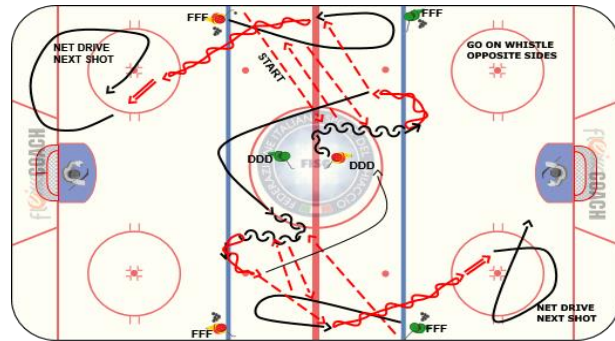
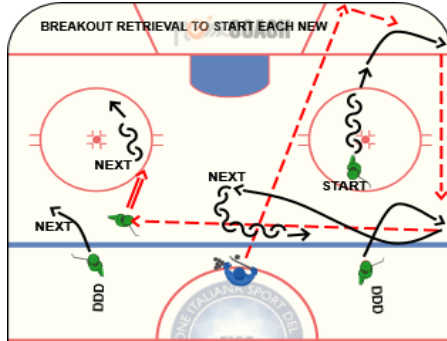


DAY: F DATE: 21 / 09 / 2018 TIME:
TACTICS: ENIO'S DRILL CLUB

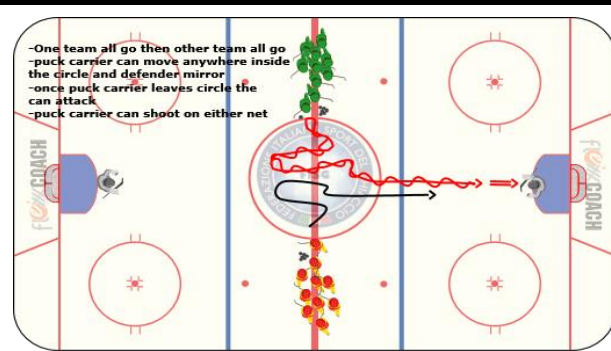
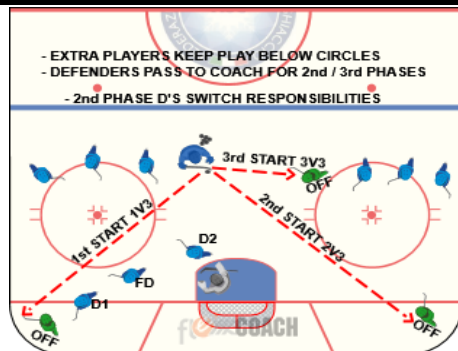
COLORS

BLUE
WHITE
WHITE
BLUE

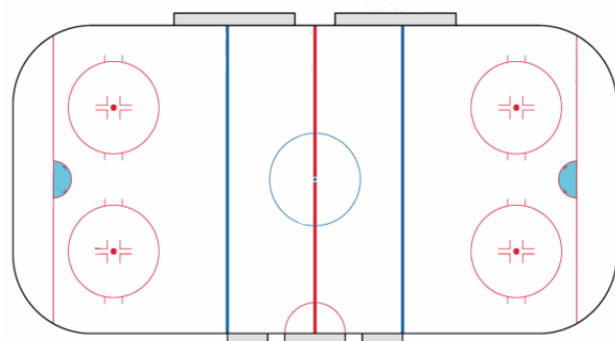
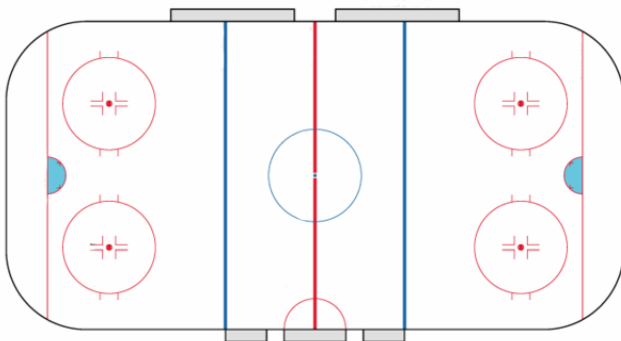




DRILL: SMALL GROUP - DEFENSEMEN	TIME:	DRILL: TEAM WARM-UP	TIME:
1st execute break-out then work the offensive blue		2x regroup for each defense - F's support / shoot/ drive next	



DRILL: DEFENSIVE TEAM PLAY	TIME:	DRILL: COMPETITION	TIME:
3 phases with one puck			
1v3 then 2v3 then 3v3		1V1 should become break-away chase	
defenders strip puck then pass to coach for next phase		defender cannot attack puck until it leaves center circle	



DRILL: BOOK RECOMMENDATION	TIME:	DRILL:	TIME:
"The Father of Russian Hockey" Anatoly Tarasov		THANK YOU FOR DOING THIS AGAIN ENIO!	
		CLAYTON BEDDOES	