

B6 - Big Horseshoe-Washington - Pro

Key Points:

In the big horseshoe players give a target and call for the pass. Time the first pass so you are ready to pass to the player on the boards. Coaches have some pucks to give players if a pass fails. Follow the shot for rebounds. Do about 1.5-2 minutes on each side.

Description:

1. #1 leave for a pass from the other corner.
2. #2 in each corner skate inside for a pass from #3.
3. #2's skate and pass to #1 on the wall.
4. #1 attack the net, shoot and rebound.
5. #2's now skate in an arc saving ice and timing to get a pass from #3.
6. Repeat this flow.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20101120100556746>

<https://youtu.be/6ixnXk1qq6s>

