

E1 Rebound Game - College W

This is a scoring contest that seems to be loved by players of all ages everywhere in the hockey world. I posted this before but without a video.

Key Points:

Make quick shots and one timers and goalie read the play.

Description:

1. Players line up on both side in the slot with one shooter at the top.
2. Play games to 5 between the goalie and shooter.
3. If the goalie freezes the puck or it hits the boards behind or at the side the goalie gets a point.
4. Players get a point by scoring a goal on a shot or rebound. Only one pass is allowed.
5. Shooter stays if he scores and players rotate if there is no goal.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20080723202833407>

E1- Rebound – College W

<https://youtu.be/Fv7aj68wWRw>

E1 Game of Rebound - RB Pro

<https://youtu.be/gEqhL1HjxmA>

