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TO MR. ENIO SACILOTTO

FROM- WOLFFIE

PAGES -2 including this one

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COMMENTS

THANKYOU FOR GETTING THIS ALL TOGETHER ENIO,

HAVE A GREAT SEASON GUYS, ANY QUESTIONS LET ME KNOW

BOOK-FIGHT YOUR FEAR AND WIN !!

QUOTE-GIVEN THAT "HOCKEY IS LIFE" AND LIFE IS WHERE WE SPEND TIME BETWEEN  
GAMES, THEN TONIGHT WE LIVE AGAIN !!!!

ALL THE BEST !!!

  
BARRY WOLFF

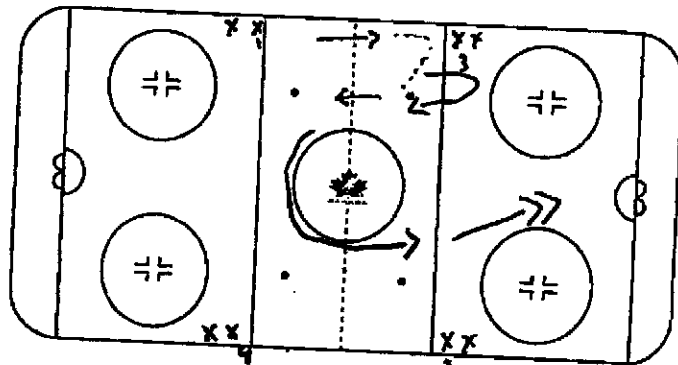


# **HOKEY CANADA** **COACHING PROGRAM** **PROGRAMME DES ENTRAÎNEURS**

TIME/DURÉE DESCRIPTION KEY POINTS /POINTS CLÉS

## **Skill Drill**

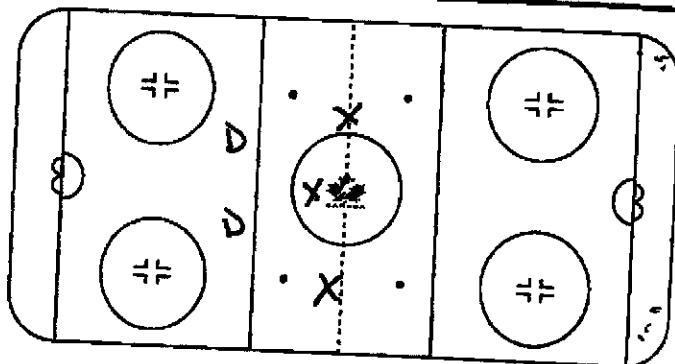
X1 and X2 leave with pucks  
 One touch Pass to X3 and X4 respectively  
 X3 pass Back to X1 as he pivots  
 X1 will pass to line he left From  
 Accelerate around circle GET Pass  
 From X2 line And SHOOT



TIME/DURÉE DESCRIPTION KEY POINTS /POINTS CLÉS

## **Team Play Drill**

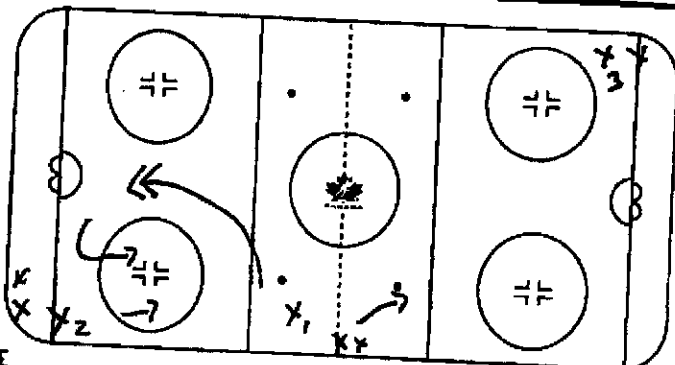
X Dump Puck on Goalie - Goalie Set  
 UP Puck -  
 D - Break out - GO 5-0  
 SCORE - F Go to corner Pass to D  
 SHOT Deflection - F - Go to opposite corner  
 Pass to D - SHOT Deflection  
 G Pass to Fwds - Attack 3 on 2



TIME/DURÉE DESCRIPTION KEY POINTS /POINTS CLÉS

## **Favorite Drill**

X1 leaves with Puck SHOOTs  
 Plays Rebound - then Curls to X2  
 X1 + X2 Go 2-0 Far End  
 - Play Rebound  
 Then Pick up X3 Attack Far  
 end 3-0  
 \* Then Go opposite - WAY - New From X1 line



TIME/DURÉE DESCRIPTION KEY POINTS /POINTS CLÉS

## **Fun Competitive Drill**

Coach With Pucks  
 2-2 you can USE next guy  
 in line as a passer  
 They are stationary  
 Coach dumps puck in middle  
 Go till you SCORE

