

Title : 4 v 2 Powerplay Game

Category #1 : SAG

Category #2 : Powerplay

Description

4 v 2 Powerplay Game:

- A 4 v 2 is with one played on each side for 1 minute
- Point players cannot go below the tops of the circles
- Low players cannot go above the top of the circles
- Both points & low players can switch side / criss-cross
- The ice is divided in half by a cone on the blue line and no players can cross over from one side to another
- After the minute shift, the 2 low forwards become defenders on opposite circle, the 2 point players move down low, and 2 new point players come in on each side.

Key points:

Puck movement	Point Shots
Net front traffic	

