

## T2 - 5-0 PP Instruction-Walk Through - NZ RG-Rugby BO - U20

### Key Points:

Practice one touch passing in slot set then do two breakouts, Finish with a 1-3-1 power play with one touch passing.

### Description:

1. Start with one touch passing in the slot set formation.
2. Whistle then rotate into 1-3-1 for one shot.
3. Whistle do a neutral zone regroup.
4. Attack in rugby formation 4 across.
5. Run one 1-3-1 power play.
6. Breakout from far end with two stretch players wide.
7. Rugby with 4 across in neutral zone.
8. Run one more 1-3-1 with a shot.

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<https://youtu.be/aY7V0MGSue0>

