

D6 Game Formation – Variations - Youth

Key Points:

The ice can be divided into two halves lengthwise which creates more speed and allows full ice drills and games on each side.

Description:

B6 is the basic formation with a net on each side of the ice on the goal lines at each end.

D6 Variation One

- One net on the goal line lined up with the other net on the far blue line.

D6 Variation Two

- One net in the goal crease at one end and the other net lined up with the face-off dot at the far blue line.

-This variation allows for play in the entire zone.

- In this variation the scoring team gets the puck and goes the other way and the team scored on must touch the blue line before defending. Use either Variation A or Variation B or you could combine them. Variation B gives a full zone to attack and defend in at each end.

By dividing the ice down the middle you have the option of doing games and drills full ice, in one zone, 2-3-4 games at once or games and drills at the same time.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2021040503520512>

D - Games to Learn to Play -D2 and D6 Variations – Youth

<https://youtu.be/DcvV2AtGjwE>

