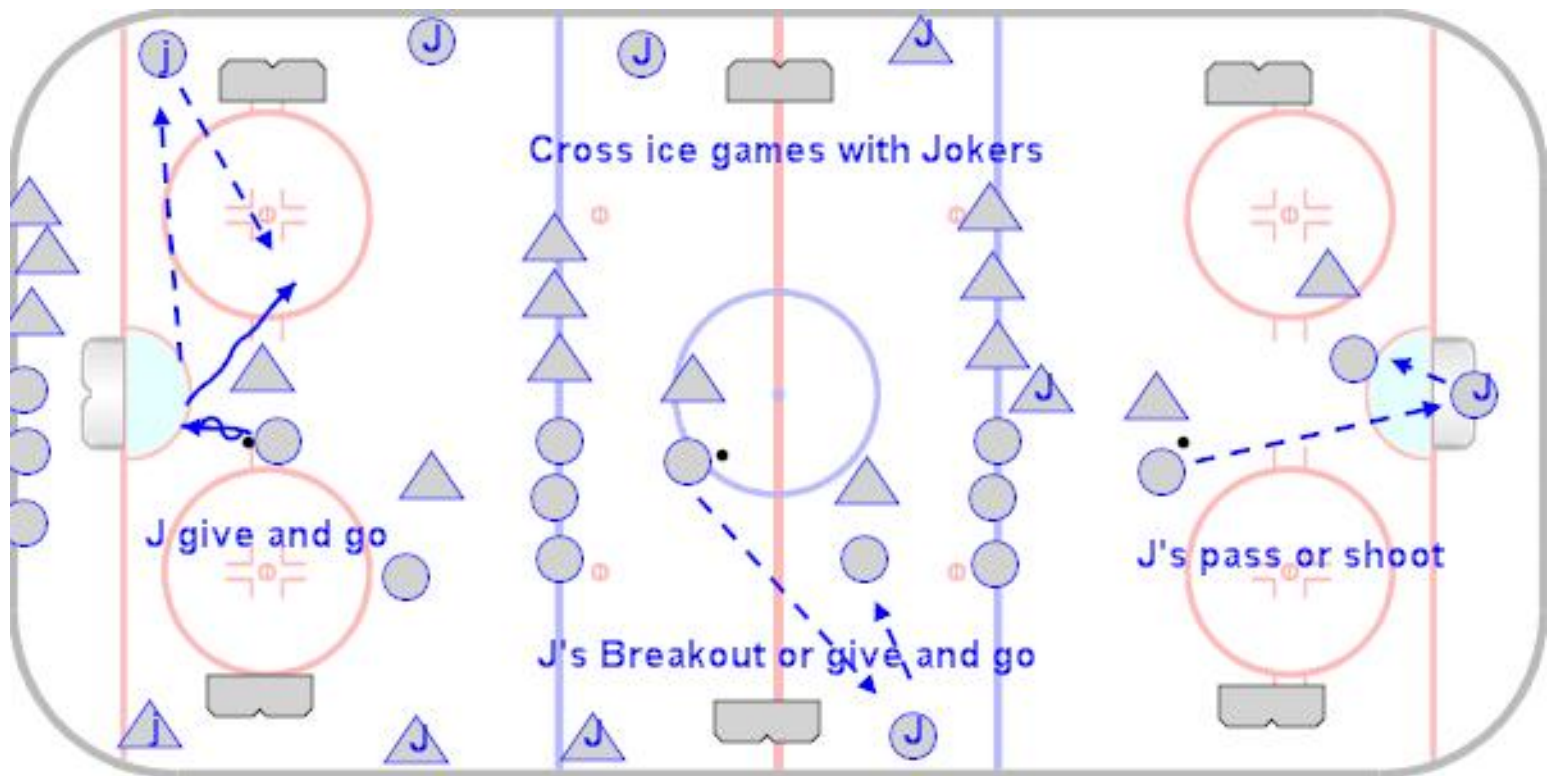


## Passing Game



Cross Ice Games

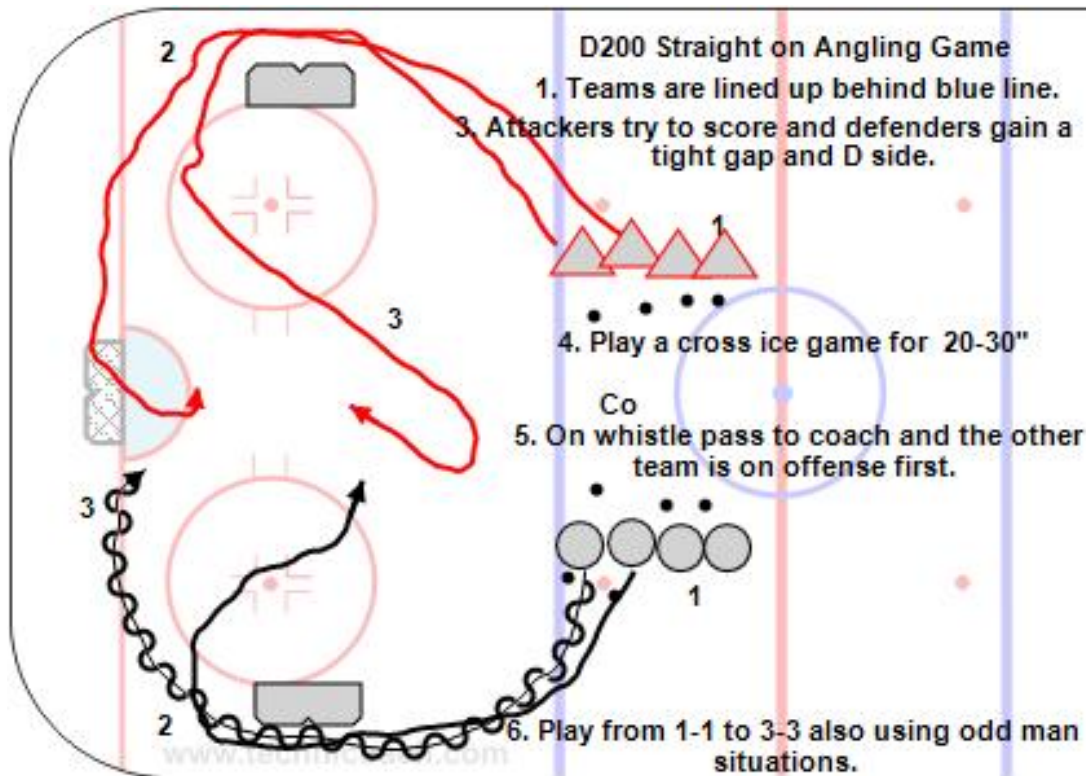
With Jokers



## Nets back to back one goalie



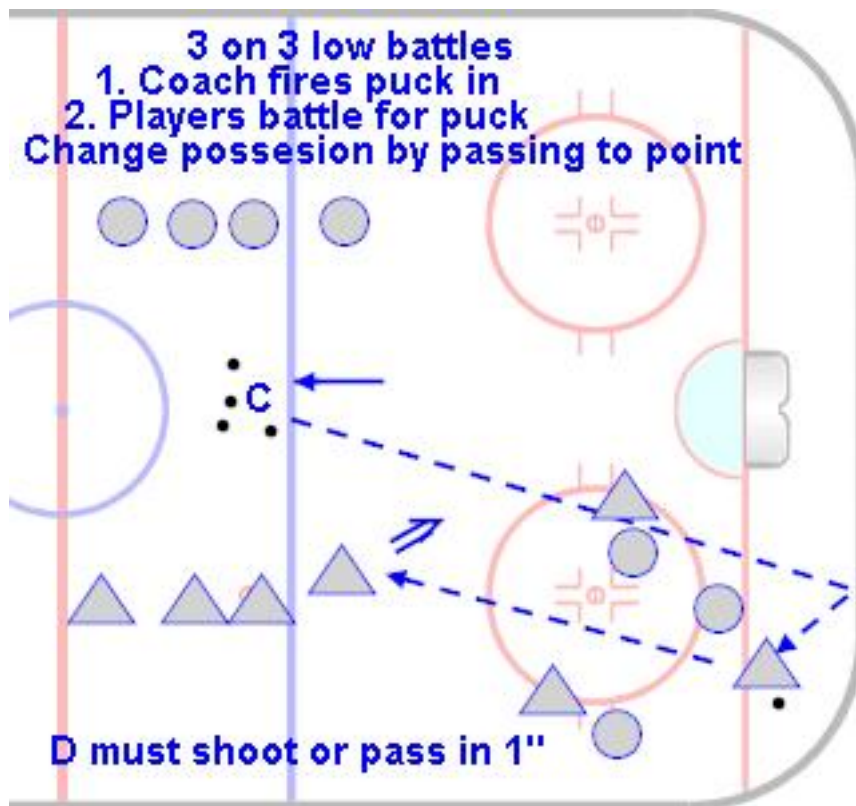
## Straight on Angling Game



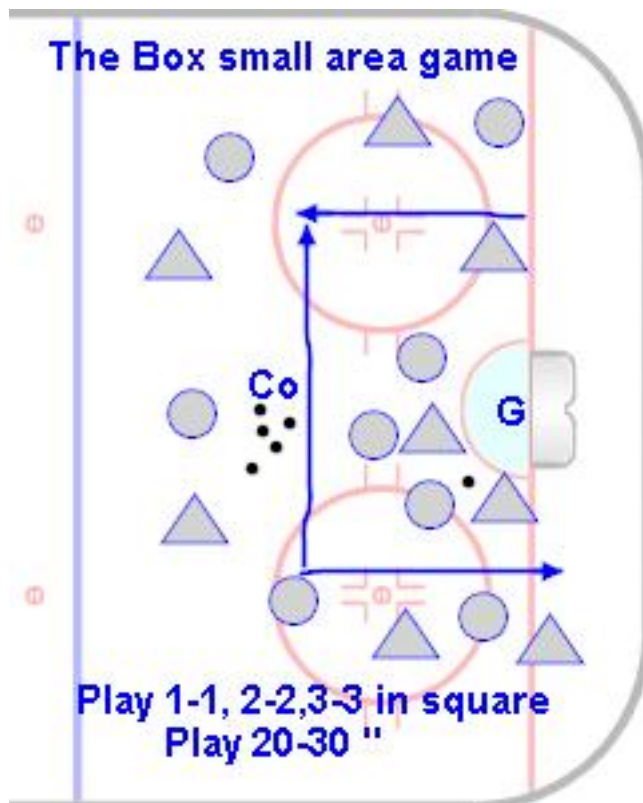
## One Zone Games

## Low Battling game

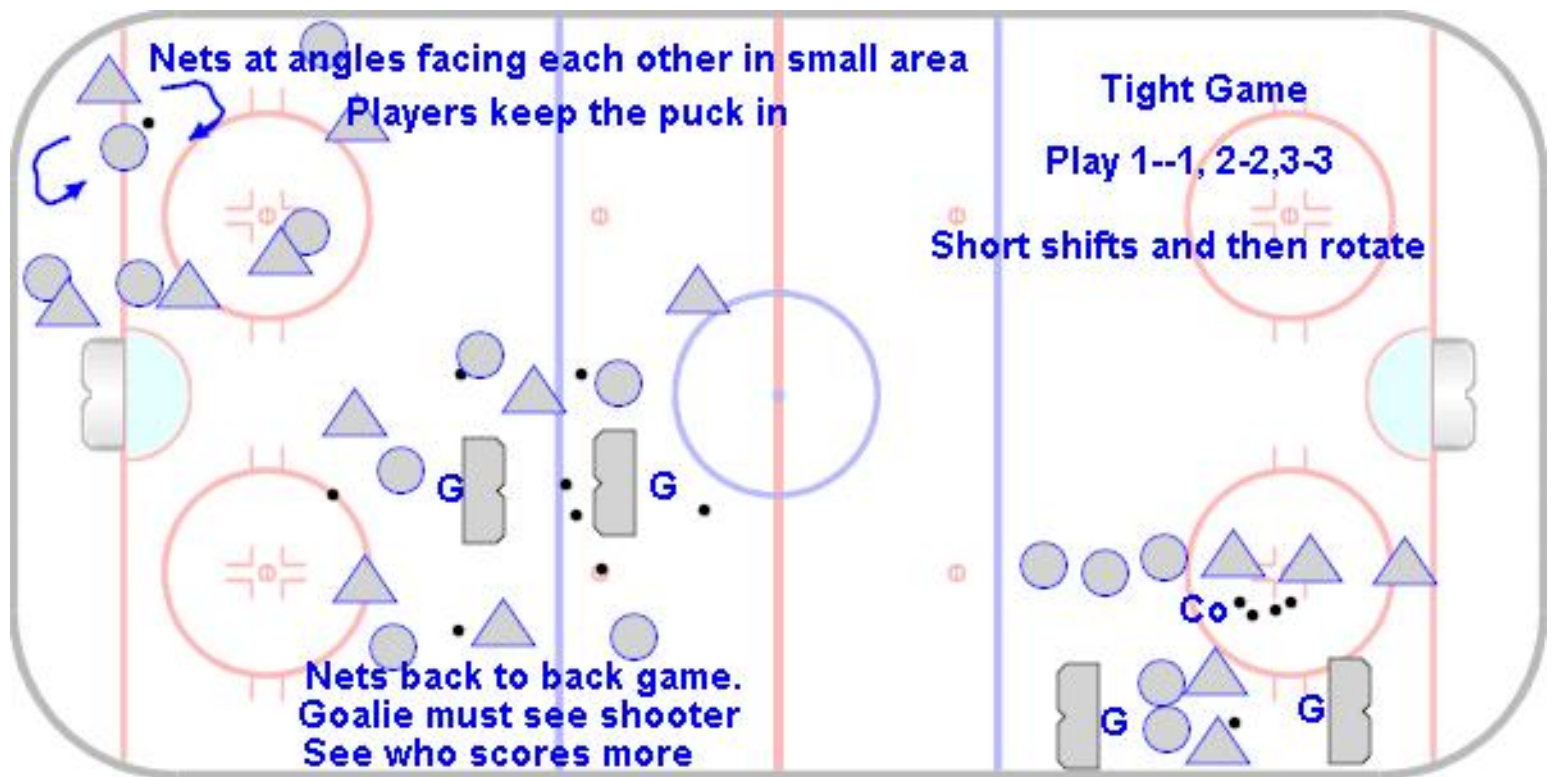




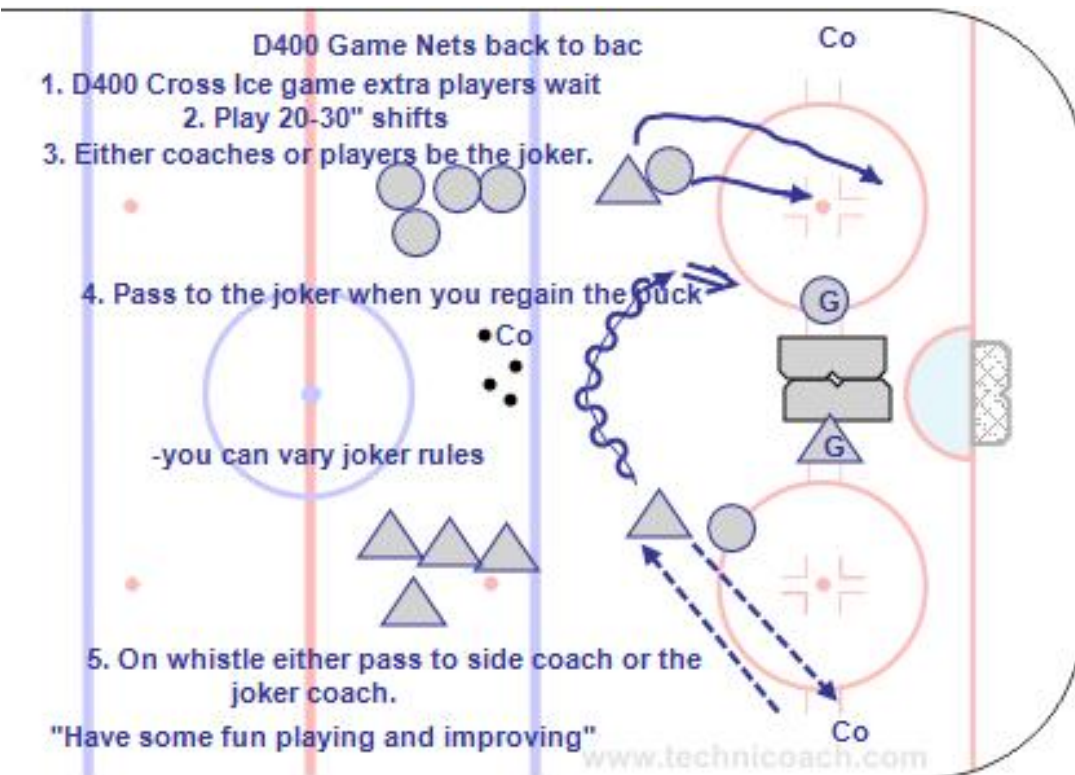
## The Box



## Tight Area Games

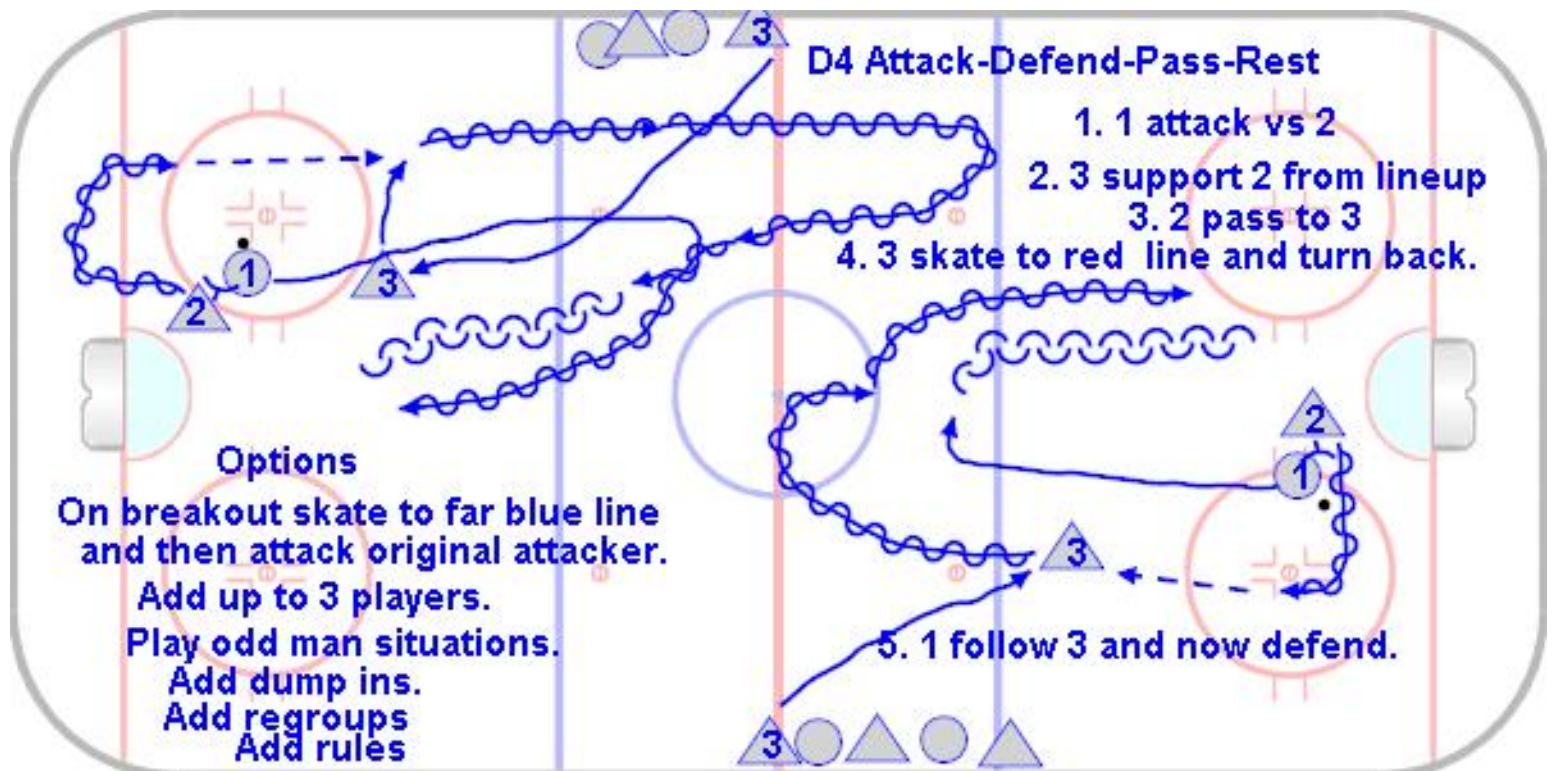


Nets back to back

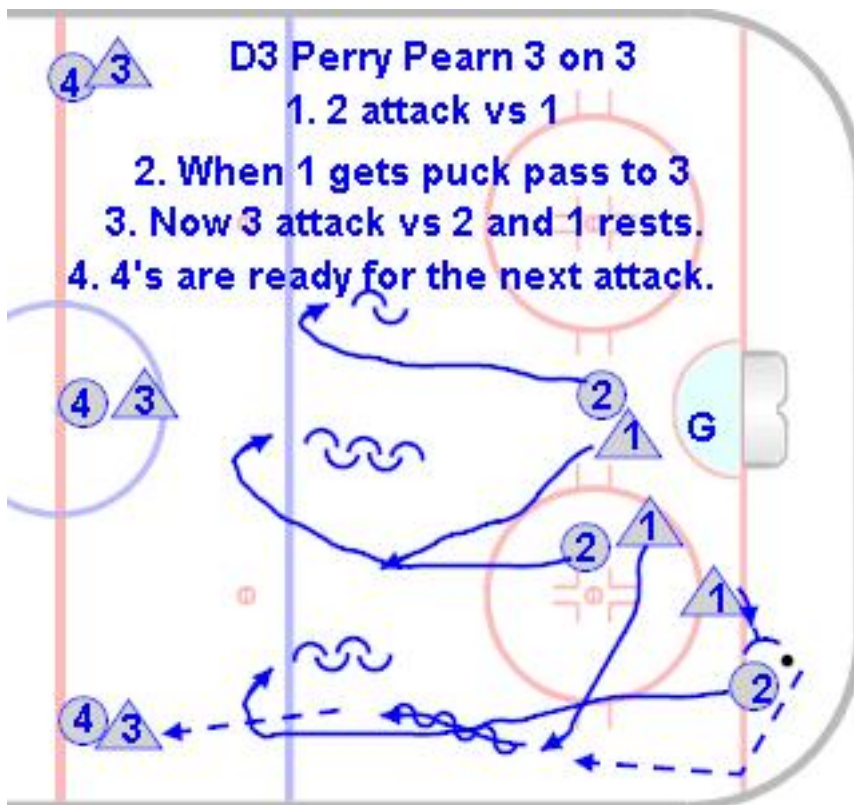


## One Puck Transition Games

### Attack-Defend-Breakout-Rest

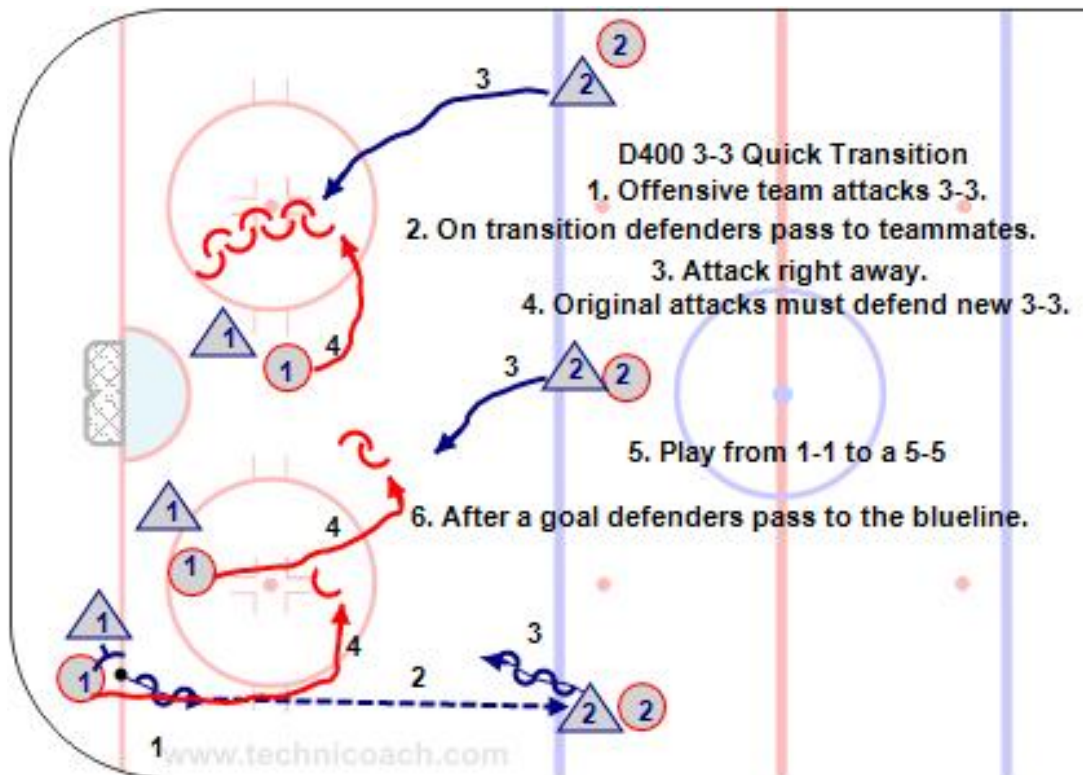


## Perry Pearn

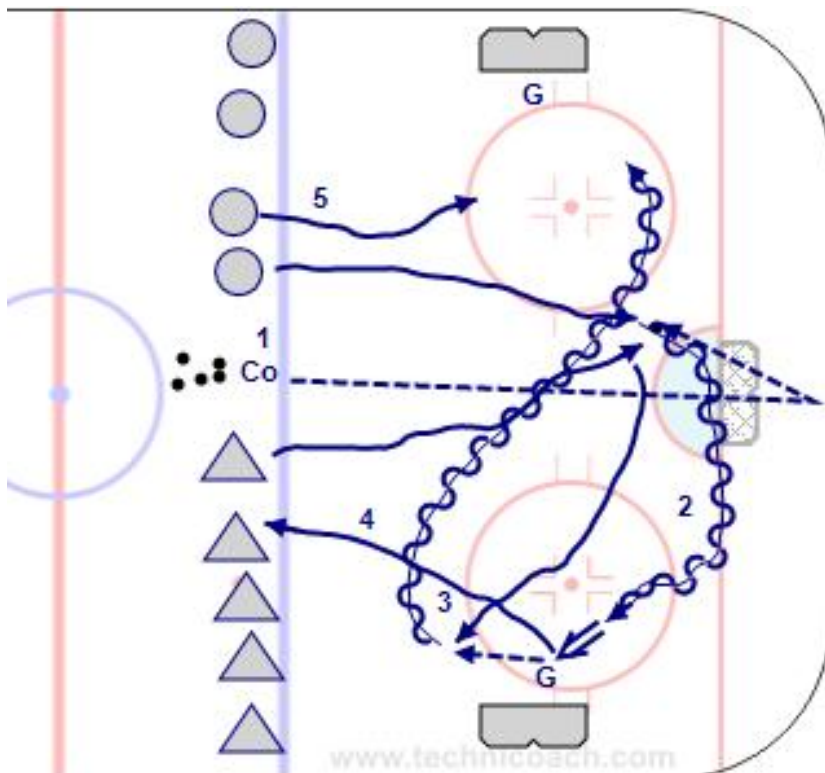


## Game of quick transition

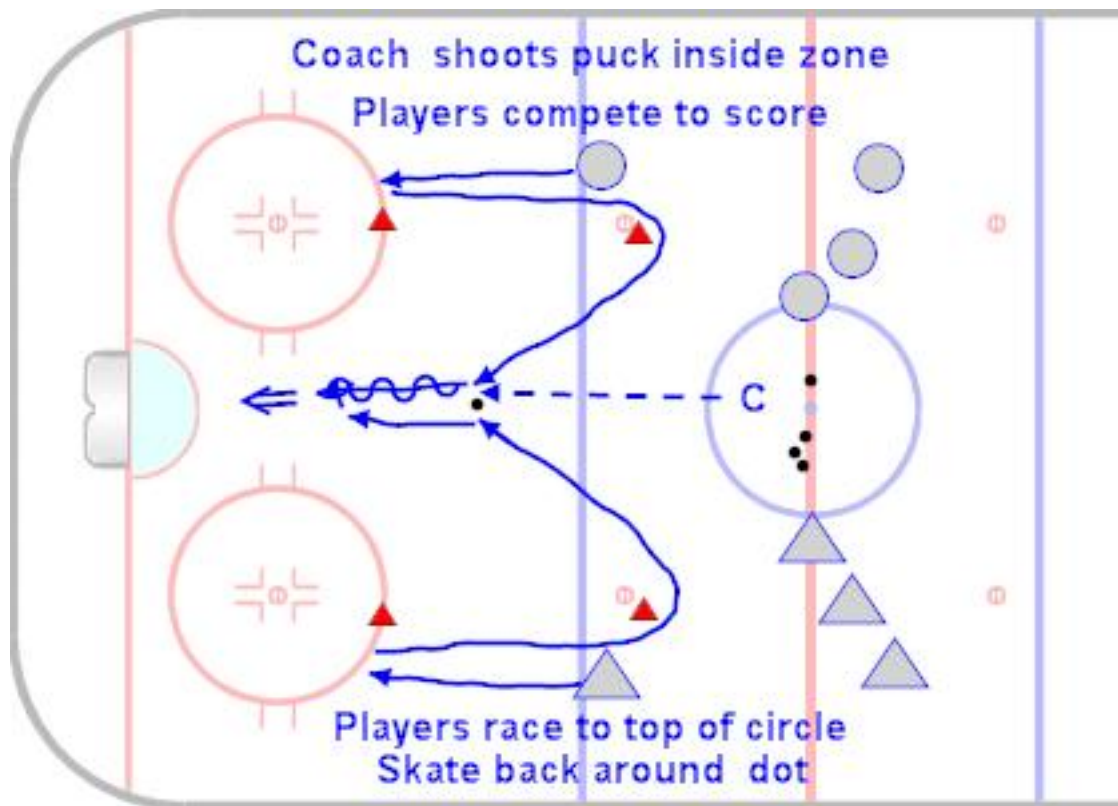




## Shootouts



## Shootout Race



## Rebound

