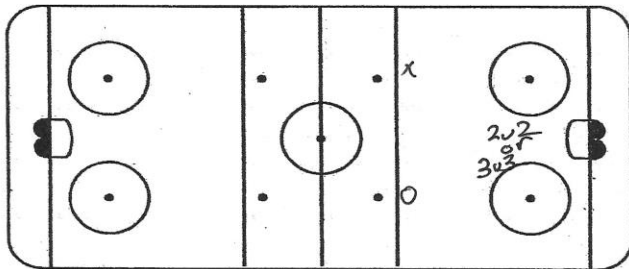


Preds 2v1

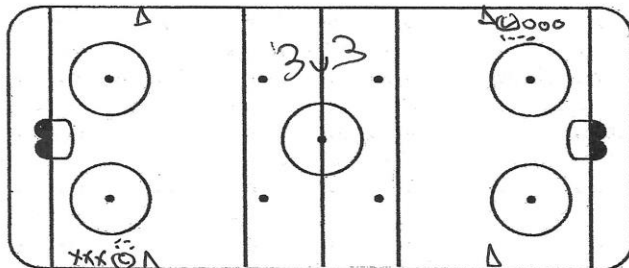
① with pucks at Redline

② will wrap puck in goalie will come out and stop the puck the D coming back will tell goalie which direction to go Breakout regroup with other D + attack 2v1 on the side they broke out on.



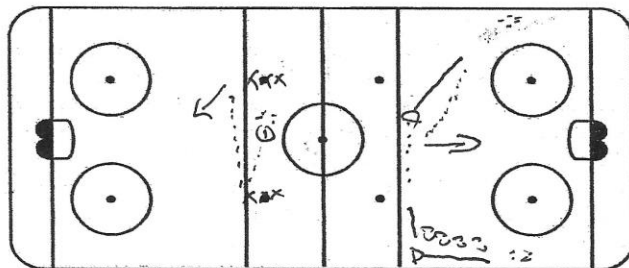
Pick Game

Teams play either 2v2 or 3v3 Pass to team in line who has 2 seconds to pass or shoot. Opposing team 1 defender, leaves his guy to come out to the point



Football Warm Up

3v3 team has to pass or skate between lines. If a touchdown is made the team who scores can skate back must get behind defending blue line + get pass from coach



D-Development

① ② passes to D quick shot no stick handling. Second variation same thing but add D-D pass for a shot

② D comes down wall collects puck, back peddles D-D who fans out to top of circle pass to D for shot from middle then other side