

D200 3-3 Coaches Jokers – Swiss U20

Key Points:

Jokers can only pass and shoot. One coach is a joker for each team. Face the puck, do everything quickly and create offensive 2-1's.

Description:

1. Play cross ice 3 on 3. 20-30 second shifts.
2. Use only one puck unless it is shot out or in the net.
3. Passes to Jokers are allowed.
4. Change on the whistle.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120306173701201>

<https://youtu.be/DqA2Hpd5IJ8>

