

## **G – Goaltending - On and Off-ice Training – YouTube Video**

G - Covering Short Side Post and Passes from Behind - Pro  
<https://youtu.be/yw2OLFFqvxE>

G - Crease Skating - Pro  
<https://youtu.be/vz8FGzL9uS4>

G - Goalie Skating and Warm-up – Pro  
<https://youtu.be/P2vVBsEd6Wg>

G - Rebound Control - RB Pro  
<https://youtu.be/AaLD5LaOPvA>

G - Shot Off Pass - Pass Loose Puck -Shot - Pro  
<https://youtu.be/RICld5TzIMM>

G - Shots from Pass-outs x 2 - Pro  
<https://youtu.be/6sXJ8EqaU1I>

G - Puck Behind Net – Pro  
<https://youtu.be/CfUIE0myv60>

G - 2-0 Walk-out or Pass-out ProW  
<https://youtu.be/OGMGsLD84hQ>

Goalie Skating - College:  
<https://youtu.be/4Skvh5XIBHA>

G - Absorb Shot - Post to Post - Prospects  
<https://youtu.be/Zzbnpr32WC0>

Goalie Circuit One - College:  
<https://youtu.be/TVoY25CtF8Q>

Goalie Circuit Two - College:  
<https://youtu.be/lbKM8oKNZ-c>

Goalie Circuit Three - College:  
<https://youtu.be/y2hO2NHLH-Q>

Goalie Skating One – Pro:  
<https://youtu.be/Pag14IBaZM>

Goalie Skating Two – Pro:  
<https://youtu.be/2zapKXPvGv0>

Goalie Skating and Technique – Pro:  
<https://youtu.be/lgCI2ExwOP4>

G - Goalie Technique - U18:  
<https://youtu.be/qX-bKgI1dZw>

G - Goalie Training - U17:  
<https://youtu.be/5rWdAdw5VcA>

G - B2 - 5 Spot Shooting - College W  
<https://youtu.be/Bf4kA3F21tl>

G - B600 Goalie Pass and 1-0 - U22 W  
<https://youtu.be/Qnkauabbt6M>

G - Swedish Goalie Off-ice Training One – SW  
<https://youtu.be/a55rmtAN0Po>

G - Swedish Goalie Off-ice Technique Two – SW  
<https://youtu.be/va9DoxroYaw>

G - Swedish Goalie Movement Training -SW  
<https://youtu.be/h68a99awSRk>

G - Swedish Goalie Flexibility – SW  
<https://youtu.be/EWzSc0R6CEc>

G - Swedish Core Strength Training  
<https://youtu.be/eIcH1ugE7Bc>

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'The Game is the Greatest Coach'  
'Enjoy the Game'