

D400-C5 - 2-1 Battle in Slot - SW

Key Points:

Defender has to recognize who is the most dangerous player but never give a breakaway. Attackers must do everything quickly and constantly move.

Description:

1. Two attackers and one defender battle in the slot area (War Zone).
2. Coach pass to F1 the closest attacker.
3. Attacker pass to F2 or shoot.
4. Extra players on the side keep the puck in and pass to the highest attacker.
5. Defender keep the stick in the passing lane and head on a swivel to know where each attacker is.
6. Rotate every 30 seconds.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20140421091403276>

C5 - D400 - 2-1 Battle in Slot – SW

<https://youtu.be/h87Kt6CK2mU>

