

A200 Puck Dog and Pass Dog - Youth

Key Points:

Encourage the players to use moves and fakes, change of pace and to protect the puck.

Description:

This game has the players line up at the end of the rink in the A2 formation. Each player has a puck. One player (who is 'it') is at the blue line and calls out 'Puck-dog.' The players stickhandle the puck, trying to get to the end without being checked. If a player loses the puck, she becomes 'it' and is in the middle checking. The last player with a puck wins.

Another option is Pass Dog where partners must make at least one pass in each zone and get to the other end without losing the puck.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20080723202832196>

<https://youtu.be/gUoOmOMdSSw>

