



[Team Name]

Practice Plan

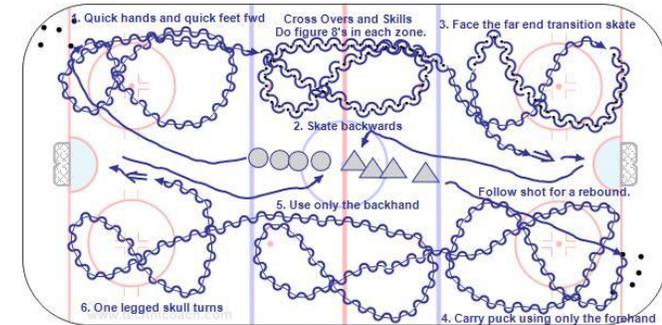
Date:

Time:

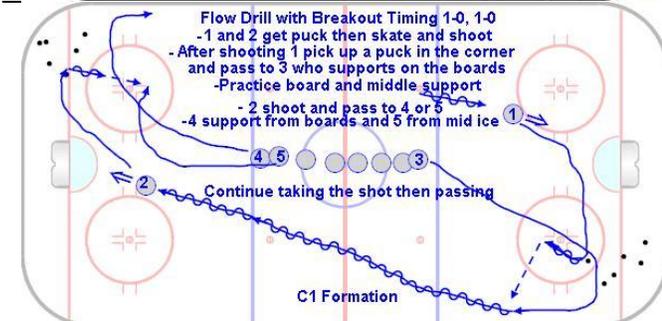
Venue:

Lines:

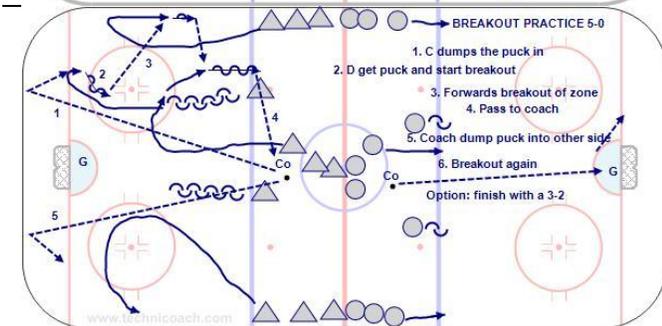
Notes:



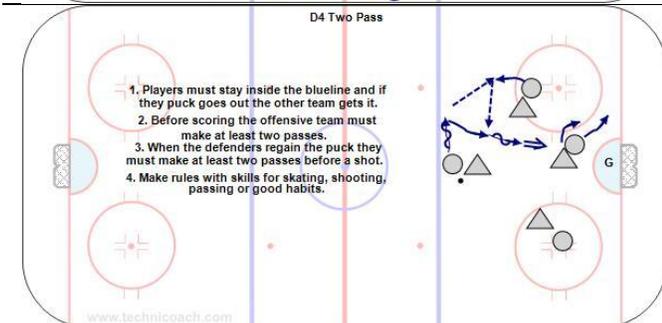
**Explanation/Notes:**  
3 # 8s on each side and finish with a shot.



**Shows the C1 formation but I had 2 players leave and go to the big ice. Finished with them doing one pass and then playing a 1-1.**

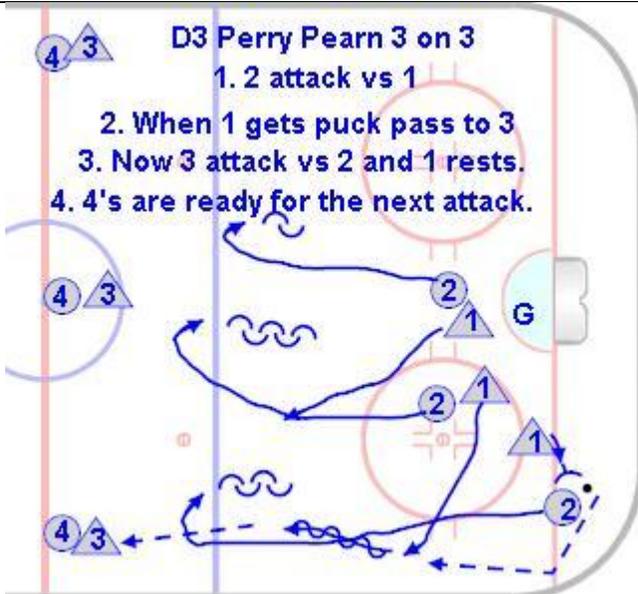


**I dumped it in twice but had the C and the weak side wing giving support.**



**Added rule was goals had to be created from give and go plays.**

### Perry Pearn 3-3



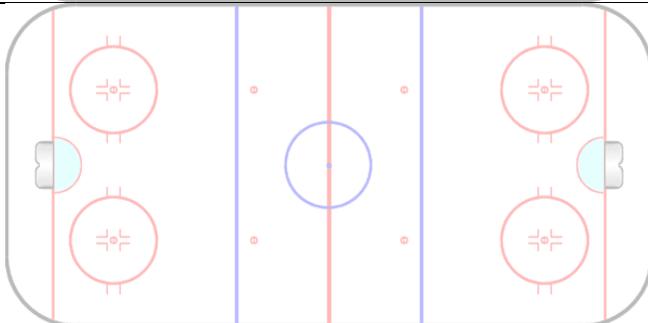
### Nets back to back with jokers

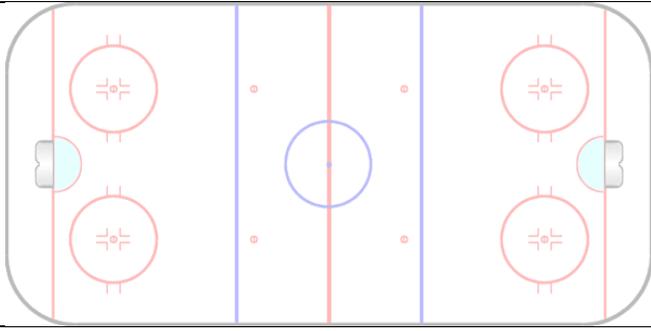


### Explanation/Notes:



### Explanation/Notes:





**Explanation/Notes:**

---

---

---

---