

G - 1-1 Deceptive Skate - Agility - Shoot - U20 M

Key Points:

- A Protect puck, change shooting angle and take a shot.
- B Do two cutbacks then skate to slot, change shooting angle and release.
- C - Hard fake, cutback shoot.

Description:

A

1. F1 is chased by F2.toward blue line.
2. F1 fake and tight turn toward net.
3. Push puck in or out to change angle then shoot.

B

1. Skate two cutbacks .
2. Change the shooting angle at obstacle.
- 3.. Shoot
4. Follow shot for rebound.

C

- Skate
- Fake
- Tight turn
- Change the shooting angle
- Shoot
- Follow shot for rebound.

<https://youtu.be/e8JuSQEnFLA>

