

D4 Two Pass - Slovakia U20

One consistent thing I see when watching the international teams practice at the IIHF World Junior Championships is that they play a game in each zone at almost every practice. Sometimes the coach organizes it as part of practice or the players start the game themselves when practice is over. The North American players will stay on and shoot the puck or practice skills but the European players organize games.

Two Pass

The rule is the puck can't come out of the zone or the other team gets it. When you regain the puck you must make two passes before you can shoot. Sometimes only one pass is needed or various skills can be added. This is the Slovakian U20 Team.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120104090932478>

<https://youtu.be/zwQdL8-XPMA>

