



[Team Name]

Practice Plan

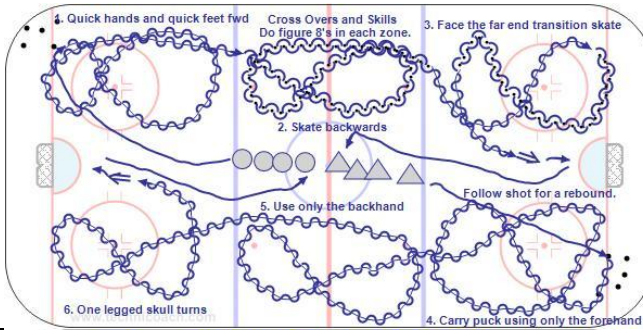
Date:

Time:

Venue:

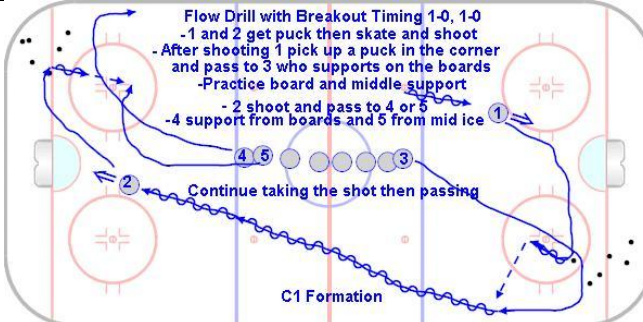
Lines:

Notes:

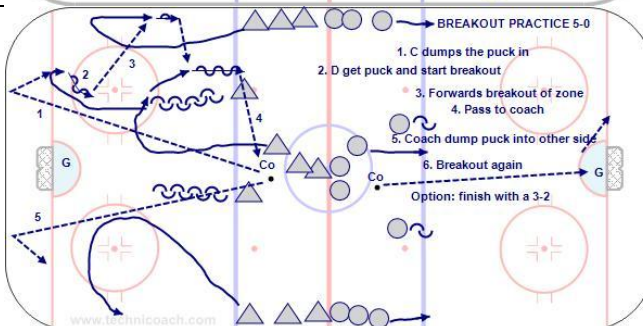


Explanation/Notes:

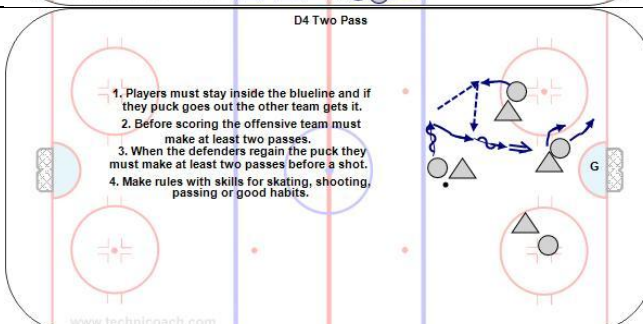
3 # 8s on each side and finish with a shot.



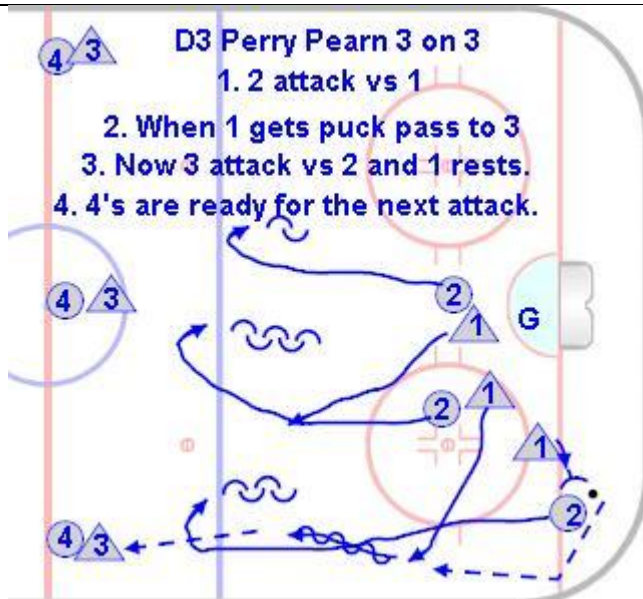
Shows the C1 formation but I had 2 players leave and go to the big ice. Finished with them doing one pass and then playing a 1-1.



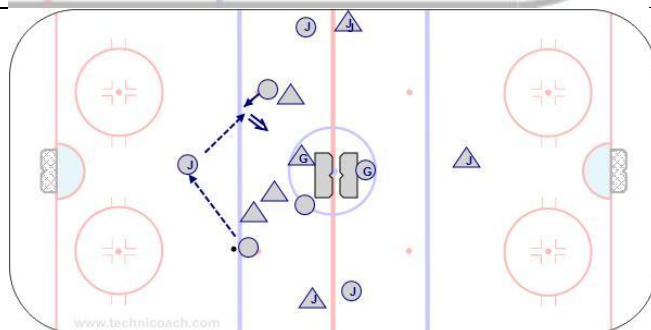
I dumped it in twice but had the C and the weak side wing giving support.



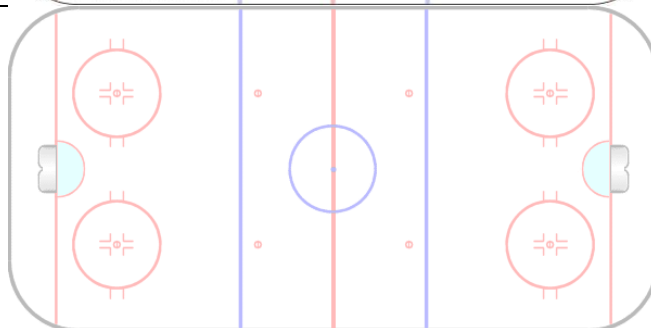
Added rule was goals had to be created from give and go plays.



Perry Pearn 3-3



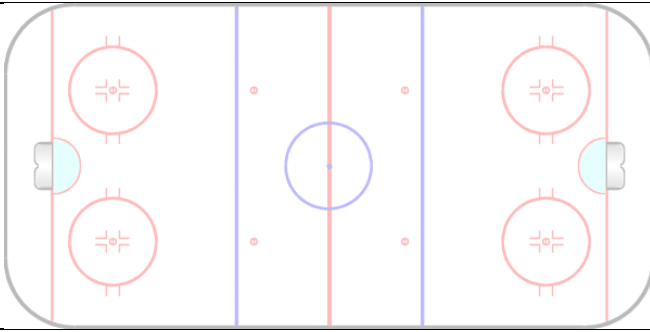
Nets back to back with jokers



Explanation/Notes:



Explanation/Notes:



Explanation/Notes:
