



Date: 01/31/17
Length: 60 mins
Start Time: 7:00pm
End Time: 8:00pm

Group:
Prepared By: Bjarne Lundh
Focus:
Level: MITE

Length	Start	Drill Name	Category	Notes
10	7:00pm	spelvändningar hela femman	Systems	
10	7:10pm	Pass teknik uppv avslut tjeck	1 on 0	
10	7:20pm	winnipeg passing	1 on 0	
10	7:30pm	Pass och skridsko 1-0 överlämn + pass+nästa läge	Warmup	
10	7:40pm	1-0+ 1-0 b	Warmup	
10	7:50pm	2-1 spelvändning	Small Game	
10	8:00pm	Turn over 5-2 med felpass-spelvändning	Systems	

