

C5-600 - Deceptive Skating and 1-1 - U17 M

Key Points:

F1 use deceptive skating with head, stick and body fakes while the next forward F2 follows him into the corner. Pick up the puck and attack the far end 1-1.. F2 now skate out around the pylon and go for a puck placed by the coach while F3 follow.

Description:

1. F1 skate out around pylon then go for the puck spotted by a coach either side.
2. F2 follow F1 until he skates up ice.
3. D1 skate into zone to close gap and defend 1-1 vs F1.
4. F2 skate around pylon and go for a puck spotted by a coach and F3 follow.
5. D2 either side close gap and defend a 1-1.

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<https://youtu.be/86qFXSRmvP8>

