

## Coaching Youth Hockey

*Juhani Wahlsten (IIHF Hall of Fame Finnish coach) and I wrote the development program for Austria. It is a progressive program and if you follow it as well as the Swedish progressions you will have very compete players.*

### Level 0-1

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6996&topic=6996#6996>

### Level 2

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=6997#6997>

### Level 3

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=6998#6998>

### Levels 4-5-6

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7000#7000>

### 10 Practices For Beginners - ABC Method

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6978&topic=7668#7668>

### Practice ideas for U18 and younger players on YouTube.

[https://www.youtube.com/playlist?list=PLDa1vIWFCs0IHrSF1K2RSL9orp5c\\_iETd](https://www.youtube.com/playlist?list=PLDa1vIWFCs0IHrSF1K2RSL9orp5c_iETd)

### Coaching Manuals

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7709&topic=7709#7709>

*Use these manuals and get everyone skating in all directions and work on all the skills both in drills and in game situations.*

*Beginners start with A-B-D*

*Progress to A-B-D-E*

*Progress to A-B-D-C-DT-E*

### Swedish Coaching Progression of Skills – Video Scope and Sequence

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7578&topic=7578#7578>

### Swedish Skating and Puck Handling

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6706&topic=6706#6706>