

T2 - PP Rugby Breakout and 1-3-1 - U20 M

Key Points:

Four playes come back for Rugby controlled breakout. One player stretches.

Description:

1. Point man skates back for the puck.
2. Bumper, net front swing one way flanks to wide lanes, net front stretch.
3. Attack net to score.
4. Win loose puck battle and set up 1-3-1 or any other PP option.

** Critical that you try to score on the rush and then outnumber defenders in the loose puck battle and then set up your power play.*

T2 - PP Rugby Breakout and 1-3-1 - U20 M

<https://youtu.be/d3h5smkWiFk>

