

DT202 - 3-3 Regroup with Defensive Jokers - C U18 F

Key Points:

Regroup with your D before you can attack. D pass and join rush but must return behind goal line on a loss of possession. Implement modified rules to focus on specific skills.

Description:

1. Move nets up to the top of the circles
2. Each team has two Jokers below their goal line.
3. On a turnover you must pass to a Joker.
4. Joker can carry the puck and pass.
5. Joker join the rush while his team possesses the puck.
6. Joker return below goal line when his team loses the puck.

<https://youtu.be/9M83pdxbcU4>

