

B600 Breakout 2 F Shoot D Point Shot-Finland U20

Key Points:

Pass hard while skating. Give a target and call for the puck. Shoot to score and follow the shot for a rebound. Do everything at full speed.

Description:

1. D1 pass to D2.
2. D2 make breakout pass to F1.
3. F1 skate to big ice and pass to F2.
4. F2 skate to big ice and drop pass to F1.
5. F1 carry the puck and take a shot - rebound
6. F2 skate around circle - get pass from D1.
7. F2 attack-shoot-rebound-screen.
8. F1 follow and get pass from F1.
9. D1 take a point shot.

**Do this drill from both ends on opposite sides of the ice.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120126211048959>

https://youtu.be/567GJB_Cgpc

