

## **B Drills – Unopposed Partner and Team Drills - YouTube Video**

*I have organized them according to where they start on the ice and from Pro to Minor Hockey.*

05-31-25

PDF's of B Drills - diagram, description, video link.

[https://1drv.ms/f/c/bd6fa116988317e9/EukXg5gWoW8ggL0B8AEAAAAB3q9z2ygvLMmgBFUO2\\_2lgg?e=khBLc0](https://1drv.ms/f/c/bd6fa116988317e9/EukXg5gWoW8ggL0B8AEAAAAB3q9z2ygvLMmgBFUO2_2lgg?e=khBLc0)

### **B - Individual Skills Post Practice- Pro**

<https://youtu.be/rjSK55tDVjo>

### **B - Routsalainen Defensemen Skills in Offensive Zone IIHF**

<https://youtu.be/FMOMkkvXz-Q>

### **B - Post Practice Individual Skills 2- Pro**

<https://youtu.be/NhePTZZ3ZtY>

### **B – Skill Warm-up Circuit - Pro**

<https://youtu.be/6t7p-FFuBnA>

### **B – Warm-up Drill Routine – Pro**

<https://youtu.be/0gznRR6e34k>

### **B - Individual Skills Post Practice 1 – Pro**

<https://youtu.be/XF5PKz12n8Y>

### **B - Angle Checking - Finland**

<https://youtu.be/BvJPu2DaxVQ>

### **B Warm-up Circuit F Pass D Shoot Goalie Technique - Czech U20**

<https://youtu.be/tnbmAz0GTNA>

**B - Puck Protection and Escape Moves - Finland**  
<https://youtu.be/M1HUWIUcVM4>

**B Skill Circuit Finnish U17**  
<https://youtu.be/P0nslv0zT6w>

**B2 – From the Point**

**B2 - 2 on 1 Pass in Front of Toes - Pro**  
<https://youtu.be/msMp3ideerE>

**B2 - D Drag to Beat Blocker - Shoot - Pro**  
<https://youtu.be/ErpG0U6j1yw>

**B2 - D One Timer - Agility Skate – Pro**  
<https://youtu.be/lvvPXHOpxm0>

**B2 - D Puck Off Boards - Escape - Shoot x 2 – Pro**  
<https://youtu.be/aA4gCwB2CZo>

**B2 - D Shot Off Draw – Pro**  
<https://youtu.be/ElrKnwwcpzk>

**B2 - D Shot off Draw Down Boards – Pro**  
<https://youtu.be/xKlL3Kl6lsg>

**B2 - D to D to D - Shoot – Pro**  
<https://youtu.be/ZAusiHy6XMg>

**B2 - F One Touch - Agility Skate x 2 – Pro**  
<https://youtu.be/gt7jPrg9owU>

**B2 - Give Go x 2 - One Timer – Pro**  
<https://youtu.be/zB2LLhmVCY>

**B2 - Hard Static Fake - Give and Go - Shoot – Pro**  
<https://youtu.be/sixp2O4JXjQ>

**B2 - Point Shots x 2 – Pro**  
[https://youtu.be/FU-H2\\_K2634](https://youtu.be/FU-H2_K2634)

**B2 - Static Fakes - Give-Go-Give-Shoot – Pro**  
<https://youtu.be/KaWyYGNBVa4>

**B2 Point Shot-Screen, Point to Low then Across – Pro**  
[https://youtu.be/Ylo\\_xsxCsgA](https://youtu.be/Ylo_xsxCsgA)

**B2 - Defense Individual Skill and Partner Drills – Pro**  
<https://youtu.be/SGWDrCi3qss>

**B2 Point Shot-Screen, Point to Low then Across - Pro**  
<https://youtu.be/Bb1kb9Fbj9k>

**B2-B6 - F1-D1-F2 - Point Shot – Pro**  
<https://www.youtube.com/watch?v=0pz8X-r96O8>

**B2 - Drag and Shoot + One Timer – Pro**  
<https://youtu.be/-lWtwlclydg>

**B2 - Skate and One Touch Shot – Pro**  
<https://youtu.be/Kn5tt8-J4kc>

**B2 Defense Shooting Drills- Pro**  
<https://youtu.be/12882p-bQAY>

**B2 - D Shoot and Pass – Pro**  
[https://youtu.be/Gp\\_aZas6qqk](https://youtu.be/Gp_aZas6qqk)

**B2-B6 - F1-D1-F2 - Point Shot – Pro**  
<https://youtu.be/UGfRzD6nyvk>

**B2 - Cross and Drop Shooting-Washington – Pro**

<https://youtu.be/WgeRwkg0348>

**B2 Scoring - RB Pro**

<https://youtu.be/Bb1kb9Fbj9k>

**B2 - Defense Shooting - Pro**

<https://youtu.be/ZtNuRTvddYM>

**B2 - Defense Individual Skill and Partner Drills – Pro**

<https://youtu.be/SGWDrCi3qss>

**B2 One Timers-Pro**

<https://youtu.be/gE6DvvierEE>

**B2 Shooting - Pro**

<https://youtu.be/YyXCYKz5dEQ>

**B2 Formation Point Shots - TPS Pro**

<https://youtu.be/lChnXmqdjns>

**B2 Point Shots and Walk-outs – TPS Pro**

<https://youtu.be/lChnXmqdjns>

**B2 Shooting Defense Rotate High-RB**

[https://youtu.be/jTU6H\\_ulc4A](https://youtu.be/jTU6H_ulc4A)

**B2 Defensemen One Timers - RB Pro**

<https://youtu.be/QMO9ji2SVsg>

**B2 - One Timer Practice – Pro W**

[https://youtu.be/KTk\\_l1Byuyw](https://youtu.be/KTk_l1Byuyw)

**B2 D Point Shots - F B600 Give-Go-Shoot - Russian U20**

[https://youtu.be/SO\\_G8CffB3s](https://youtu.be/SO_G8CffB3s)

**B2 - D Walk Line-Switch D to D One Timer - Russian U20**

<https://youtu.be/YR4GF9NK-Ks>

**B2 - D to D and Pass to Point – Russians U20**

<https://youtu.be/5ly0yhCgdXU>

**B2 - Skate and Shoot vs Backchecker Russian U20**

<https://youtu.be/j7DNzRrS1nM>

**B2 One Timer from Point - Finnish U20**

[https://youtu.be/J\\_NaVa2riUg](https://youtu.be/J_NaVa2riUg)

**B2 Point Shots - Canada U20**

[https://youtu.be/J\\_NaVa2riUg](https://youtu.be/J_NaVa2riUg)

**B2 - Shots from Three Lanes - Swiss U20**

<https://youtu.be/OtDgVckOzwk>

**B2 Protect Puck-walk out-shot U18**

<https://youtu.be/UazKPNRAdVg>

**B2 Pass Behind Shoot in Front U22**

<https://youtu.be/Oaz6LjOrLC8>

**B2 Pass From Behind Shot x 2 U22**

[https://youtu.be/\\_PRli5wcwDw](https://youtu.be/_PRli5wcwDw)

**B2 Pass to Point - Drag and Shoot U22**

<https://youtu.be/d-FC1enwj5o>

**B2 Pass x 3 Shoot U22**

[https://youtu.be/p9ZSZXQ\\_66E](https://youtu.be/p9ZSZXQ_66E)

**B2 Reach Behind-Walk out U22**  
<https://youtu.be/tMxqz6OwpC0>

**B2 - D to D Options x 4 - Point Shots - U17**  
<https://youtu.be/tiW2TVE24Og>

**B2 - D to D Options x 4 - Point Shots - U17**  
<https://youtu.be/uzT91PQAWII>

**B2 - Up-Across-Cross Pass-Shoot – Belfry**  
<https://youtu.be/bapvEtrSgds>

**B2 - Shoot-Pass-X Pass - Belfry**  
<https://youtu.be/PtGcdqQs02c>

**B2 1-0 Pivot Circle-Shoot Kaz W**  
<https://youtu.be/oFXAOhmlTtE>

**B2 Pass-One Time Shot-Kazakhstan W**  
<https://youtu.be/OawfhTfwkz0>

**B2 Alternate Point Shots - Czech Youth**  
<https://youtu.be/K7mqE1wj9sY>

**B2- Shoot-Rebound-Screen-Agility – Sw**  
<https://youtu.be/mgkox6cagvM>

**B2 Shoot-Rebound-Agility Skate-Sw**  
<https://youtu.be/XZkRnVxCaHA>

**B2 - Shoot-Rebound-Agility Skate – Sw**  
<https://youtu.be/jBxlahJlxes>

**B2 - Screen and Tip vs. Defender – Sw**  
[https://youtu.be/K\\_lqUjlegkg](https://youtu.be/K_lqUjlegkg)

**B2 - Quick Shots Skating in Slot x 2 – Sw**

<https://youtu.be/DsEQQpJvFwM>

**B2 - One Timer x 2 – Sw**

<https://youtu.be/r7H0AxljJPU>

**B2 - Defenseman Point Shots x 2 – Sw**

<https://youtu.be/dqBnhOeJK8E>

**B2 - Defense One Timer Shots x 4 – Sw**

<https://youtu.be/EHPwgBrs-HI>

**B2 – Transition Skate and a Shot – U15 B**

<https://youtu.be/uJfXMMQkfNo>

**B2 - Pass x 3 Shoot - U22 W**

<https://youtu.be/jsnNYyZw124>

**B2 - Coach Pass - D Drag-Shoot - Screen - U18 F**

<https://youtu.be/2bbfnp7X0bs>

**B2 - Coach Pass - D1-D2-D1 - Shoot - Screen - U18 M**

<https://youtu.be/tDHq2hA9sAw>

**B2 - Give-Go-Shoot - U18 M**

<https://youtu.be/MAZxs10eFVI>

**B2 - Coach Pass-Shoot While Skating-Screen - U17 M**

<https://youtu.be/9dwotiSBv3I>

**B2 - D Get Puck-Evasive Skating-Shoot - U17 M**

<https://youtu.be/YsLIM06diGk>

**B2-B5 - Pass to Point - Drag-Shoot - U17 M**

[https://youtu.be/P06yJVI-\\_M](https://youtu.be/P06yJVI-_M)

**B2 - Partner One Timers x 4 - U15 G**

<https://youtu.be/31hRTcBPIEE>

**B2 - F - D2 - F Screen - D2 Shoot - D1 Box Out - U15 G**

<https://youtu.be/jyYkXBgQAZg>

**B2 - Transition Skate Shooting - U15 G**

[https://youtu.be/TXjoNn8\\_1TI](https://youtu.be/TXjoNn8_1TI)

**B2 – Point Shots-Scissors-Shot Block-D Miss Checker-Screen – U15 G**

[https://youtu.be/\\_Lwi84s\\_C0k](https://youtu.be/_Lwi84s_C0k)

**B3 – Skills in Various Areas of the Ice**

**B3 - Backhand Pass x 10 - Pro**

[https://youtu.be/\\_RPzz\\_7wKyU](https://youtu.be/_RPzz_7wKyU)

**B3 - Passing from Triple Threat Position - Pro**

<https://youtu.be/fXHHn93ASVc>

**B3 - 3, 1-1 Defense to Offense - Finland**

<https://youtu.be/FfgDIdEk7O0>

**B3 - Passing Warm up - Finland U18 W**

<https://youtu.be/iYpXQqk6dTc>

**B3 Partner Passing - Finnish U20**

<https://youtu.be/SCccNy11weY>

**B3 - Passing Skills Routine - U17**

<https://youtu.be/WlmcxGYPZsE>

**B3 - Passing Skills Routine - U17**

<https://youtu.be/aqUPduaKMBI>

**B3 Passing U22**

<https://youtu.be/jfKKn9oo7cg>

**B3 Stickhandling Through Pucks U22**

<https://youtu.be/Sleu137RdPs>

**B3-D2 Partner Pass - Keepaway - 1-1 Game - U18 F**

<https://youtu.be/0A3SgfHJq-U>

**B3 - 1-2-3-4-5-5-4-3-2-1 Pass and Shoot Warm-up - U18 F**

<https://youtu.be/8NpBFzvB4Os>

**B4 – Players Start Inside Middle Circle**

**B4 One Touch x 3 Shoot Pro**

<https://youtu.be/bowrwxZ5wqQ>

**B4-B6 Breakout 3-0 with Point Shot – Pro**

<https://youtu.be/CwFqJZBhP7w>

**B4-B600 - Breakout Flow - Pro**

<https://youtu.be/ErtRt9IAfvA>

**B4 1-0 Outside-Middle Shots - Czech U17 and Two Pro**

<https://youtu.be/ztlo-Bz3dfc>

**B4 - 2-0 Regroup - Point Shot – Pro**

<https://youtu.be/CpoA1Q5ndCA>

**B4-B6 - Regroup x 4 – 1-0, 2-0 – Pro**

<https://youtu.be/nZY10MzurHM>

**B4-B6 - D Quick up to W – Pro**  
<https://youtu.be/wyATrzsB9gk>

**B4 One Touch x 3 Shoot Prospect**  
<https://youtu.be/gHfXdGYkRdQ>

**B4-B300 - Shoot-Pass-1-0 Prospect**  
<https://youtu.be/WF85wlpABvY>

**B4-B6 Pass and Replace - RB Pro**  
<https://youtu.be/2nXP3uL-GDo>

**B4 and B6 Pass and Replace – RB Pro**  
<https://youtu.be/-V0pTOglOzl>

**B4-B6 Pass and Shoot Flow - Pro W**  
<https://youtu.be/H9N4O8tdrp8>

**B4 - Cross and Drop Sequence – College M**  
[https://youtu.be/HHHs\\_8VNJwY](https://youtu.be/HHHs_8VNJwY)

**B4-B6 Pass and Shoot Pro W**  
<https://youtu.be/lCF2Uflf6ls>

**B4 Circle and Shoot 1 0 x 2 x 2 Czech U20**  
[https://youtu.be/Y4cHI2dl\\_Vs](https://youtu.be/Y4cHI2dl_Vs)

**B4 4 0 BO 2 0 Attack x 2 Czech U20**  
<https://youtu.be/QpprVG4S5cg>

**B4 - One Timer-BO 2-0 Wide Entry - U20**  
<https://youtu.be/-02U7P5G3TY>

**B4 Regroup with Coach Support and Shoot - Finland U20**  
<https://youtu.be/PtGlSmr2dDE>

**B4 - One Timer-BO 2-0 Wide Entry - U20**

[https://youtu.be/IHtwhev\\_KBU](https://youtu.be/IHtwhev_KBU)

**B4 - Pass-Angle-Regroup-Stretch-2-0 -Belfry Add Deception - U18**

<https://youtu.be/Zt6V4veM0aY>

**B4 - 2-0 - Continuous Decision Making Breakout - U22 W**

<https://youtu.be/z0vNVXeLSdo>

**B4 - Pass and Shoot - Russian W**

<https://youtu.be/BWVthBN4G-l>

**B4 - RG-D to W Shot-Point Shot - 2-0 - 3-0 - U17**

[https://youtu.be/b\\_4mKOkG3xs](https://youtu.be/b_4mKOkG3xs)

**B4 - RG-D to W Shot-Point Shot - 2-0 - 3-0 - U17**

<https://youtu.be/23fX6HI253g>

**B4 - D-D - 3-0 x 2 - Point Shot - U17 M**

<https://youtu.be/EI8pQ8yx9el>

**B4-B6 - 2 F-1D - Skate Circle - F1-F2 Shoot - D Point Shot - U17 M**

<https://youtu.be/AXZ3db8KRLY>

**B4-B6 - 2 F-2D - Skate Circle - F1-F2 Shoot - D Point Shot - U17 M**

<https://youtu.be/-tysGBhX1as>

**B4-B6 - D-F x 3 - D Pass Wide-3-0-Pt Shot x 2 - U20 M**

<https://youtu.be/wAf52kTUqTE>

**B4-B6 - Quick Up x 2 - Point Shot - U18 M**

[https://youtu.be/\\_AdfPbDyUH0](https://youtu.be/_AdfPbDyUH0)

**B4-B6 - RG - 3-0 - 2F-1D - U17**  
<https://youtu.be/HmE06dgWj7Q>

**B4-B600 BO Routine x 3 x 2 U17**  
<https://youtu.be/ca4U-L4UZG8>

**B4 Regroup and 1-0, 2-0 x 2 - U17 B**  
<https://youtu.be/bHMD65g1VXg>

**B4-B600 - BO 2-0-Point Shot x 2 - Sw F**  
<https://youtu.be/t-RCQG6PIlg>

**B4 - Figure 8 Passing - 1 then 2 Touch - College W**  
[https://youtu.be/xjgR\\_LMzpCQ](https://youtu.be/xjgR_LMzpCQ)

**B4-B600 - RG 1-0 x 2 x 2 - C U18F**  
<https://youtu.be/n5DrI5j8WF0>

**B4 - 2-0 Skate Inside Pass Outside - U18 F**  
<https://youtu.be/NNCh4LhuDJ8>

**B4 - Double Cross-Drop-Pass-Shoot Options - College M**  
[https://youtu.be/HHHs\\_8VNjwY](https://youtu.be/HHHs_8VNjwY) College Men

**B4 Double Cross and Drop - HC Dukla U20**  
[https://youtu.be/ft-T\\_KMohkl](https://youtu.be/ft-T_KMohkl)

**B4 - 2-0 Shoot to Wide Pad - Add Backcheck – Sw**  
[https://youtu.be/\\_Ju58ePWpZM](https://youtu.be/_Ju58ePWpZM)

**B4 - 1-0 Shoot off a Pass - Add Backchecker – Sw**  
[https://youtu.be/ybvTVWm\\_ngo](https://youtu.be/ybvTVWm_ngo)

**B4 - Shoot While Skating – Sw**  
<https://youtu.be/SIN2-xJ8Qdw>

**B4- Multiple One Touch Passes and Shot - U15 G**

<https://youtu.be/8X76k85n3VA>

**B4-B600 - NZ Pass x 2-Delay-Shoot- D Shoot – U15 G 2**

<https://youtu.be/RJTqEa0icxs>

**B5 – Drills at One End of the Ice**

**B5 - Breakout x 2 Regroup - 3 Shots - Pro**

<https://youtu.be/a4eOOi6STrk>

**B5 Angling in the Wide Lane - Pro**

<https://youtu.be/nMldocn6eVo>

**B5-B6 On Touch x 2 - Shot - Point Shot - Pro**

<https://youtu.be/KxsTtBfgC5k>

**B5 - Neutral zone Angling - Pro**

<https://youtu.be/jWNMfHmyabk>

**B5 - Regroup 3-0 - Middle Drive – Pro**

[https://youtu.be/NmiJcszAE\\_I](https://youtu.be/NmiJcszAE_I)

**B5 Defensive Deflect-Steer-Angling - RB Pro**

<https://youtu.be/a-klN7pjspk>

**B5 - Angling Prospect**

<https://youtu.be/2-ADYtmKs6E>

**B5 D Tight Turn and Pass - Pro W**

<https://youtu.be/qEVRw4vALSg>

**B5 One Timers - Pro W**

<https://youtu.be/ZrYxIXxQEtM>

**B5-B6, 1-1 Pro W**

[https://youtu.be/\\_jB5dJL\\_6CY](https://youtu.be/_jB5dJL_6CY)

**B5-B600 Pass to Wall - 1-0 Point Shot x 2 - Pro W**

<https://youtu.be/nK8y8WclELs>

**B5 Breakout 4-0 x 2 Race to Score - Pro W**

<https://youtu.be/CVgRZk653yA>

**B5 - Lateral Slide - Tail Tag - C U18F**

<https://youtu.be/c9nCIDbhsMk>

<https://youtu.be/yEN9mXBglPw>

**B5 Attack 2-0 Shoot - Cycle - Pass - Shoot Finnish U20**

<https://youtu.be/23uLeJgrl4E>

**B5 One Timer 5 Spots Czech U20**

<https://youtu.be/Gulk1WEaWdk>

**B5 - Breakout Reps - Czech U20**

<https://youtu.be/-SvkPcX-6-M>

**B5 Double Cross and Drop - HC Dukla U20**

[https://youtu.be/ft-T\\_KMohkl](https://youtu.be/ft-T_KMohkl)

**B5 Warm up - U18 M**

[https://youtu.be/syd\\_C7H27Ps](https://youtu.be/syd_C7H27Ps)

**B5 3-0 Breakout-Shoot Cycle F or D Shot-Finnish U17**

<https://youtu.be/kRwJiljSFLE>

**B5 Regroup Options and Shots Finnish U17**

<https://youtu.be/a5vzAWDfw6c>

**B5 - D to D Hinges - U17**

<https://youtu.be/JNPLibZNWh0>

**B5 - Shot Block x 3 - U17 and Sweden**

[https://youtu.be/X\\_YtSSYVVDg](https://youtu.be/X_YtSSYVVDg)

**B5 - Rim-Shoot - Point Shot - U17**

<https://youtu.be/hjykvqmeTGA>

**B5 D Pass-Dump-5-0 Breakout Kaz**

<https://youtu.be/8HuRupM-JA4>

**B5 Breakout 5-0 Attack 3-2 - Kazakhstan W**

<https://youtu.be/em9gQD45WQQ>

**B5 3-0 Breakout-Regroup-3-0 Attack-Kaz W**

<https://youtu.be/inlw4Serdo0>

**B5 5-0 Breakout Options - U18 F**

[https://youtu.be/wyF\\_w3ygnsM](https://youtu.be/wyF_w3ygnsM)

**B5 - Three Lane Shots and B - Shots From 3 Lines - with a Give and Go U18 F**

<https://youtu.be/GnKecNAdoZo>

**B5 Shooting Czech Youth**

<https://youtu.be/WjW1BwtKc5k>

**B5 Shooting on 4 Nets - Czech Youth**

<https://youtu.be/vmrXpAcLOac>

**B5 - Scoring On Rebounds – Sw**

<https://youtu.be/m2VVNdW8QJY>

**B5 - 2-0 Shoot to Far Pad – Sw**  
<https://youtu.be/5MZdq7Mqht8>

**B5-B600 - Quick ups x 2 - Latvia U20**  
<https://youtu.be/ehxlG-BBgos>

**B5 - Breakout-D Discourage -1-0 x 2 – Belfry**  
<https://youtu.be/u27KAbysgS4>

**B5 - D Alternating Point Shots - Russian U20**  
<https://youtu.be/-VekY1yZYh0>

### **Defenseman Skills**

**B5 - Defense Skills - Wheel Breakout x 4 – Sw**  
<https://youtu.be/sYQ4qMPYyXo>

**B5 - Defense Skills - Quick Up to Wing – Sw**  
[https://youtu.be/A\\_wkgJgPkpY](https://youtu.be/A_wkgJgPkpY)

**B5 - Defense Skills - Over D to D – Sw**  
<https://youtu.be/zCLQLfM41Aw>

**B5 - Defense Skills - Go with Tight Turn – Sw**  
<https://youtu.be/TBdmjCb0flg>

**B5 - Defense Skills - D to D Reverse x 4 – Sw**  
<https://youtu.be/Xx6e4-a5jSo>

**B5 - Breakout Pass to Wing – Sw**  
<https://youtu.be/R8YWhe1LGTc>

**B5 - D to D Breakout Pro W**  
[https://youtu.be/FE0m\\_eQTEhY](https://youtu.be/FE0m_eQTEhY)

**B5 - Monkey in Middle - U15 Girls**  
<https://youtu.be/PZCXJ2mFpws>

**B5 - Machine Gun x 2 - U15 G**  
<https://youtu.be/S9FG2uckOkY>

**B6 – Drills that Start from the Corner**

**B6 - Take Rim - Shot Pass - Pro**  
<https://youtu.be/7OfJYj8zpNk>

**B6 1-0, 2-0 Pass and Shoot - Pro**  
<https://youtu.be/bE9UrQNfQ8>

**B6 3-0 Weave - Regroup - Attack - Pro**  
<https://youtu.be/tjcdjroz3L4>

**B6 3-0-Middle Drive Options - Pro**  
<https://youtu.be/6Rgi1yo2dAg>

**B6 Cross and Drop Warm up - RB Pro**  
<https://youtu.be/J6xl8NE5SZI>

**B6 High-Low-Shot then Agility-Shot - Prospects**  
<https://youtu.be/4gXbWsbKCno>

**B6 Shooting from 3 Lanes - Pro**  
[https://youtu.be/9bf\\_nXAKXE](https://youtu.be/9bf_nXAKXE)

**B6-600 Breakout 2F and 1D Rush 3-1 – Pro**  
[https://youtu.be/PCFVF\\_j1Uto](https://youtu.be/PCFVF_j1Uto)

**B6 - 2 Shots 2 Passes x 2 - Pro**  
<https://youtu.be/0SVB0G4mdIY>

**B6 - 2-0 - Pro**

[https://youtu.be/8qvMpcR\\_yU](https://youtu.be/8qvMpcR_yU)

**B6 - 2-0 Inside Out Pass of the Pads - RB Pro**

<https://youtu.be/wesGDF2jTZs>

**B6 - 2-0 Touch Back – Pro**

[https://youtu.be/5ndS8cB\\_E3w](https://youtu.be/5ndS8cB_E3w)

**B6 - 2-0 Wide Passes – Pro**

<https://youtu.be/awkH7hF7YEK>

**B6 - 2-0 Wide Pass and Shot – Prospects**

<https://youtu.be/QE3UE-65zpw>

**B6 - 2-1 Defensive Slide - Point Shot Prospect**

<https://youtu.be/YjflUG7apU>

**B6 - 3 Lane Shots - Long Pass Back – Pro**

<https://youtu.be/s4DoCi76hng>

**B6 - 3 Lane Shots - Pro**

<https://youtu.be/pc689Y6l5ng>

**B6 - 3 One Touch Pass 1 Skate Backward - Pro**

<https://youtu.be/LsJkdmcyb-4>

**B6 - 3-0 Weave-RG With Coach-Shoot - Goalie WU Far End – Pro**

<https://youtu.be/B8W3s58cCcw>

**B6 - BO Options - F Shot-D Shot - Pro**

<https://youtu.be/kLGsecTnz7g>

**B6 - F and D Agility-BO-Point Shot x 2 – Pro**

<https://youtu.be/1sOS5lkF4wk>

**B6 - Horseshoe with Stretch Pass - Pro**

<https://youtu.be/tQ9zjI5NZHo>

**B6 - One Touch Passing - Pro**

<https://youtu.be/zlsCHKvNR3s>

**B6 - 2-0 - Stretch F2 Join Next Attack - Pro**

<https://youtu.be/2NcayT3y7HM>

**B6 - Three Lane Shots - Around Circle - Pro**

<https://youtu.be/8M7Wq-0DxUA>

**B6 - 2-0 x 2 Timing Around Circles – Pro**

<https://youtu.be/mzh1VYouD74>

**B6 3-0 - One Touch Regroup - 3 Shots – Pro**

[https://youtu.be/vJEEEx8nuh\\_A](https://youtu.be/vJEEEx8nuh_A)

**B6 3-0 - One Touch Regroup - 3 Shots and High Cycle – Pro**

<https://youtu.be/sBuOa9j475M>

**B6 - Pass and Shoot x 2 - Wrap Around - Pro**

<https://youtu.be/rx37F9BwAdg>

**B6 - Point Shot-RG-Shot-PS - Pro**

<https://youtu.be/e-abYDo50qs>

**B6 - Shot 1-0, 2-0 to 3-0 – Pro**

<https://youtu.be/45ZT3KqXxxE>

**B6 - Shot x 3 Passes x 3 - Pro**

<https://youtu.be/iqwhPz1nzAE>

**B6 – Wide and Middle x 2 – Pro**

<https://youtu.be/JiZuGGyjVE>

**B6 1-0 and 2-0 Shooting Warm up - RB Pro**

<https://youtu.be/C59gBkh0MUU>

**B6 1-0 Pass to Middle x 2- Pro**

[https://youtu.be/rmUAk3wM\\_BM](https://youtu.be/rmUAk3wM_BM)

**B6 - 1-0 x 2**

<https://youtu.be/BxCFrpZFT7A>

**B6 2-0 Disguised Skate - Pro**

<https://youtu.be/-ZGrVCikrok>

**B6 2-0 - Pro**

[https://youtu.be/1\\_3xabkrfa0](https://youtu.be/1_3xabkrfa0)

**B6 2-0 Regroup - Attack - Prospects**

<https://youtu.be/nPgSXvBOVug>

**B6 2-0 Wide Pass and Shot-Pro**

<https://youtu.be/WqbJJgLqxvY>

**B6 3-0 Attack Options - Pro**

<https://youtu.be/2X0zh5gTh6g>

**B6 3-0 Middle Drive Options - Prospects**

<https://youtu.be/nBjuKe-bPQ0>

**B6 3-0 Regroup Weave Warm-up - Pro**

<https://youtu.be/4hEcjRjHqLA>

**B6 3-0 Rush and Entry - Pro**

<https://youtu.be/hwl2dOEKMYI>

**B6 Big Horseshoe 1-0- Pro**  
<https://youtu.be/QVnk5ZFavhE>

**B6 BO x 2 Point Shot - Pro**  
<https://youtu.be/GzYJL95y8pE>

**B6 Breakout 1-0 Point Shot - Pro**  
[https://youtu.be/TAw38rIZj\\_I](https://youtu.be/TAw38rIZj_I)

**B6 Breakout 3-0 Point Shot Pro**  
[https://youtu.be/eF4ObRh\\_EbM](https://youtu.be/eF4ObRh_EbM)

**B6 Breakout 3-0 Point Shot x 2 – Pro**  
<https://youtu.be/MQX5bnRXIAo>

**B6 Breakout x 2 Point Shot – Pro**  
<https://youtu.be/BLVcTM6dSDA>

**B6 Chaos NZ Overspeed with Regroup-Pro**  
<https://youtu.be/LEqz1lvw6X0>

**B6 High Cycle - Screen - Slot Shot – Pro**  
<https://youtu.be/Is0z3w5XBvc>

**B6 One Timers-Pro**  
<https://youtu.be/DGvPc3vzyds>

**B6 One Touch x 3 Shoot-Rebound-Screen - RB Pro**  
<https://youtu.be/968GxF8HMmg>

**B6 Puck Handling and Cross-over Skating - RB Pro**  
<https://youtu.be/VHlpGah9Sy8>

**B6 Regroup-Breakout-2-0 x 2 – Pro**  
<https://youtu.be/lcbw6aL-cal>

**B6 sequence 1-0 2-0 Pro**

<https://youtu.be/lqeCF4t6irE>

**B6 Wide and Middle 2-0 x 2 Pro**

<https://youtu.be/OXgZwoxeEqs>

**B6 Wide and Middle 2-0 x 2 Pro**

<https://youtu.be/SwEmVFqx9nU>

**B6, 1-1 to 2-2, 2-1 to 3-3, 2-2 to 4-4 - RB Pro**

<https://youtu.be/hXGDa3YHUho>

**B6 - Screen and Tip – Pro**

<https://youtu.be/WbGOt9Ysh-k>

**B6 3-0,4-0 Pass-Regroup-Shoot-Pro**

<https://youtu.be/vN3gzdRj12k>

**B6 Big Horseshoe-Pro**

<https://youtu.be/6ixnXk1qq6s>

**B6 - 3-0 Middle Drive - 5-0 RG Sequence – Pro**

<https://youtu.be/aecP7-WSLPI>

**B6 Big Horseshoe 2 – Pro**

<https://youtu.be/0n8wRjyeEVo>

**B6 - 1 High 1 Low Shooting x 2 – Pro**

<https://youtu.be/hzhm55hiiBw>

**B6 – 2-0 Regroup 3-0 Middle Lane Drive – Pro**

[https://youtu.be/g\\_KbJa3a6LM](https://youtu.be/g_KbJa3a6LM)

**B6 - Puck Protection Skills – Finland Pro**

<https://youtu.be/lvv8J3nMgGI>

**B6 - Shots Wide and Middle-Washington – Pro**

[https://youtu.be/n2Yk\\_ffrxDI](https://youtu.be/n2Yk_ffrxDI)

**B6 - One Touch x 3 Shoot-Rebound-Screen - RB Pro**

<https://youtu.be/JqLOzj6MFsE>

**B6 - 1-0, 2-0 Shooting - RB Pro**

<https://youtu.be/C59gBkh0MUU>

**B6 - Cross Pass-Cross Drop-Shoot - RB Pro**

<https://youtu.be/J6xl8NE5SZI>

**B6 Regroup 1-0 Point Shot - Pro W**

[https://youtu.be/1dbbT\\_fUkzE](https://youtu.be/1dbbT_fUkzE)

**B6 Shot-Shot-Regroup - Shot - Pro W**

<https://youtu.be/uG1cZTCKPbY>

**B6 - Timing Around Circles - College W**

<https://youtu.be/ckOiQ9QI72E>

**B6 - Drag and Shoot - Pro W**

<https://youtu.be/nL1SPmZYU0>

**B6 2-0 x 2-Stretch-2-0 Pro W**

<https://youtu.be/6BjOXEqzTRA>

**B6 Drag and Shoot 3 - Pro W**

<https://youtu.be/gAQyk201pik>

**B6 – Small Horseshoe – University M**

<https://youtu.be/VgW3XTM1JXQ>

**B6 1-0, 2-0, 3-0 Small Horseshoe - College Men**

<https://youtu.be/0JX9J5VleQc>

**B6 - Carolina 2-0, 3-0 Weave – College M**

<https://youtu.be/rTaNDctDKtc>

**B6 - Five Shots x 2 – College M**

<https://youtu.be/QC7hvuGCowl>

**B6 - 3-0 Pass-2F-1D Shoot – College M**

<https://youtu.be/PcxX6YNugX8>

**B6 1-0, 2-0, 3-0 Small Horseshoe – MRU**

<https://youtu.be/VgW3XTM1JXQ>

**B6 - Breakout-Attack-F Cycle up and Drop to D – Finland U20**

<https://youtu.be/1fe-pOFBfxc>

**B6 - 2-0 Chip Out-Chip In -Shoot - Czech U20**

<https://youtu.be/kND2rXOgGjU>

**B6 5 0 BO Attack Cycle Point Shot Czech U20**

<https://youtu.be/OKWELinR1Ek>

**B6 - 2-0 Wide and Middle Lane x 2 - Czech U20**

<https://youtu.be/o5MghsfpnAQ>

**B6 - One Touch High Cycle 2-0 - Czech U20**

<https://youtu.be/oOzozduCa6w>

**B6 2-0 Middle Drive - Czech U20**

<https://youtu.be/gFIQBPOLUt0>

**B6 Jursi 2-0 with Regroup - U20**

<https://youtu.be/maYtXZL22Bg>

**B6 High Low Shooting with Pass - U20**

[https://youtu.be/XnLYkYF\\_-hQ](https://youtu.be/XnLYkYF_-hQ)

**B6 Jursi 2-0 with Regroup - U20**

<https://youtu.be/oOVVgQ2ZXbM>

**B6 - 3 Lane Shots x 2 - U18**

<https://youtu.be/tC1l8W0iGgl>

**B6 Big horseshoe U18**

<https://youtu.be/mdMZFyi6GqY>

**B6 3-0 Middle Drive - U18**

<https://youtu.be/1bREtYey8To>

**B6 - 2-0 - 3-0 Weave with Pass - C U18**

<https://youtu.be/16-a5lxjxAU>

**B6 - 2-0 x 2 - Skate Inside Dots-Cross Behind - U18 M**

<https://youtu.be/C7kM7hYTzAE>

**B6 - 2-0 x 2 - Pass Wide-Pick D-Take Puck to Middle - U18 M**

<https://youtu.be/qBhu-bhTfM0>

**B6 - 2-0 - 3-0 Carolina Pass to Middle - U20 M**

<https://youtu.be/H-wfCYh3aOA>

**B6 - 3-0 Pass-2F-1D Shoot – College M**

<https://youtu.be/PcxX6YNugX8>

**B6 1-0, 2-0, 3-0 Small Horseshoe – MRU**

<https://youtu.be/VgW3XTM1JXQ>

**B6 - Fake-Get Puck-Tight Turn-Shoot - U17**

<https://youtu.be/syG6KdmKgVo>

**B6 - Jursi 2-0 Skate and Pass x 2 - No Shot - U17**

<https://youtu.be/sEor-Dfk5yo>

**B6 3-0 Weave-Regroup at Far End – U17**

<https://youtu.be/ltwsFCb-bkg>

**B6 - 2-0 Pass - Regroup Back - College W**

<https://youtu.be/DoF7PMaMiRo>

**B6 - 3 Pass - 3 Agility - 3 Shots x 2 - College W**

<https://youtu.be/Q4M4K-q7mGs>

**B6 - S Passing x 2 - College W**

<https://youtu.be/eMmeG5mmHr0>

**B6 - Point Shots - College W**

<https://youtu.be/u4Dk45WNMfs>

**B6 - 3 Shots 3 Lanes U18 W**

<https://youtu.be/tTthomKaj0M>

**B6 3 Shots 3 Lanes - U18 W**

<https://youtu.be/P3sze6ddDW8>

**B6 3-0 Regroup 3-1 Kaz**

[https://youtu.be/e8pP3\\_EU0fl](https://youtu.be/e8pP3_EU0fl)

**B6 Jursi Skate and Pass – U18 F**

<https://youtu.be/gSWhWvXq2bc>

**B6 - Small Horseshoe - U18 F**  
<https://youtu.be/SDCuSWSSuDE>

**B6 Jursi Skate-Pass-Shoot – U18 F**  
[https://youtu.be/P\\_gx6-rJeOA](https://youtu.be/P_gx6-rJeOA)

**B6 Jursi Skate and Pass - U18 F**  
<https://youtu.be/9CYHXzW6zFs>

**B6 One Touch x 3 and Shoot - U18 F**  
<https://youtu.be/JqTaj-OSLqc>

**B6 Puck Handling Eights - U18 F**  
<https://youtu.be/FswE-MMIaUc>

**B6 Swedish Puck Exchange - U18 F**  
<https://youtu.be/KF9mkO0TbVo>

**B6 - 2 Passes x 2 Timing and Shots - U18 F**  
<https://youtu.be/WmpASHh7uL4>

**B6 - Pass-Pivot x 2-Pass x 2 -2-0 – Belfry**  
<https://youtu.be/-w41eT0M56g>

**B6 Pass and Replace x 3 – Youth**  
<https://youtu.be/CrrVLv9uch4>

**B6 One Touch Passes and Shoot - Skill Class**  
<https://youtu.be/TtCD6uKzTGI>

**B6 - Point Shot with a Screen – Sw**  
<https://youtu.be/HS3sEbuwF5c>

**B6 - 1-0 Walk Out and Shoot – Sw**  
<https://youtu.be/kyOO61Vhdc0>

**B6 - 2-0 x 2 Cross Pass x 2 - U15 G**

<https://youtu.be/HgKu9CvLmzM>

**B6 - Machine Gun - 2 Pass x 2-Shot - U15 G**

[https://youtu.be/kjvc\\_kuhYsY](https://youtu.be/kjvc_kuhYsY)

**B6 - 2-0 Skate Between Dots - Pass Wide - U15 G**

[https://youtu.be/jlQR9oG\\_Zp0](https://youtu.be/jlQR9oG_Zp0)

**B6 - Timing Around Circles – Dizzy - U15 G**

<https://youtu.be/RtqhBBc0xil>

**B6 - Jursinov Continuous 2-0 x 2-Shot - U15 G**

[https://youtu.be/xiq\\_E0hvTsk](https://youtu.be/xiq_E0hvTsk)

**B6 - Small Horseshoe - U15 G 2**

<https://youtu.be/3rvPl0BXEY4>

**B6 - Pass-Agility-Zig-Shoot x 2 - U15 G**

<https://youtu.be/04Rz3o5fYfY>

**B6 - Small Horseshoe - One Hand Reception - U15 G**

<https://youtu.be/XslarF2gLsc>

**B6 - 2-0 x 2 Cross Pass x 2 - U15 G**

<https://youtu.be/HgKu9CvLmzM>

**B6 - Double Zig zag - U15 G**

<https://youtu.be/DGzvB-HRt1s>

**B6 - Dizzy Two Circles - Shoot - U15 G**

<https://youtu.be/XgY8ocFMgXQ>

**B6 - Machine Gun - 2 Pass x 2-Shot - U15 G**

[https://youtu.be/kjvc\\_kuhYsY](https://youtu.be/kjvc_kuhYsY)

**B6 - Carolina 2-0, 3-0 Weave – College M**

<https://youtu.be/rTaNDctDKtc>

**B6-B600 – 2-0 Cross and Drop – Random Multiple Passes – Pro**

<https://youtu.be/-nuMrHlMdfY>

**B6-600 - Breakout 2 F Shoot - D Point Shot – College M**

[https://youtu.be/\\_x8QjfCydsW](https://youtu.be/_x8QjfCydsW)

**B6-B600 - One Touch 2-0 and Shot Routine - Czech U20**

<https://youtu.be/rflzA9EUZBg>

**B6 B600 One Touch 2 0 and Shot Routine Czech U20 2**

<https://youtu.be/MWlYsBjSUlc>

**B6 B600 One Touch 2 0 and Shot Routine Czech U20 3**

<https://youtu.be/7XYZE7BGDDA>

**B8 - Regroup x 3 and 5 Shots - U18 F**

<https://youtu.be/4p8lKvtGTL8>

## **B7 Faceoffs**

**B7 Faceoffs – Pro**

<https://youtu.be/A4E7JV-Sw6c>

**B7 Face off Practice - RB Pro**

<https://youtu.be/7e04xrNv-OU>

## **B200 Drills in Neutral Zone**

**B200 - 3 Touch Cross Pass - Shoot - Pro**

<https://youtu.be/33lOfnfDFfg>

**B200 - 3 Touch Shoot - Pro**

<https://youtu.be/E93zpjjfwjs>

**B200 Figure Eight Face Puck Passing - Pro**

<https://youtu.be/k8yY7QTs1nQ>

**B200 1-0, 2-0 Nzone Transition Drill - RB Pro**

<https://youtu.be/W5aDGTERTGM>

**B200 - Regroup 5-0 Middle Drive – Pro**

<https://youtu.be/HSScG-jBmio>

**A200 Puck Handling - U15 G**

<https://youtu.be/J6V77ljgEKo>

**B200 - Overspeed with Pass and Shot - U15 G**

<https://youtu.be/3enXSAXsqL4>

**B202 – Players Face Each Other Across the Neutral Zone**

**B202 - 3 on 0 Neutral Zone Passes - Pro**

<https://youtu.be/kplryc911K8>

**B202 - Regroup 1-0, 2-0 Pass Options - Pro**

<https://youtu.be/JUKX55yFC4E>

**B202 - RG-Hinge-Stretch Pass - Pro**

<https://youtu.be/fyCabWMoEyY>

**B202 - RG-Hinge-Stretch Pass-One Touch - Pro**

<https://youtu.be/1TGqSYte0FE>

**B202 – Shoot –Breakout - Pass Wide - Shoot x 2 – Pro**

[https://youtu.be/5\\_BzFxaYxpk](https://youtu.be/5_BzFxaYxpk)

**B202 1-0, 2-0 With Chip - Pro**  
[https://youtu.be/D64p7-P\\_nol](https://youtu.be/D64p7-P_nol)

**B202 Low-Wide-Middle and Low-Middle-Wide - Pro**  
<https://youtu.be/GdSublHp9ll>

**B202 Warm-up - Finland Pro**  
<https://youtu.be/MVKsde9fFl4>

**B202 - Puck Handling and Shooting - RB Pro**  
<https://youtu.be/OYSPWZaW4RM>

**B202 Skating for Quickness - RB Pro**  
<https://youtu.be/UxUa0kkRoTE>

**B202 Breakout Pass and Shooting Warm up - RB Pro**  
<https://youtu.be/fypRLGZzKUK>

**B202 Nzone Regroup 1-0 and 2-0 – RB Pro**  
[https://youtu.be/ZKfF\\_62\\_huo](https://youtu.be/ZKfF_62_huo)

**B202 Passing and Shooting Warm up - RB Pro**  
<https://youtu.be/fypRLGZzKUK>

**B202 Nzone Regroup 1-0 and 2-0 – RB Pro**  
[https://youtu.be/ZKfF\\_62\\_huo](https://youtu.be/ZKfF_62_huo)

**B202 Passing and Shooting Warm up - RB Pro**  
<https://youtu.be/wehY0MqlTIM>

**B202 3-0 Passing and Attack - RB Pro**  
<https://youtu.be/OPa2OHqQGkc>

**B202 - 4 x 2 Chaos Overspeed – College M**  
<https://youtu.be/fEGcEqZUQAE>

**B202 - Nzone Regroup 1-0 - Czech U20**  
<https://youtu.be/LHzxpbAdB6k>

**B202 - Circle and Shoot 1-0 x 2 x 2 - Czech U20**  
<https://youtu.be/x43wkh9cxpg>

**B202 - Passing in 4 Groups - Czech U20**  
<https://youtu.be/C9KYthXMhc4>

**B202 One Touch x 2 Czech U20**  
[https://youtu.be/m\\_2\\_hwaE3Wc](https://youtu.be/m_2_hwaE3Wc)

**B202 One Touch Pass 4 Groups Czech U20**  
[https://youtu.be/yNYdL-wi\\_4A](https://youtu.be/yNYdL-wi_4A)

**B202 One Touch 2-0 Sweden U20 A**  
<https://youtu.be/jMrxSM8bSG4>

**B202 One Touch 2-0 Sweden U20 B**  
<https://youtu.be/FmNRjU4bM9Y>

**B202 One Touch x 2 Outlet Pass Shoot-Sweden U20**  
<https://youtu.be/WwEB9j0pgkw>

**B202 Pass and Shoot Options-Sweden U20**  
[https://youtu.be/n7\\_zZx8WorM](https://youtu.be/n7_zZx8WorM)

**B202 Passing options - Sweden U20**  
<https://youtu.be/PdF8NhLzn7g>

**B202 - Luhowy 4 Line Passing - U18**  
<https://youtu.be/ThWhA72Y9eY>

**B202 - Stick Tug a war - U18**  
<https://youtu.be/C-5vk8gvH3k>

**B202 - Across and Middle x 2 - U17**  
<https://youtu.be/GQRvdfg0pKs>

**B202 - Luhowy Passing - U17**  
<https://youtu.be/lLJlp747ZN4>

**B202 - Pass Forward and Backward - U17**  
<https://youtu.be/E95yINhEr60>

**B202 - Regroup Progression 1-0 - 2-0 - U17**  
<https://youtu.be/HqSl4lvf5vQ>

**B202 – Regroup Options x 2 - Shot - U17**  
<https://youtu.be/5LJt8Dsprl8>

**B202 - Chaos Passing - Kazakhstan Women**  
<https://youtu.be/2SBg4n4xXul>

**B202 - Passing Sequence - Luhowy - College W**  
<https://youtu.be/Kcck79Q5-ac>

**B202 Pass to All Players - U18 F**  
<https://youtu.be/twIBPPTGe2Q>

**B202 Passing Overspeed - U18 F**  
<https://youtu.be/XMUeqfmfH7Y>

**B202 - Chaos and Goalie Warm-up - C U18 F**  
<https://youtu.be/I9OmgC2cFL0>

**B202 - F1 Angle Coach-F2-D-F2-F3-Back F2-2-0 - D Pt Shot - U20 M**  
<https://youtu.be/EDfVoZdRiVY>

**B202 - 2-2 - 3-3 Keepaway-Jokers Front to Line - U18 M**  
<https://youtu.be/36gd89nHUgM>

**B202 - Pass-Pass-Middle Lane Entry-Read D - C U18 F**  
<https://youtu.be/Hv8li9WCX1I>

**B202 - 2-0 - Pass Middle-Wide-Middle-Shot - U18 F**  
<https://youtu.be/fVU0xMCHEpA>

**B202 - 2-0 – Pass Wide-Shoot - C U18 F**  
<https://youtu.be/RSn1ulvvEb4>

**B202 - 2-0 – Cross and Skate Between Dots - C U18 F**  
<https://youtu.be/tEKakovSlhE>

**B202 - Pass-Pass-Wide Entry-Read D - C U18 F**  
<https://youtu.be/gJ8UJiYj9sc>

### **B300 – Station Training**

**B300 - One Touch Monkey in Middle - Pro**  
<https://youtu.be/kLc96FjaAnA>

**B300 Pass x 3 Tight turn Shoot - Pro**  
<https://youtu.be/tLMKtJGrUbM>

**B300 Shoot from Pass Below Goal Line x 2 - Pro**  
<https://youtu.be/718rwSaR-Lk>

**B300 Tight Turn 8 Pass Shoot - Pro**  
<https://youtu.be/TJXMw-1vKHg>

**B300 - Pass - Figure 8 - Pass – Pro**

<https://youtu.be/qT5h4QkMk34>

**B500 - Square 1 Touch Passing – Pro**

<https://youtu.be/BSN2s9rIRto>

**B300 One Touch Monkey in the Middle - Finnish U20**

<https://youtu.be/SAHC6mQsLpw>

**B300 Optional Practice Skills – Finnish U20**

<https://youtu.be/U80uRGKRobQ>

**B300 - Monkey in Middle - C U18 F**

<https://youtu.be/b2SJa1ATwMI>

<https://youtu.be/AdQiBHbS2l8>

**B300 - Passing 2-3 Players - Russian U20**

<https://youtu.be/cn9jZ-0Bwok>

**B300 - Passing 2-3 Players and Shot - Russian U20**

<https://youtu.be/klxPgznUF0U>

**B300 Monkey in the Middle vs 1 and 2 - Russian U20**

<https://youtu.be/aePiP5lxwNw>

**B300 Pass x 3 - 1 on 2 Keepaway - College W**

<https://youtu.be/qPnUiDcdQqs>

**B300 Around the Clock One Touch Passing - U18 F**

<https://youtu.be/hW741n4yGLQ>

**B300 Three Player Around the Clock - U18 F**

<https://youtu.be/CR8aFnZCsls>

**B300 – Partner Pass and Keepaway - U18 G**  
<https://youtu.be/wAwq6BGRcUs>

## **B500 – Various Areas of the Ice**

**B500 - 1-1 Puck Battles – Pro**  
<https://youtu.be/t45uu-fpHOo>

**B500 - 2 Players Pass 2 Pucks in Circle - Pro**  
<https://youtu.be/BKlRtRt2H2I>

**B500 - Pass 1-2-3 Pucks x 4 - Pro**  
[https://youtu.be/nD0\\_6m1f\\_OM](https://youtu.be/nD0_6m1f_OM)

**B500 - Static Monkey in Middle x 4 - Pro**  
<https://youtu.be/Mdw-91KyzmM>

**B500 Individual Skill Exercises on Ice - RB Pro**  
<https://youtu.be/0NFWwkOqzKs>

**B500 Building the Diamond Power Play - RB Pro**  
<https://youtu.be/maf-QYik1y4>

**B500 Cycling and Scoring - RB Pro**  
<https://youtu.be/YzidaHJFVqM>

**B500 Defenders Stick on the Puck - RB Pro**  
<https://youtu.be/x2L1BQXe30U>

**B500 Shooting Puck handling, passing - RB Pro**  
<https://youtu.be/VahzlBGaB2I>

**B500 - Datsyuk Group Puck Protection - Pro**  
<https://youtu.be/LzJeS2z4NKQ>

**B500 5 vs 2 Coaches - Canada U20**

<https://youtu.be/OSbA3eoUpA8>

**B500 5 vs 2 Coaches - Canada U20**

<https://youtu.be/BuSBE8EmB2o>

**B500 Face the puck and shoot - Finnish U20**

<https://youtu.be/1l8ilM5OEO>

**B500 - One Touch and Face Puck – Finland U20**

<https://www.youtube.com/watch?v=jlQ0Y3WCx28>

**B500 Give and Go x 2 U18**

<https://youtu.be/4wLsuqqnJ2w>

**B500 One Timers and Breakaways - Czech U17**

[https://youtu.be/21zAC0oqK\\_s](https://youtu.be/21zAC0oqK_s)

**B500 - Partner Wrist Passes - Czech U17**

<https://youtu.be/YGDoGb7jQio>

**B500 3 Spoke Passing - Czech U17**

<https://youtu.be/BObj4qlKYyY>

**B500 Overspeed with a Pass - U18 W**

<https://youtu.be/ByBqQUu0jJ8>

**B500 – Monkey in the Middle – U18 W**

<https://youtu.be/jLS2q-ePybU>

**B600 – Drills Starting from the Four Blue Lines**

**B600 - Multiple One Touch Passes – Pro**

<https://youtu.be/o4G505dzDhM>

**B600 - 2 Pass Long Pass - Pro W**  
<https://youtu.be/CqLXuBofwos>

**B600 - RG x 2 with Point Shots - Pro W**  
<https://youtu.be/5SiyN4ERhml>

**B600 2 x One Touch and Stretch Pass - Pro W**  
<https://youtu.be/5ea-bNUU9w>

**B600 Breakout-Low Cycle-Point Shot-Pro W**  
[https://youtu.be/rE\\_LjaNhfOE](https://youtu.be/rE_LjaNhfOE)

**B600 Pass x 3 Stretch Pro W**  
[https://youtu.be/l\\_cjclP0Gg8](https://youtu.be/l_cjclP0Gg8)

**B600 Regroup, 3-0, Delay, Point Shot - Pro W**  
<https://youtu.be/tNb-ZXkLw1g>

**B600 2-0 Passing Options - Swiss U20**  
<https://youtu.be/Xi35694E4pl>

**B600 Breakout 3-0 with 2F 1D - Point shot-Canada U20**  
[https://youtu.be/ca6\\_RYrrRNw](https://youtu.be/ca6_RYrrRNw)

**B600-2 x 2 Shots - Swiss U20**  
[https://youtu.be/DPwl9x\\_Hlt4](https://youtu.be/DPwl9x_Hlt4)

**B600 - Czech Quick Pass - College F**  
<https://youtu.be/hTfbfbmTPX8>

**B600 1-0, 2-0, 3-0 Small Horseshoe - U18 F**  
<https://youtu.be/6U-Lk6h-0Qw>

**B600 1-0, 2-0, Point Shot U22**  
<https://youtu.be/wleVAFeAPo>

**B600 3 Passes Around and 3-1-Kaz W**

[https://youtu.be/nfh8i\\_JcBBQ](https://youtu.be/nfh8i_JcBBQ)

**B600 Breakout Pass - U18 F**

[https://youtu.be/iL87Pc\\_WLaE](https://youtu.be/iL87Pc_WLaE)

**B500 Swedish Stick Handling Circuit in Circles**

<https://youtu.be/HdA1VmOfYG4>

**B600 Diagonal Pass x 2 U18**

<https://youtu.be/TkxDS82iyaQ>

**B600 One Touch x 2 and Diagonal U18**

<https://youtu.be/rwn5G5GiYd8>

**B600 Regroup with D Attack 2-0 x 2 U18**

<https://youtu.be/3a604Hwuaqo>

**B600 Regroup-Big Ice-Pass to Wall U18**

<https://youtu.be/othwQtrAg6g>

**B600 Regroup-Hinge 2-0 two - U18 F**

<https://youtu.be/3rBjx4OwGnQ>

**B600 Regroup-Pass-Attack 2-0 U18**

<https://youtu.be/RfwYAl66SAs>

**B600 RG x 2 Point Shot - Pro W**

<https://youtu.be/O58t5ijmGyE>

**B600 Nzone puck support and Shoot - RB Pro**

<https://youtu.be/KIO46PNNFYA>

**B600 Timing and 1-1 - RB Pro**  
<https://youtu.be/AouXzYA39zQ>

**B600, 2-0 - Pro**  
<https://youtu.be/zcMWtv43fAs>

**B600, 2-0 Wide Middle x 2 - Pro**  
<https://youtu.be/tycprPY0mXk>

**B600 - 2-0 Exchange Puck-Shoot x 2 – RB**  
<https://youtu.be/t4u6ST7q5oA>

**B600 - Exchange Puck and Cross Pass – RB**  
<https://youtu.be/fvbrLoIXGV4>

**B600 - Give and Go - Wall Support - Shot x 2 - Pro**  
<https://youtu.be/rcPZ7LZCbnA>

**B600 - RG-Delay-Point Shot - Pro**  
<https://youtu.be/qx-3Qjndc3U>

**B600 - RG-Quick up to F to Stretch F- Point Shot - Pro**  
<https://youtu.be/tMnzHDWB7rg>

**B600 2 x Quick up and Point Shot - Pro**  
<https://youtu.be/RleFMM7SchE>

**B600 2-0 Random Pass to Lines – Pro**  
<https://youtu.be/vLPrOBB7Kz0>

**B600 2-0-RG to 2-2 - Pro**  
[https://youtu.be/\\_kRm0nCEOME](https://youtu.be/_kRm0nCEOME)

**B600 Breakout 2-0 Regroup at end 2-0 - Pro**  
<https://youtu.be/G5-UX98u8cQ>

**B600 Cross Pass x 2 - Pro**

<https://youtu.be/b6jFhxdNH50>

**B600 Cross-Drop-Pass 2-0 Prospects**

<https://youtu.be/LJvolKiogA0>

**B600 D Agility Skate - Pass - Delay - Point Shot - Pro**

<https://youtu.be/i5MOXFi4Fnc>

**B600 Double Pass Regroup Pass and Shoot - RB Pro**

<https://youtu.be/mey7KZWYjQo>

**B600 Give and Go x 2 Cross Pass Shoot - RB Pro**

<https://youtu.be/TjyAYCuETRE>

**B600 Give and Go x 3 x 2 - Shoot – Pro**

<https://youtu.be/9zcr5v9LE3E>

**B600 Give Go Shoot x 2 – Pro**

[https://youtu.be/T\\_R3yfv7lNk](https://youtu.be/T_R3yfv7lNk)

**B600 Isolate Wide D on 2-2- Pro**

<https://youtu.be/L7KEOFJwJzQ>

**B600 Pass-Across-Across-Stretch x 2 – Shoot – Pro**

[https://youtu.be/D\\_6SAmpreeg](https://youtu.be/D_6SAmpreeg)

**B600 Regroup x 2 x 2 – Pro**

<https://youtu.be/EkyHySJ3UYo>

**B600 RG-Delay-Point Shot x 2 - Pro**

<https://youtu.be/8k6TePJJps>

**B600 Stretch Pass x 2 - Pro**

<https://youtu.be/xnwWgRC8T5s>

**B600 Up-Back-Cross Pass x 2 - Pro**

<https://youtu.be/pkgQQkxD9AI>

**B600 Up-Back-Cross Pass x 2 - Pro**

<https://youtu.be/pkgQQkxD9AI>

**B600 Wall Support 1-0 Pro**

<https://youtu.be/D8ISB8sOEUM>

**B600 Wall Support 2-0 Pro**

<https://youtu.be/L6sUXnSnr3w>

**B600 Wall Support 2-0 Pro**

<https://youtu.be/0HKFHG6mCxU>

**B600, 2-0 Wide Middle x 2 - Pro**

<https://youtu.be/EaJvAJkduKY>

**B600-C3, 2 on 1 - Pro**

<https://youtu.be/3ijFFdC9JwU>

**B600 D Hinge up to F then D Join Play-Pro**

<https://youtu.be/pn8JnhGdxUU>

**B600 Regroup, Hinge, Middle D Rush-Pro**

<https://youtu.be/X9JIBNE9hk0>

**B600 Regroup, Hinge, Quick Up-Pro**

[https://youtu.be/l\\_2mKQ5w2IE](https://youtu.be/l_2mKQ5w2IE)

**B600 - Regroup with D 2-0 x 2 - Pro**

<https://youtu.be/h1lyhcQg3qc>

**B600 - 1-0 Regroup x 2 – Pro**  
<https://youtu.be/L06Yaz1lrtQ>

**B600 - Regroup - Delay - D Jump In x 2 – Pro**  
<https://youtu.be/nkxSj7VVZv8>

**B600 Cross-Drop-Pass 2-0 – Pro**  
[https://youtu.be/ADe7lVxdE\\_Q](https://youtu.be/ADe7lVxdE_Q)

**B600 - Multiple One Touch Passes – Pro**  
<https://youtu.be/uCBsG4KORMI>

**B600 Wall Support 1-0 x 2 – Pro**  
<https://youtu.be/w4T47DwMOYY>

**B600 - Pro Passing Sequence - Pro**  
[https://youtu.be/vAXUHU\\_XEh0](https://youtu.be/vAXUHU_XEh0)

**B600 - Warm-up Sequence - Three Drills - Pro**  
<https://youtu.be/ralDOOPmvUA>

**B600 Square Passing U18**  
[https://youtu.be/PmVY0r\\_FRCE](https://youtu.be/PmVY0r_FRCE)

**B600 - Shot x 2-One Touch x 2 - Stretch Pass x 2 - U20**  
<https://youtu.be/t-0gO96osGl>

**B600 1-0 F Regroup with Both D - U20**  
<https://youtu.be/IRLwiYfbjZ8>

**B600 Breakout 2 F Shots D Point Shot-Finland U20**  
[https://youtu.be/567GJB\\_Cgpc](https://youtu.be/567GJB_Cgpc)

**B600 Diagonal Pass and Regroup - Finnish U20**

<https://youtu.be/BzVco7a69d8>

**B600 Flow - Breakout - 2 F Shoot - D Point Shot - Finland U20**

[https://youtu.be/o\\_FjDNsqPk4](https://youtu.be/o_FjDNsqPk4)

**B600 Nzone Passes - Finland U20**

[https://youtu.be/\\_v9ie8uG14w](https://youtu.be/_v9ie8uG14w)

**B600 Pass up Face Puck and Shoot - Finnish U20**

<https://youtu.be/RWXJsMTGNjw>

**B600 - 2-0 Multiple One Touch Passes x 2 – MRU**

<https://youtu.be/PUdks1JY5Bs>

**B600 - One Touch x 2 Circle-Pass-Shoot - Russian U20**

<https://youtu.be/Tvczzat31Ak>

**B600 - One Touch x 2-Wide Pass-Shot - Russian U20**

<https://youtu.be/oFQGpSyG7Vg>

**B600 - One Touch x 2 Circle-Pass-Shoot - Russian U20**

<https://youtu.be/Tvczzat31Ak>

**B600 Pass X-pass Loop Pass Czech U20**

<https://youtu.be/mPBg-y-hcKY>

**B600 - 5-0 RG - 1-0 x 3 - 5-0 Point Shots x 2 - Czech U20**

<https://youtu.be/74yvUHfxVrU>

<https://youtu.be/UbrX6Xv-RTk>

**B600 Red Blue Red Blue Pass Shoot Czechia U20**

<https://youtu.be/1gYQJV7zs34>

**B600 Regroup - 2 0 Chip In - Czechia U20**

<https://youtu.be/ARFy2EERXtE>

**B600 Double RG 1 0 Czechia U20**

<https://youtu.be/HiVKeSeNr4c>

**B600 - Regroup - 2-0 Chip-In Czech U20**

<https://youtu.be/ARFy2EERXtE>

**B600 - Double RG - 1-0 x 2 - Czechia U20**

<https://youtu.be/HiVKeSeNr4c>

**B600 - One Touch x 3 and Shot - Slovakia U20**

<https://youtu.be/jbUBuMFhEhY>

**B600 D Regroup x 2 Point Shot - Pro W**

<https://youtu.be/HtBU5t6-hnl>

**B600 - Pass Across 2-0 x 2 - 3-0 - Pro W**

[https://youtu.be/IYAxPq5y\\_7Y](https://youtu.be/IYAxPq5y_7Y)

**B600 Exchange pucks and shoot – Czech Youth**

<https://youtu.be/GkV2wnP0ZFQ>

**B600 - Give and Go x 2 - Sw F**

<https://youtu.be/0Dw8Czycd9U>

**B600 - Continuous 2-2 Regroup – Tomas**

<https://youtu.be/dB6DPGuHn3s>

**B600 Pass-Drop-Shoot - U18 Boys**

<https://youtu.be/nz6JG9lshYw>

**B600 - Tomas Nzone Continuous Regroup - U15 G**

<https://youtu.be/pJAnKFzvMtU>

**B600 - McDavid Linear Crossover-Passes-Shot - U15 G**

[https://youtu.be/dDQZz4Lz\\_4o](https://youtu.be/dDQZz4Lz_4o)

**B600 - One Touch x 3-Stretch Pass-Shot - U15 G**

<https://youtu.be/iXR-CbQfZ5w>

**B600 - Pass and Replace x 2 - U17 M**

<https://youtu.be/nw3pThSaeb4>

**B600 D Regroup x 2 Point Shot - U15 G**

[https://youtu.be/cC1TzkMvB\\_s](https://youtu.be/cC1TzkMvB_s)

**B600 - Tomas Neutral Zone Regroup 3 F - U15 G**

[https://youtu.be/\\_3lkCsp6UNI](https://youtu.be/_3lkCsp6UNI)

**B600 – Tomas Regroup Breakout - U15 Girls**

<https://www.facebook.com/groups/631135947796206/permalink/1387614492148344/?mibextid=uJjRxr>

**B600 - Tomas Nzone Continuous Regroup - U15 G**

<https://youtu.be/pJAnKFzvMtU>

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**'The Game is the Greatest Coach'**

**'Enjoy the Game'**