

## B600 Breakout 3-0 with 2F 1D - Point Shot-Canada U20

### Key Points:

Attack at full speed. Give a target. Follow the shot for a rebound. One player screen and one player look for a shot pass.

Description: 1. Defense start inside zone and forwards outside the blue line.

2. On the whistle D1 at each end drive the back of the net.

3. F1 and F2 come back for a breakout pass.

4. F1 and F2 attack the far ends from opposite sides of the ice and D1 follow.

5. F1 and F2 shoot and rebound.

6. F1 or F2 pass to the point and screen.

7. D1 drag and shoot.

*\*Repeat with D2 passing to F3-F4 on the whistle.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20210405154349505>

[https://youtu.be/ca6\\_RYrrRNw](https://youtu.be/ca6_RYrrRNw)

