

D5 - Keepaway Contest - College - Youth

Key Points:

All 4 Game playing roles are practiced. Have rules like, only forehand passes, only backhand, an escape move before passing, 3 hard strides, one touch, 2 " only, all skate backward, hold the stick with only one hand, saucer passes. 5 or 7 passes = 1 point.

Description:

1. Groups have an area of the rink or else one group at a time has so many seconds to make as many passes as possible.
2. Good activity to warm up with if the goalies are working with a coach.
3. Use rules that include skating, passing skills, puck handling skills such as pivots.
4. Keep score and switch opponents. 1 point for every 5-7 passes.

D5 Keepaway Contest – College M

<https://youtu.be/PEcjwFS9uKM>

D4 - Keepaway and Score - Mike Johnston

https://youtu.be/IB8Da0_C340

D500 - Four Games of Keepaway - U15 G

<https://youtu.be/wLnS0QLNiFQ>

