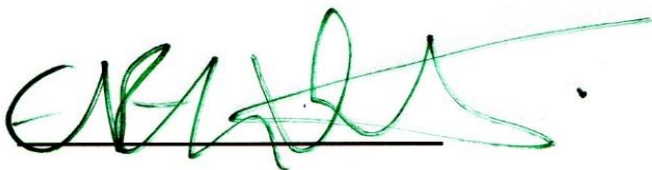


Mjölby 2015-09-01

Hello Enio and Coaches

Thank you for a good thing and good luck to all coaches this season

“ NO ONE IS BIGGER THEN THE TEAM “

A handwritten signature in green ink, appearing to read 'Erik Vikström', written over a horizontal line.

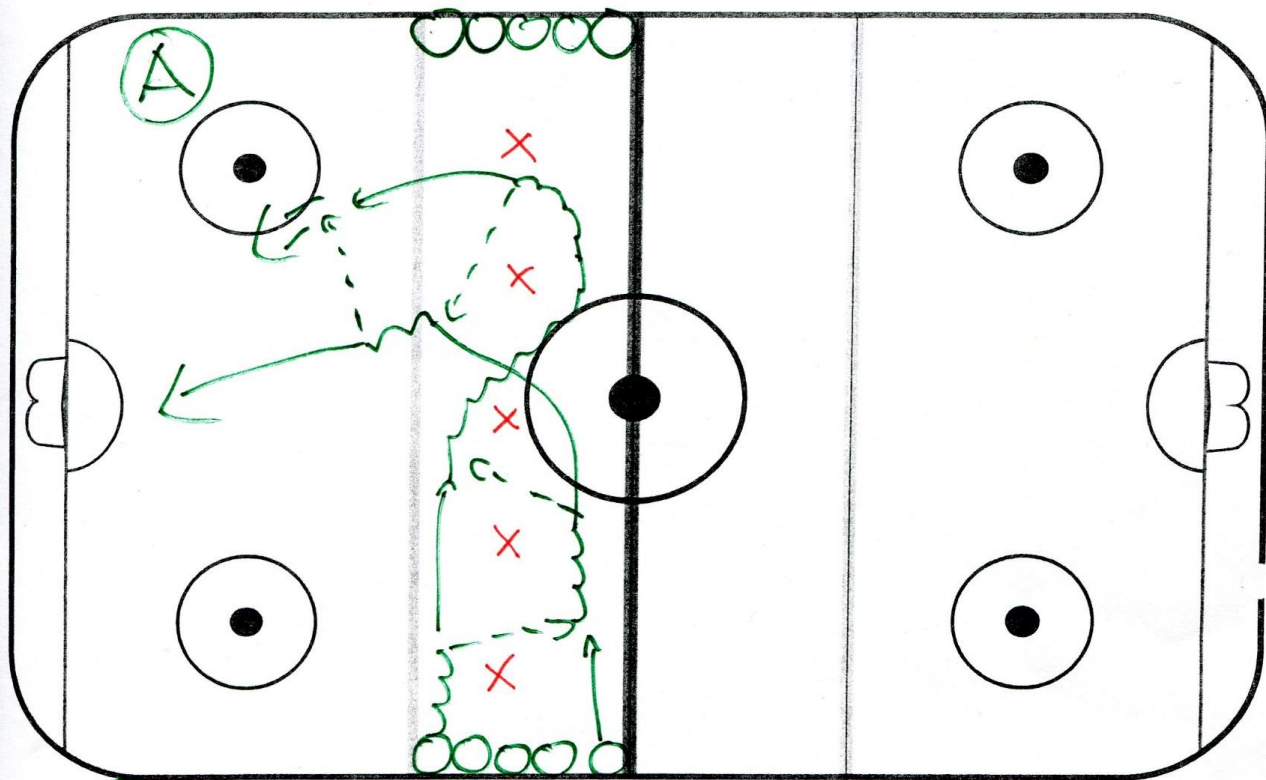
Erik Vikström

Head Coach Mjölby Hockey

0046705798138

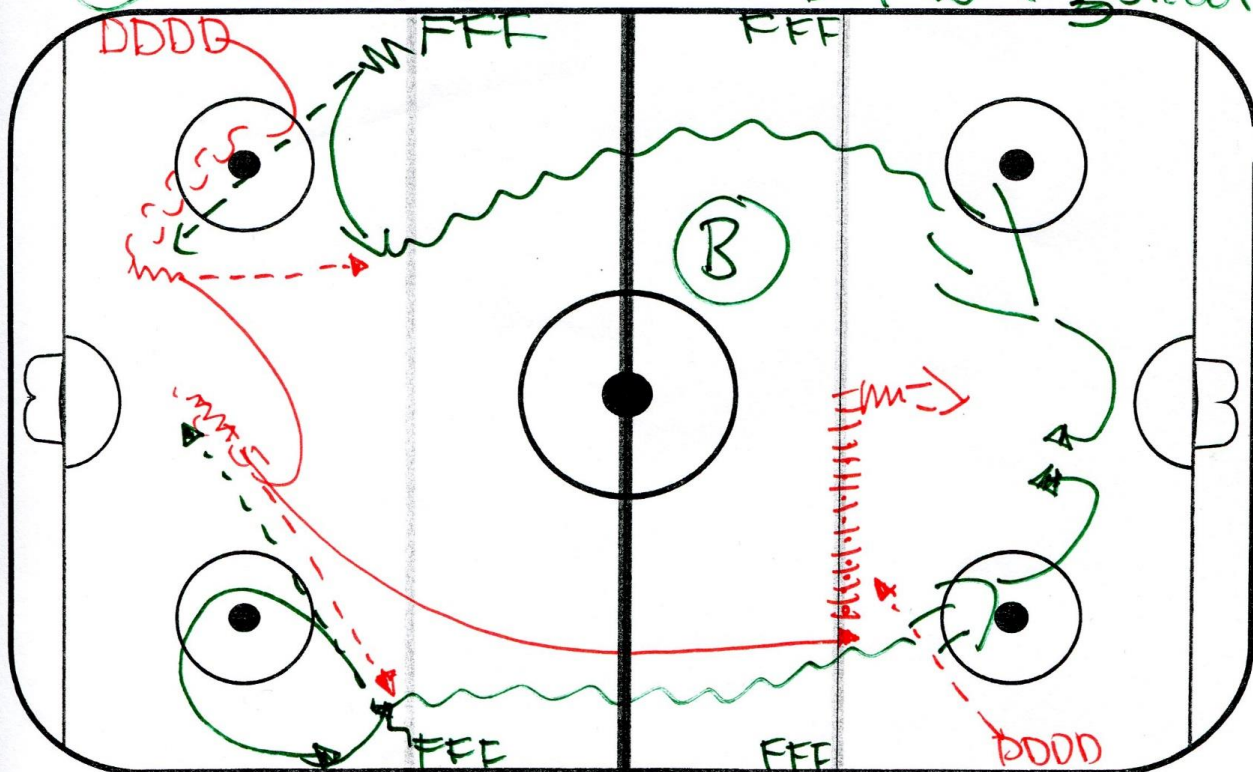
Serben18@hotmail.com

DRILLS D.W.C. 2015, ERIK VIKSTRÖM

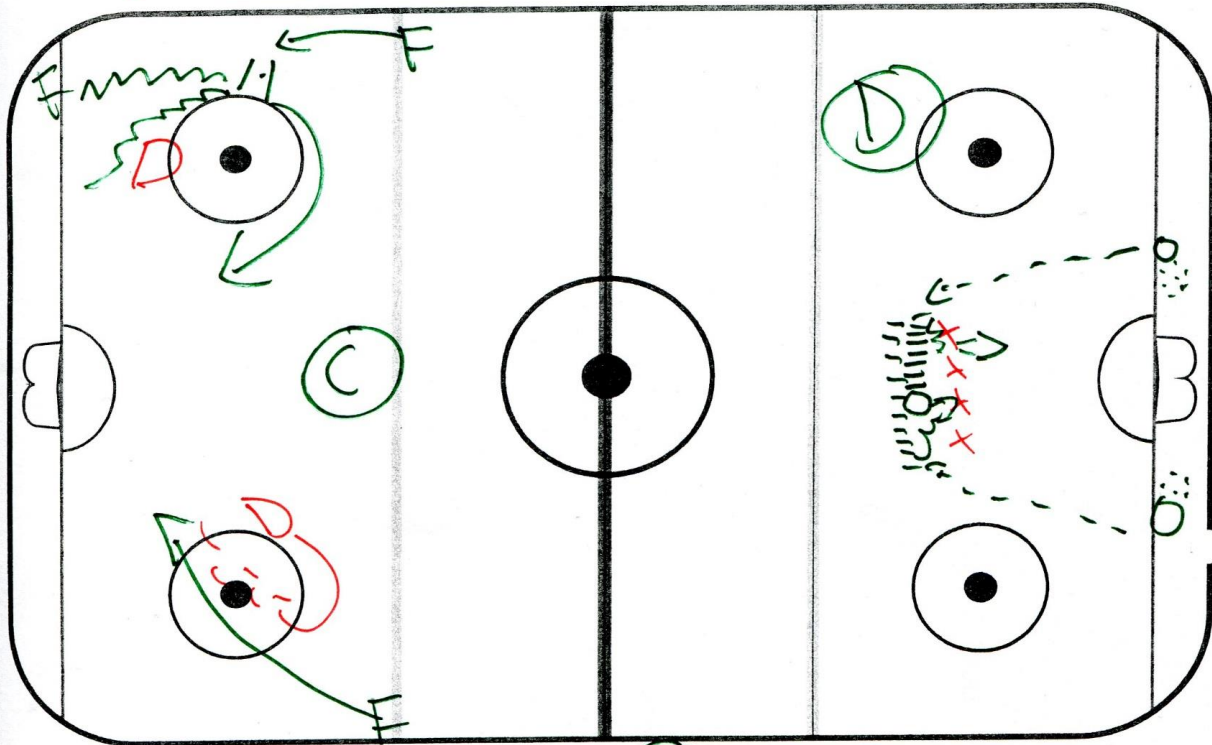


(A) - WARMUP - PASSING

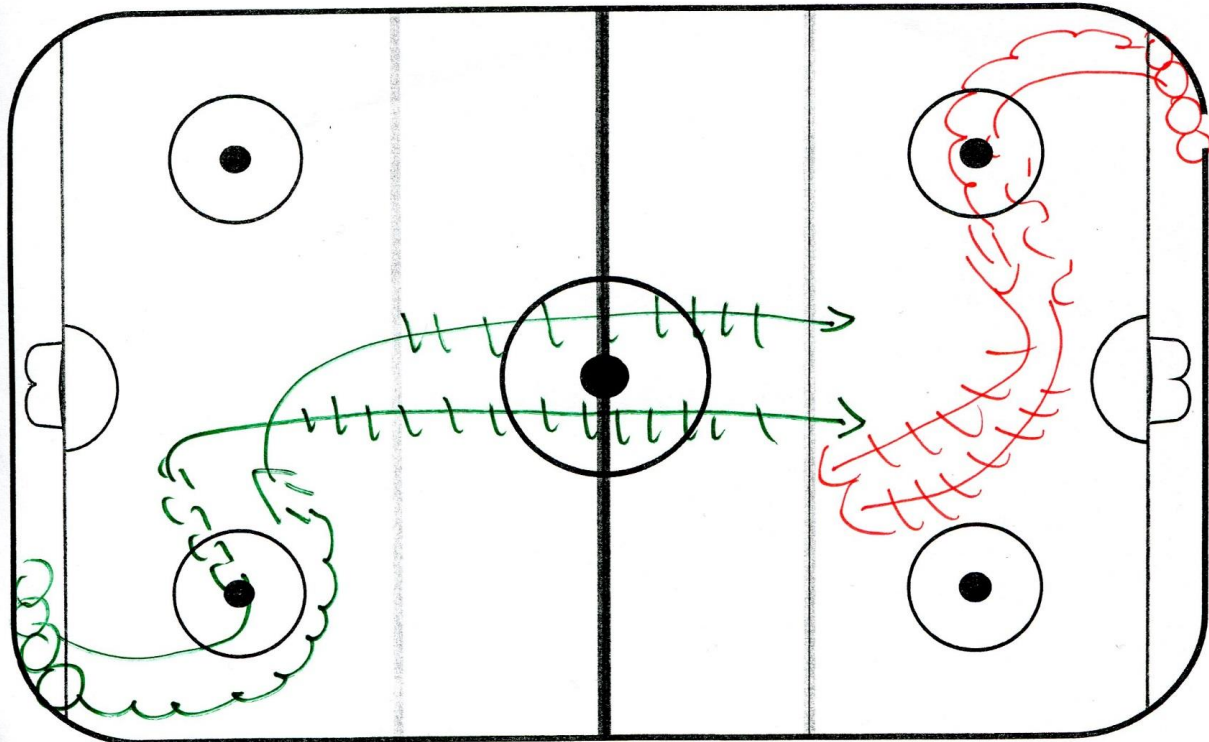
(B) TRANSITION DRILL D-FW + 3 SHOOT 5



DRILLS D.W. C. 2015, ERK VIKTOR



① 2vs1 + 3vs2 ② QUICK FEET → SHOOT



③ 1vs1 BACKCHECK - FLOW DRILL