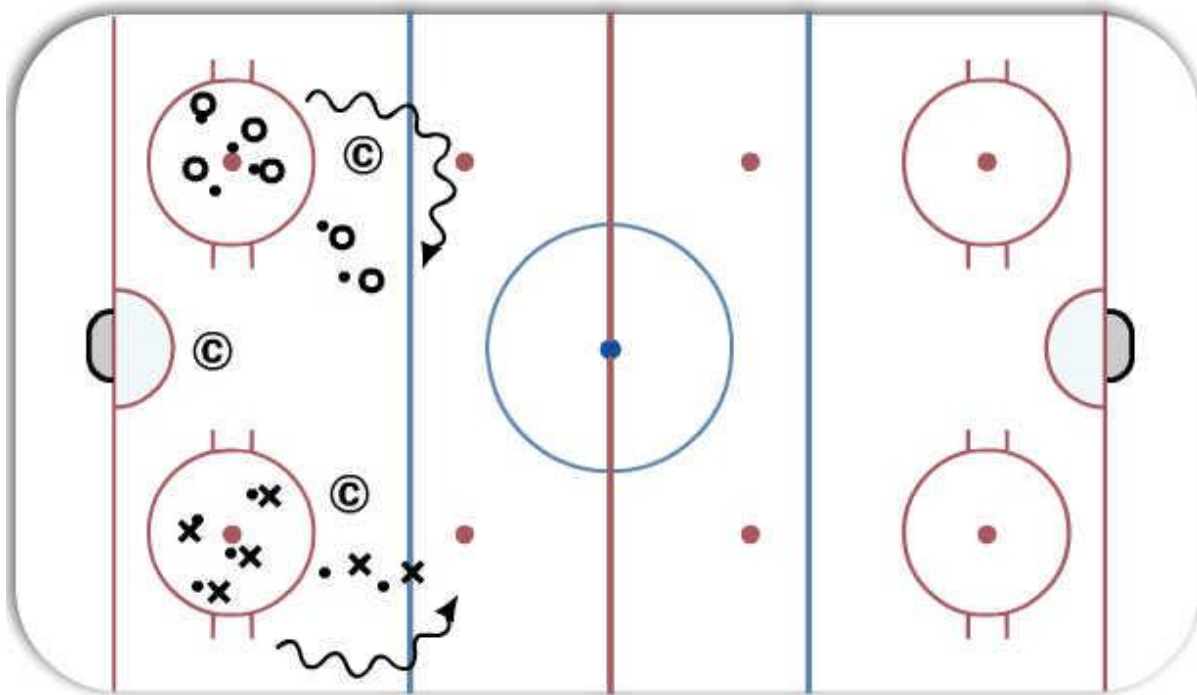


Circle Keepaway



Description

6 to 8 players per circle, with 4 to 5 players in the circle at a time with a puck.

Players inside the circle skate around with a puck, on the whistle its a game of keepaway, if your puck is pushed outside the circle you go to the back of the line and a new puck carrier enters the circle.

Keep the drill going continuously.

Key Points: control the puck close quarters, , head up traffic, , stick checks