

T2 - Face-off Win Plays – Pro

Key Points:

Face the puck at all times. Be ready to shoot quickly. Always screen the goalie.

Description:

1. Defensive zone face-off win. Inside D1 get puck and reverse to wide D2 who skates behind the net and pass to W or C. Weak side W stretch through the middle. Walk through with each unit.
2. Offensive zone face-off win one. Wings switch sides. Win back to the point, D skate down boards and pass back to inside wing who skates back to the point – shoot.
3. Offensive zone face-off win two. Wings play strong sides. Win back to point. Inside wing F1 rotate up the boards, C F3 to front, and F2 to high slot. D to F1 to F2 who shoots.
4. Repeat win one to D who skates down boards and pass back to F1 who covers the point. F2-F3 screen and tip in front.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20160413140832317>

<https://youtu.be/aaK6Sm2yfGg>

