

B202 One Touch 2-0 Sweden U20

Key Points:

Face the puck. Attack with speed and follow the shot for a rebound.

Description:

B202 Formation Two groups face each other across the neutral zone.

A. B1 leave and give and go with Y2 then skate around the circle facing the puck and get another pass from Y2.

Last shooter circle back and attack 2-0.

B. Y1 leave and give and go with B2 then give and go with B1 then face the puck on the boards and get an outlet pass from B1. Y3 leave from the back of the other line and attack 2-0.

Options:

After attacking one of two players could defend making it a 2-1 or 2-2.

- One Timers

- Use this drill as a Shootout Contest.

http://www.hockeycoachingabcs.com/filemgmt_data/B202%20One%20Touch%202-0%20Sweden%20U20.3gp

<https://youtu.be/jMrxSM8bSG4>

<https://youtu.be/FmNRjU4bM9Y>

