

T4 - Penalty Kill 1-3 Sweep Rotation - U18 M

Key Points:

Strong side forward F1 sweeps down from point coverage to forcing the attacker on the half wall while denying pass back to point with stick. F1 will stay on offensive D1 if he skates across blueline and sweep if puck goes low again on opposite side.

This is the first part of this penalty kill. F2 will switch with F1 if the puck is passed back to the mid point.

Description:

1. F1 cover point and deny D-D pass.
2. F1 forece F at half boards-stick deny pass to point.
3. F1 stay on D if he skates into the middle.
4. F1 pressure F at hash if puck is passed down.
5. PK rotate into a Low Press when puck is at the hash.

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<https://youtu.be/EmN1Xt973lc>

