

T1-B6 - Delay-Pass Low-Back-Shot - Change Angle Preserve Space - Belfry

Key Points:

- When the goalie is square to the puck he has the advantage.
- Imagine a wall between the dots as the ideal shooting area.
- Preserve space by skating laterally and not straight at the goalie.
- Make the goalie move.
- Hit the net and follow your shot for a rebound.
- Shoot where the goalie is coming from and not where he is going.
- On forehand skate laterally and shift weight to the inside leg.
- Off wing push the puck out and skate laterally to shoot.

Description:

- Players start from the corner and hash marks on each side.
- Player 1 skate a tight turn to the outside and pass to 2 in the corner.
- 2 return the pass.
- 1 preserve space and slide changing the shooting angle.
- 2 Shoot and follow the shot.
- 3 and 4 repeat from the other side.

** Avoid crossing hands on the forehand tight turn. Instead move the hand back and to the side.*

<https://youtu.be/2-Vw7AjV8tE>

<https://www.facebook.com/groups/631135947796206>

